

Our mission is to empower all students...

Canyon Ridge Riverhawks



Canyon Ridge Weekly Lunch Menu	
Day	Menu
Monday	Chicken Alfredo*Sandwich Bar*Pizza*Hamburger Bar*Low Fat Milk
Tuesday	Hot Italian Sub*Sandwich Bar*Pizza*Soup & Salad Bar*Low Fat Milk
Wednesday	Chicken Sandwich*Sandwich Bar*Pizza*Potato Bar*Low Fat Milk
Thursday	Roasted Chicken*Sandwich Bar*Pizza*Pasta Bar*Low Fat Milk
Friday	Chicken Nuggets*Sandwich Bar*Pizza*Taco Bar*Low Fat Milk

ASVAB

The ASVAB and Career Exploration Program will be offered at Canyon Ridge on Thursday, January 31st. This 3 hour test includes a multiple aptitude test battery and an interest inventory with an interpretation session scheduled after test results are received. This is generally offered to juniors and seniors, but sophomores are invited to test also. Signups are in the Career Center.

Ski Club

Elevate, CRHS Snow Sports Club: Dates for trips: Soldier Mountain Jan. 19, 26; Feb. 9, 16
Leave time: 7 a.m. Sun Valley: Jan. 12, Feb. 2 Leave time: 7 am We have to know ahead of time if you are renting at Soldier. No lessons are being paid for through the club.

ACTIVITIES FOR THE WEEK

MONDAY

WELCOME BACK

TUESDAY

JV/V WRESTLING @ DECLO 5:00

FR/JV/V BOYS BASKETBALL W/ CENTURY 4:30/6:00/7:30

BOWLING @ JEROME 4:00

WEDNESDAY

SENIOR NIGHT FOR WRESTLING JV/V WRESTLING W/ MINICO & MT. HOME 4:00

FR/JV/V GIRLS BASKETBALL @ MT. HOME 4:30/6:00/7:30

BOWLING @ GOODING 4:00

THURSDAY

PRACTICE

FRIDAY

FR/JV/V BOYS BASKETBALL @ KIMBERLY 4:30/6:00/7:30

JV/V GIRLS BASKETBALL W/ WOOD RIVER 6:00/7:30

SATURDAY

QUIZ BOWL COMP 300 HALL 8:00-12:00

BOWLING @ POCATELLO INVITE 2:00