

# OCTOBER

## Twin Falls School District October 2020 Breakfast Menu

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**This Institution is an Equal Opportunity Provider!**



**5** Choice of Cereal  
Whole Wheat Toast/Jelly  
Pineapple  
100% Fruit Juice  
Low Fat Milk

**6** Scrambled Eggs/Ham  
Bagel  
Cream Cheese  
Banana  
Low Fat Milk

**7** Breakfast Burrito  
Salsa Sauce  
Pears  
100% Fruit Juice  
Low Fat Milk

**1** French Toast Sticks  
Graham Crackers  
Applesauce  
100% Fruit Juice  
Low Fat Milk

**2** Choice of Cereal  
Whole Wheat Toast/Jelly  
100% Fruit Juice  
Mixed Fruit  
Low Fat Milk

**12** Choice of Cereal  
Whole Wheat Toast/Jelly  
Applesauce  
100% Fruit Juice  
Low Fat Milk

**13** Pancake on a Stick  
Graham Crackers  
Pears  
100% Fruit Juice  
Low Fat Milk

**14** Cheese Omelet  
English Muffin/Jelly  
Pineapple  
100% Fruit Juice  
Low Fat Milk

**15** Choice of Cereal  
Whole Wheat Toast  
Peaches  
100% Fruit Juice  
Low Fat Milk

**16**  
  
No School

**19** Choice of Cereal  
Graham Crackers  
Mixed Fruit  
100% Fruit Juice  
Low Fat Milk

**20** Cheese Quesadilla  
Salsa Sauce  
Peaches  
100% Fruit Juice  
Low Fat Milk

**21** Yogurt Cups  
Muffins  
Fresh Grapes  
100% Fruit Juice  
Low Fat Milk

**22**  
  
No School

**23**  
  
No School



**26** Choice of Cereal  
Whole Wheat Toast/Jelly  
Peaches  
100% Fruit Juice  
Low Fat Milk

**27** Egg & Cheese Sandwich  
Mixed Fruit Cocktail  
100% Fruit Juice  
Low Fat Milk

**28** Mini Waffles  
String Cheese  
Applesauce  
100% Fruit Juice  
Low Fat Milk

**29** French Toast Sticks  
Mixed Fruit  
Raisels  
Low Fat Milk

**30** Choice of Cereal  
Whole Wheat Toast  
Pears  
100% Fruit Juice  
Low Fat Milk