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HALIBURTON COUNTY'S INDEPENDENT NEWSPAPER

The Highlander

Thursday **Oct 23 2014** | Issue 157

FREE

INSIDE: RED HAWKS VARSITY A FIELD HOCKEY TEAM LOOKS TO KAWARTHAS - SEE PAGE 19



Photo by Mark Arike

Members of the Taoist Tai Chi Society put on a demonstration at the second annual Fall Festival held at Abbey Gardens on Oct. 18. See story at HighlanderOnline.ca.

Suicide-related calls on the rise for Highlands OPP

By Mark Arike
 Staff writer

When a celebrity dies suddenly, the whole world seems to take notice.

This past August, Hollywood lost versatile actor and stand-up comedian Robin Williams to an apparent suicide. He was 61.

As unfortunate as it was, the Oscar-winner's death spurred discussion about mental health issues and raised awareness of the problems facing many people, including alcohol and substance abuse.

Suicide and mental illness can be tough to talk about, especially when a friend or family member has been affected by a loss or tried to cope with someone going through a difficult time.

Although the Haliburton Highlands is far from the big city lights and lure of the fast life, it isn't immune to some of the same challenges that face larger communities.

According to the Haliburton Highlands OPP, 17 local deaths between 2008 and 2013 were due to suicide. Statistics also show a rise in suicide-related calls from 21 in 2008

to 43 in 2013.

"Obviously it's something that we're trying to address," said OPP Sergeant Paul Potter, former community services officer for the Haliburton Highlands detachment. "It certainly makes it difficult if you don't get there in time. The impact is huge on the families, huge on the community and also on emergency services."

Police have also responded to 277 incidents that fall under the Mental Health Act. These calls are usually received when a person is exhibiting abnormal behaviour, said Potter.

"It could be a call from anyone in the community – it could be a family member, or it could be the person themselves," he said.

If a person has suicidal tendencies or poses a risk to the public, officers will first do a quick assessment and then transport the individual to a physician for further assessment. If the physician completes a Form 1 under the Mental Health Act, the person may be held for up to 72 hours for a psychiatric assessment.

"Under the Mental Health Act, if we feel that they are a danger to themselves or others, then we will apprehend them," said Potter.

See **"Depression"** on page 14

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Highlander news

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AH benefits from avid recyclers

By Lisa Harrison
Contributing writer

Following two consecutive top-10 wins for electronic waste diversion in Ontario, Algonquin Highlands has more good news for its dedicated recyclers.

Public works staff reported that a recent waste audit shows the township has a low recyclable contamination rate, referring to recyclables that have been dumped in the wrong bins and materials that are not recyclable.

The audit was conducted at the landfill/recycling sites at Hawk Lake, Maple Lake, Dorset and Oxtongue Lake.

The overall weekly contamination rate was estimated at 6.87 per cent, well below the 10 per cent rate the township is currently charged for hauling and processing blue box recyclables.

Oxtongue Lake had the lowest total weekly contamination rate at 2.2 per cent while Hawk Lake had the highest at 10.37 per cent. Staff said the discrepancies may be based on such variations as the number of attendants available to assist recyclers and the distance of the attendant shed from the recycling area.

Staff reported these results will enable them to negotiate

better rates with suppliers. The full audit will help the township reduce its contamination rate, using the information as a training tool for staff and landfill attendants and developing targeted promotion and education materials for permanent and seasonal residents and visitors.

The waste audit was fully funded by the Continuous Improvement Fund (CIF). Township waste management staff have been working with the CIF to develop a tender for hauling and processing blue box recyclables and the CIF volunteered to fund the audit to get a snapshot of the township's actual contamination rate.

According to public works staff, waste audits have been part of CIF's funding focus this year. Also, CIF has been developing a best-practices guide for small, rural depot sites and felt that this project would be a good fit and the audit results would be transferrable to other similar rural depot sites.

In 2012 and 2013 Algonquin Highlands placed in the top 10 of performing municipalities diverting electronic waste (e-waste). Since the Ontario Electronic Stewardship program began in 2009, the township has diverted almost 120 tonnes of electronics such as televisions and computers away from township landfill sites.

