

Our mission is to empower all students...

Canyon Ridge Riverhawks



Canyon Ridge Weekly Lunch Menu	
Day	Menu
Monday	Spaghetti*Sandwich Bar*Pizza*Hamburger Bar*Low Fat Milk
Tuesday	Burrito*Sandwich Bar*Pizza*Soup & Salad Bar*Low Fat Milk
Wednesday	Hot Wings*Sandwich Bar*Pizza*Potato Bar*Low Fat Milk
Thursday	Que Bueno Burger*Sandwich Bar*Pizza*Pasta Bar*Low Fat Milk
Friday	Pig in a Blanket*Sandwich Bar*Pizza*Taco Bar*Low Fat Milk

ASVAB

The ASVAB and Career Exploration Program will be offered at Canyon Ridge on Thursday, January 31st. This 3 hour test includes a multiple aptitude test battery and an interest inventory with an interpretation session scheduled after test results are received. This is generally offered to juniors and seniors, but sophomores are invited to test also. Signups are in the Career Center.

Blood Drive

The 2nd Blood drive of the year, right here at Canyon Ridge, will be Next Thursday, January 17. You must make an appointment to donate. We are so sorry that we cannot take walk ins. Please go to Room 408 to sign up. You must be at least 16 to donate blood. Seniors – you must donate blood three times to receive an American Red Cross Honor Cord for graduation. If you would like to donate blood and help save three lives Please Go to Room 408 and to sign up for the blood drive which is next Thursday.

Winter Spirit Week Dress Up

The CRHS Winter Spirit (Hawk) Week is coming soon, January 14-18. For the dress up days this year, we did it a little differently. Instead of us coming up with the ideas, we created a Poll on Instagram and took suggestions from the CRHS Student Body to offer up Dress Up Day ideas, and then STUCO voted on them. Here are Dress Up Days for next week. Please share with your students and encourage them to check out updates on CR Social Media. Monday- Meme Day Tuesday- Twin Day Wednesday- Redneck Day Thursday- Throwback Thursday Friday- Spirit Day (Freshman- White, Sophomores- Silver/Grey, Juniors- Black, Senior- Crimson) Spirit Week Voting

Ski Club

Elevate, CRHS Snow Sports Club: Dates for trips: Soldier Mountain Jan. 19, 26; Feb. 9, 16
Leave time: 7 a.m. Sun Valley: Jan. 12, Feb. 2 Leave time: 7 am We have to know ahead of time if you are renting at Soldier. No lessons are being paid for through the club.

ACTIVITIES FOR THE WEEK

MONDAY

MEME DAY

BOARD MEETING ROOM 301 7:00

TUESDAY

FR/JV/V GIRLS BASKETBALL @ POCATELLO 6:00/7:30

BOWLING @ BOWLADROME 4:00

WEDNESDAY

FR/JV/V BOYS BASKETBALL W/ TWIN FALLS 4:30/6:00/7:30

JV/V WRESTLING @ JEROME 5:00

BOWLING @ BURLEY 5:00

THURSDAY

BLOOD DRIVE 8:00-12:00

VICTOR GURUNG SIGNING EVENT TO LCCC FOR SOCCER 10:30 AM IN CAFETERIA

FRIDAY

VARSITY WRESTLING TIGER GRIZZ @ IF 3:00

FR/JV/V GIRLS BASKETBALL @ BUHL 4:30/6:00/7:30

FR/JV/V BOYS BASKETBALL @ MINICO 6:00/7:30

SATURDAY

V WRESTLING TIGER GRIZZ @ IF 9:00 AM

GIRLS AA BASKETBALL TOURNEY IN GYM ALL DAY