



WEEKLY LUNCH MENU

MONDAY

SLOPPY JOE*CARROT/CELERY STICKS*GRAPES*STRAWBERRY GRANOLA*SANDWICH BAR*HAMBURGER BAR

TUESDAY

CHICKEN SANDWICH*LETTUCE & TOMATO*BAKED BEANS*APRICOTS*SANDWICH BAR*SALAD BAR*LOW FAT MILK

WEDNESDAY

TATER TOT CASSEROLE*GREEN BEANS*PEACHES/ROLL*SANDWICH BAR*POTATO BAR*LOW FAT MILK

THURSDAY

HOT ITALIAN SUB*POTATO WEDGE*BABY CARROTS*GRAPES*SANDWICH BAR*SALAD BAR*LOW FAT MILK

FRIDAY

SOFT TACO*LETTUCD & TOMATO*FRENCH FRIES*PEARS*SANDWICH BAR*NACHO BAR*LOW FAT MILK

FREE BREAKFAST AND LUNCH

WE ARE NOW A CEP SCHOOL WHICH MEANS: FREE BREAKFAST AND FREE LUNCH FOR ALL STUDENTS!!!

Blood Drive

Sign ups for the Blood Drive start this week. HOSA students will visit Senior English and Government class, then Junior English and History Classes, and Sophomore English and History Classes, in this order, to sign up students who wish to donate blood on Wednesday, September 21. Students who are 16 and wish to donate need a parental permission slip, which can be picked up in room 408. If the student is 17 or older, no permission slip is required.

Senior

Senior Drape and Tux pictures: Sept. 23rd

DRAMA CLUB

Drama Club meets every Monday at 2:30 to 3:30 in room 319.

UPCOMING HOMECOMING INFO

Homecoming Week- September 12-16th

MONDAY-Monochromatic dress up

TUESDAY-Tailgate Dad vs. Soccer Mom- Hats allowed ONLY if it pertains to the dress-up theme

WEDNESDAY-Adam Sandler Day- Hats allowed ONLY if it pertains to the dress-up theme

THURSDAY- Throw Back Thursday

FRIDAY-Bleed Crimson *Also: ANYTHING BUT A CAR TO GET TO SCHOOL! BE CREATIVE!! GAME 7:00!!

Homecoming Tailgate- September 16th IN ALLEY 5:00 PM

Homecoming Dance- September 17th IN CAFETERIA 8--10:30

Esports

Esports open labs have begun. Labs will be open for play on Tuesdays and Thursdays from 3:30-4:30. Participants must have an esports-specific release on file to participate. Forms can be found in the office and rooms 415 and 218. If you have any questions, please see Coach Palmer in room 218 or Mrs. Buckley in room 415

CR Dance

Canyon Ridge Dance team will be taking new members for through the month of September. No tryout needed and no experience needed just a great attitude and willingness to learn. Practices are Mondays and Wednesdays at 6 am to 7:15 am. Students can get all paper work at the office. --

ACTIVITIES FOR THE WEEK

MONDAY

HOMECOMING WEEK!!

V GOLF @ IDAHO FALLS 9:00 AM

JV GOLF @ WOOD RIVER 9:00 AM

BOARD MEETING 7:00 PM ROOM 301

TUESDAY

MIDTERM REPORTS

OPEN HOUSE 3:30-5:00

V/JV GIRLS SOCCER @ WOOD RIVER 4:30/6:00

V/JV/ BOYS SOCCER W/ WOOD RIVER 4:30/6:00

FR/JV/V VOLLEYBALL @ WOOD RIVER 5:00/7:00

BOOSTER CLUB MEETING 7:00 ROOM 301

WEDNESDAY

FR/JV/V TRI VOLLEYBALL W/ BUHL & BURLEY

FROSH UP STAIRS 4:30

JV/V SPLIT COURTS DOWNSTAIRS AT 4:30

THURSDAY

FR/JV FOOTBALL @ RIDGEVUE 4:30/6:00

V/JV BOYS SOCCER W/ BURLEY 4:30/6:00

V/JV GIRLS SOCCER @ BURLEY 4:30/6:00

FRIDAY

HOMECOMING TAILGATE IN ALLEYWAY 5:00

V FOOTBALL HOMECOMING GAME W/ RIDGEVUE 7:00

CROSS COUNTRY MEET @ SUNWAY 1:30

V VOLLEYBALL TOURNEY @ BONNEVILLE 3:00

SATURDAY

HOMECOMING DANCE IN CAFETERIA 8:00-10:30 PM

FROSH VOLLEYBALL TOURNEY @ FILER 8:00

V VOLLEYBALL TOURNEY @ BONNEVILLE 9:00

SWIM MEET W/ GOODING @ RUPERT POOL 9:00

V/JV BOYS SOCCER @ HIGHLAND 11:00/1:00

V/JV GIRLS SOCCER W/ HIGHLAND 11:00/6:00