Recycling is mandatory in Algonquin Highlands.

Dorset nurse practitioner station gets funding

By Lisa Harrison
Contributing writer

Funding for a nurse practitioner station in Dorset has been approved by the Ministry of Health and Long Term Care.

That announcement was made jointly by Lake of Bays mayor Bob Young and Dorset Community Partnership Fund representative Herb Hickling in a news release issued Oct. 20.

Hickling and others have made a number of presentation to AH council since 2012 to garner support for the station. The Dorset Health Care Team, with Hickling as team lead, has raised funds for the project in part through donations from area permanent and seasonal residents and capital pledges from Algonquin Highlands and Lake of Bays. The team has secured a location for the station on Main Street in Dorset.

Algonquin Highlands Reeve Carol Moffatt confirmed in a phone interview that the township made a one-time \$30,000 capital commitment to the project and has reserved the funds, which she expected will probably be used in 2015.

"It's good news that it was supported," said Moffatt. "They [the province] have approved the funding for operating costs

and one-time start-up costs."

Called the Dorset Community Health Care Hub, the initiative as approved is a three-year demonstration project "and calls for plans to ensure its ongoing success in the longer term," according to the release.

The new station will use nurse practitioners "to the full scope of practice" and work with the Algonquin Family Health team, partner with a wide range of ancillary services and build partnerships "to create a new design of service organization and governance."

Lake of Bays and the Dorset Community Partnership will "lend oversight and leadership" of the initiative during the development and implementation phases.

The project is the result of a study to determine the need for current and future health care services for Lake of Bays, especially for Dorset and the surrounding catchment area that includes the adjoining northern and western sections of Algonquin Highlands.

The study included "a lot of Haliburton people," Hickling reported in a presentation to Algonquin Highlands council in April 2012.

RE-ELECT
Cheryl Murdoch
Deputy Reeve
of
Minden Hills

I still care!

Highlander news

Cell service threatened by federal gov't policy change

By Lisa Harrison
Contributing writer

Proposed changes to a communications frequency bandwidth could limit Haliburton County's ability to expand mobile communications services, according to a spokesperson for the Eastern Ontario Regional Network (EORN).

EORN co-lead Jim Pine, who also serves as chief administrative officer for Hastings County, said proposed Industry Canada changes appear to limit the capacity for mobile service expansion in eastern Ontario, including Haliburton County.

In a consultation paper issued in August, Industry Canada (IC) reported that increasing demand for mobile services internationally has countries considering changes to the way in which the 3500 megahertz bandwidth is used.

Mobile services include cellular phone service and the mobile systems relied upon by municipal services such as fire, police and emergency medical services and public works departments.

Industry Canada proposes to limit, and possibly eliminate, use of this bandwidth by certain other service providers so that it can free up space for mobile services in urban areas, should the need arise.

MP Barry Devolin, whose riding stretches from Algonquin Park south to just above Highway 401, said this bandwidth is "functionally superior" to some other frequencies because transmissions can travel through hills and rock.

However, IC reports the mobile services on this bandwidth can't cover a large area without significant infrastructure, making it more expensive for use in rural areas. Also, IC "anticipates that the demand for mobile services will be very high in urban areas, but limited in rural areas."

"We're very concerned about that," said Pine, adding that through EORN, the Eastern Ontario Wardens Caucus has been conducting "very detailed" engineering studies regarding gaps in service to determine the need for mobile services in the region, including the county. In many cases, people are accessing the Internet using their cell phones.

Pine said this bandwidth is not being fully used yet, so he thinks IC sees this as a case of "use it or lose it."

"We want it to be used, obviously," said Pine.

Loss of mobile service expansion capacity is just a part of the potential reductions in valuable communications services across eastern Ontario.

Industry Canada is proposing to limit fixed wireless access Internet service in urban areas. However, Haliburton County does not use this service.

They also propose to redefine rural and urban regions in such a way that many rural communities near more highly populated areas would now be classified as urban.

