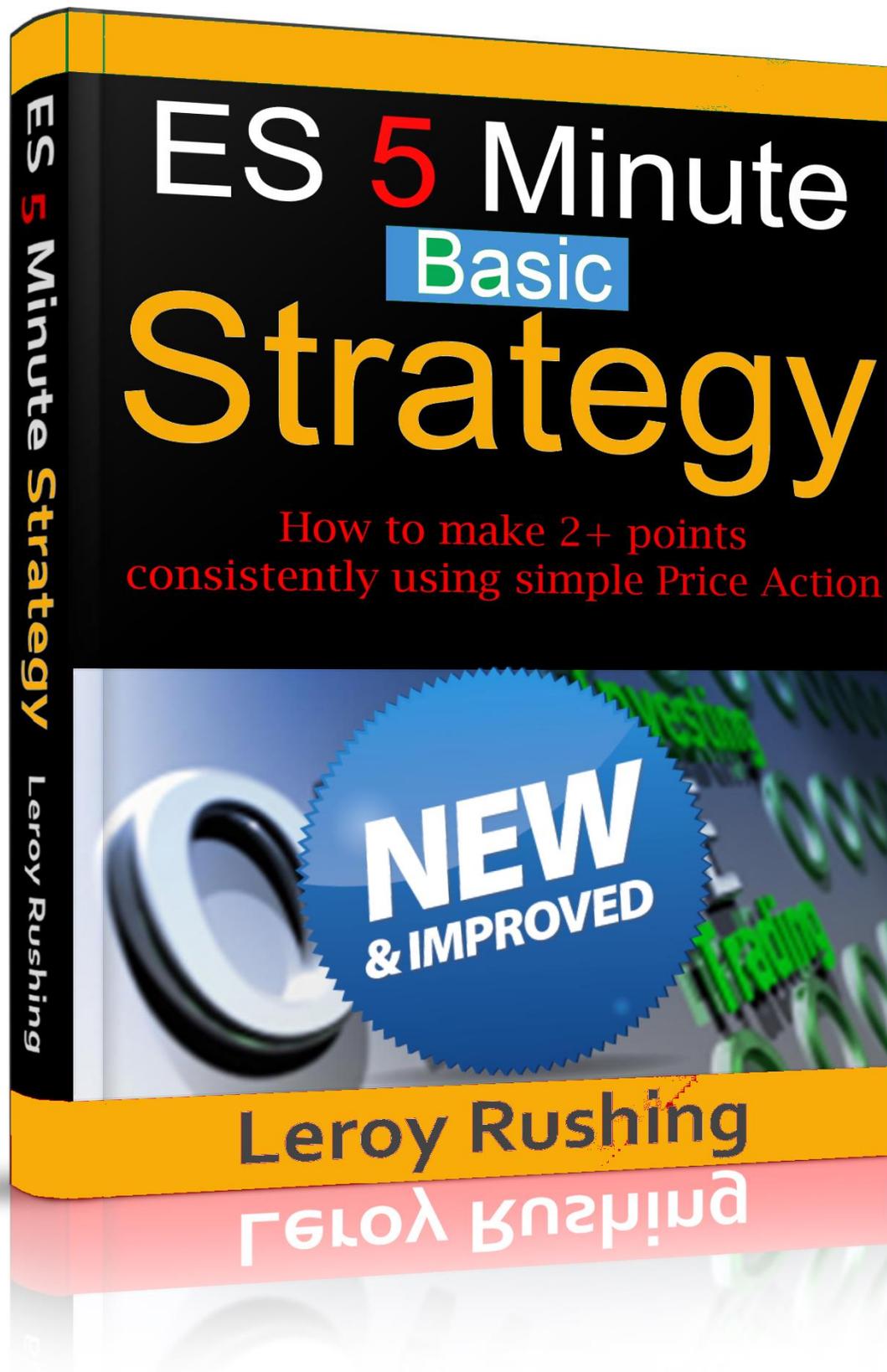


New & Improved ES 5 Minute BASIC Strategy



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Trading Hours for S&P 500 Futures

There are two different sets of trading hours for the S&P 500 Futures.

One for the **Pit** and one for **Globex**. The pit hours normally start at 8:30 AM CT and reopens for a couple of minutes once the floor brokers are finished clearing their trading decks, and this is often referred to as the post. The pit is open on non-holiday weekdays. It is possible to trade the pit electronically.

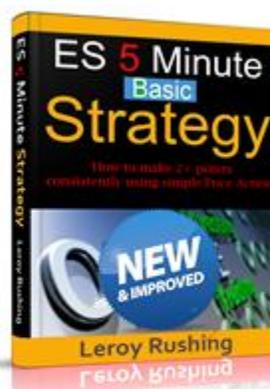
Globex normally opens on Sunday at 5:00 PM CT to 3:15 pm the following day and 3:30 to 4:30 and then 5:00 PM CT to 3:15 the next day. Said more simply. Non-holidays Globex opens at 5 and closes on Friday at 3:15. During the weekday it is closed from 3:15 PM CT for 15 minutes and 4:30 PM CT for 30 minutes, except on Friday.

Basic Rules

RULES

- Use a *5-Minute S&P500 Emini Futures Chart...*
- If Price Action crosses above the **Pit Prior Day HIGH** then go **LONG!** Set 2 Point Target
- If Price Action crosses below the **Pit Prior Day LOW** then go **SHORT!** Set 2 Point Target
- Don't trade when Price Action is inside the Prior Days Range (*i.e., you need more rules for this!*)

See LIVE Examples
No Email Required



Note: If you go back in time and study these simple rules, you could have made some NICE consistent profits.

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FOREX, Stock and Options Traders

You need to adjust the strategy for more optimal Targets!

Review the Charts including the last 20 Days of price action...

(i.e., this is NOT the same as the last 20 Calendar Days)

Only use Trading Days where the **condition** is true

[Current Day High] – [Prior Day High] > 0 **Condition #1**

When **Condition #1** is true...

Calculate the **Minimum** move for all 20 Days

Calculate the **Maximum** move for all 20 Days

Calculate the **Average** move for all 20 Days

*Start learning to use the strategy by **setting your targets less than 50% of the Average** and as you gain experience and trust in the results, increase your targets closer to the Average.*

The idea is that **when the markets break above the prior day's HIGH**, you want to know **on average** how much more will it move **UP**, and then you can trade it accordingly and manage the trade with appropriate stops.

New & Improved ES 5 Minute BASIC Strategy

You need to adjust the strategy for more optimal Targets!

Review the Charts including the last 20 Days of price action...

(i.e., this is NOT the same as the last 20 Calendar Days)

Only use Trading Days where the **condition is true**

[Current Day Low] – [Prior Day High] < 0 **Condition #2**

When **Condition #2** is true...

Calculate the Minimum move for all 20 Days

Calculate the Maximum move for all 20 Days

Calculate the Average move for all 20 Days

*Start learning to use the strategy by **setting your targets less than 50% of the Average** and as you gain experience and trust in the results, increase your targets closer to the Average.*

The idea is that **when the markets break below the prior day's LOW**, you want to know on average how much more will it move **DOWN**, and then you can trade it accordingly and manage the trade with appropriate stops.

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Options traders, when the associated Stock gets close to your pre-determined Target price, that is when you want to close out your Calls & Puts for profits.

Remember, the pre-determined Target price **is what you set** based on the **less than 50% mark below the average amount** of the move higher or move lower than the prior day's highs or prior day's lows respectively.