



## Menu

### Canyon Ridge Weekly Lunch Menu

Day	Menu
Monday	Chicken Nuggets*Potato Wedges*Steamed Broccoli*Mixed Fruit*Rippers*Low Fat Milk
Tuesday	Chix Nugget Wedges*Green Beans*Whole Wheat Roll*Peaches*Rippers*Low Fat Milk
Wednesday	Hamburger Deluxe*Lettuce & Tomato*French Fries*Pears*Deli Ham Hoagie*Low Fat Milk
Thursday	Pancakes*Warm Cinnamon Apples*Hash Brown/Peppers*Sausage/Orange*Pizza Pocket*Low Fat Milk
Friday	Chili*Carrot & Celery Sticks*Applesauce*Cinnamon Roll*Big Daddy Pizza*Low Fat Milk

## Canyon Ridge Website

Please check out our website for all Activities and CR news!! [www.crriverhawks.com](http://www.crriverhawks.com) Down load the app for instant news feeds!!

# ACTIVITIES FOR THE WEEK

## MONDAY

WELCOME BACK TO THE NEW YEAR!!

BOYS BASKETBALL AND WRESTLING TEAM PICTURES 3:30

## TUESDAY

FR/JV/V BOYS BASKETBALL W/ TWIN FALLS 4:30/6:00/7:30

## WEDNESDAY

BOWLING @ BOWLADROME 4:00

JV/V WRESTLING W/ JEROME 5:00

GIRLS GAME TO WOOD RIVER IS CANCELLED

## THURSDAY

SOFTBALL MEETING 7:30 AM IN ROOM 302

FR/JV/V GIRLS BASKETBALL @ BUHL 4:30/6:00/7:30

FR/JV/V BOYS BASKETBALL W/ MT. HOME 6:00/7:30

## FRIDAY

V WRESTLING TOURNEY @ BUHL 3:00

JV WRESTLING TOURNEY @ CR 3:00

FR/JV/V GIRLS BASKETBALL @ KIMBERLY 4:30/6:00/7:30

## SATURDAY

V WRESTLING TOURNEY @ BUHL 9:00 AM

JV WRESTLING TOURNEY @ CR 9:00 AM

FR/JV/V GIRLS BASKETBALL 2:30/4:00

ALL HOME EVENTS MASKS ARE MANDATORY

## Track

Mandatory winter track meeting Thursday after school in Mr. Smiths room 202!