



## WEEKLY LUNCH MENU

### MONDAY

HAM SANDWICH\*POTATO WEDGES\*NORMANDY VEGGIES\*MIXED FRUIT\*SANDWICH BAR\*HAMBURGER BAR

### TUESDAY

CHICKEN NUGGETS\*MAC & CHEESE\*CALIFORNIA VEGGIES\*APPLESAUCE\*SANDWICH BAR\*SALAD BAR\*LOW FAT MILK

### WEDNESDAY

CORN DOG\*BAKED BEANS\*BABY CARROTS\*PEARS\*SANDWICH BAR\*POTATO BAR\*LOW FAT MILK

### THURSDAY

CHICKEN FRIED STEAK\*MASHED POTATO/GRAVY\*GREEN BEANS\*MIXED FRUIT\*SANDWICH BAR\*SALAD BAR\*LOW FAT MILK

### FRIDAY

PANCAKE SAUSAGE\*HASH BROWNS\*RED PEPPERS\*STRAWBERRIES\*SANDWICH BAR\*NACHO BAR\*LOW FAT MILK

# FREE BREAKFAST AND LUNCH

WE ARE NOW A CEP SCHOOL WHICH MEANS: FREE BREAKFAST AND FREE LUNCH FOR ALL STUDENTS!!!

## COPY-IT

Copy-It is hiring and loves to give students jobs! Please apply in person at: Copy-It 544 Blue Lakes Blvd N Twin Falls

## SENIORS

Seniors: Sawtooth National Forest is hiring! If you're interested in a career with the forest service, please come to an info meeting in the Career Center during lunch this Thursday!

## Driver's Ed

Driver's Ed sign ups for October 24, 2022 class is at the bookkeeping office.

## DRAMA CLUB

Drama Club meets every Monday at 2:30 to 3:30 in room 319.

## Esports

Esports open labs have begun. Labs will be open for play on Tuesdays and Thursdays from 3:30-4:30. Participants must have an esports-specific release on file to participate. Forms can be found in the office and rooms 415 and 218. If you have any questions, please see Coach Palmer in room 218 or Mrs. Buckley in room 415

## CR Dance

Canyon Ridge Dance team will be taking new members for through the month of September. No tryout needed and no experience needed just a great attitude and willingness to learn. Practices are Mondays and Wednesdays at 6 am to 7:15 am. Students can get all paper work at the office. --

# ACTIVITIES FOR THE WEEK

MONDAY

PRACTICE

TUESDAY

FR/JV/V VOLLEYBALL @ MINICO 4:30/6:00/7:00

VARSITY ONLY GIRLS AND BOYS SOCCER @ MINICO 4:30/6:00

WEDNESDAY

CROSS COUNTRY MEET @ JEROME 4:00

THURSDAY

SENIOR NIGHT VOLLEYBALL W/ TWIN FALLS FR/JV/V 6:00/7:00

V/JV BOYS SOCCER @ SUNWAY W/ TWIN FALLS 4:30/6:00

V/JV GIRLS W/ TWIN FALLS 4:30/6:00

FRIDAY

UNIFIED SOCCER ON SOCCER FIELD FROM 9:00-12:00

VARISTY FOOTBALL W/ MINICO 7:00

SATURDAY

V CROSS COUNTRY MEET @ LEWISTON 9:00 AM

SWIM MEET W/ TWIN FALLS CITY POOL 9:00