EORN has been working with more than \$12 million in public and private funding to improve broadband services to Eastern Ontario. The group announced additional high-speed Internet access for Haliburton County in August.

Pine confirmed Haliburton County would not be affected by IC's proposed Internet service changes since the county uses satellite and DSL Internet services and

would remain classified as rural.

However, EORN estimates 106 of the 190 areas served by the organization would now be classified as urban and about 11,000 residents and businesses in the network would lose the targeted Internet service.

Both EORN and the Rural Ontario Municipal Association contacted municipalities with their concerns and encouraged them to comment on the consultation paper. Those letters came to the county's finance and correspondence committee on Oct. 8, the deadline for comments. Chief administrative officer Jim Wilson confirmed the county sent a letter of concern to the IC that day.

On Oct. 9, Minister of Industry James Moore released a statement "based on thoughtful feedback from local municipalities, Internet service providers and individual Canadians" indicating that "under no circumstances" would the government take away licences on this bandwidth from local Internet service providers that provide services to rural Canadians.

"The decisions resulting from this consultation will ensure that the 3500 MHz spectrum band is deployed in the best interests of Canadian consumers, especially those living in rural areas," said Moore in his statement.

However, Moore's comments did not directly address IC's proposed rural/urban classifications, and did not refer to the concern noted by Pine that mobile service

expansion in rural areas such as Haliburton County could be limited.

Overall, Devolin said he does not agree with those who say that the government position hasn't changed and so the alarm that has been raised has served no purpose.

"I would say that often large bureaucracies do things ... for macro reasons that end up having unintended consequences at the micro level," said Devolin. "Sometimes having rung the alarm bell at some point prior to that, it just draws people's attention to it."

"When you're dealing with a valuable and sought-after commodity, often there are multiple people who want to use it."

Devolin said there needs to be a balance between the needs of both rural and urban Canadians.

"The commercial companies, especially the big providers, tend to be mostly focused on urban areas because that's where the concentrated market is and that's what makes sense for their business," he said. "That's not going to change ... and that's why there needs to be some counterbalance to that somewhere, and that's why I think EORN plays an important role."

Pine said EORN will continue to monitor developments and provide updates as needed.

"There's still lots of work for us to do."

Industry Canada reported it will post all comments on the IC website at www.ic.gc.ca/spectrum. IC will also provide interested parties with the opportunity to reply to comments from other parties until Nov. 5, and may request additional information and extend the reply comment deadline accordingly.

When you're dealing with a valuable and sought-after commodity, often there are multiple people who want to use it.

Barry Devolin

MP Haliburton-Kawartha
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You now have two choices. Either hand deliver your ballot to the Dysart Municipal Office in Haliburton or contact me and I can arrange to have one of my enthusiastic volunteers pick up your sealed ballot envelope almost anywhere in Ontario. We will get it to the Municipal Office by October 27th so that your vote counts.

If you did not receive a ballot you can present yourself at the Municipal Office on either Friday October 24th or Monday October 27th and receive a ballot there. Call 705-457-1740 for further details.

With your support we can change Dysart from a place of "why we can't" to one of "how we can".
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Editorial opinion

The elephant in the room

It's time we talked about mental health.

In this week's issue, Mark Arike writes about mental health in Haliburton County and how some alarming statistics from the OPP indicate we need to do more. Over the last six years, 17 people have killed themselves in our county – that's almost three suicides per year, on average.

If you had told me when I first moved here that mental health was an issue, I wouldn't have believed you. In fact, this community is quite adept at hiding it; and the beauty of the Highlands can be an excellent mask. However, if you go looking you'll find it easily enough.

The reality is that mental illness can affect anyone – rich or poor, healthy or sick, young or old. While it can be caused by stress and other socioeconomic factors, that's not always the case. Making it worse, there is still a stigma around mental illness that drives it underground, delaying or preventing sufferers from seeking help.

People are embarrassed by mental illness. They feel 'crazy' because that's the picture society paints of someone who suffers from schizophrenia or severe depression – and no one wants to be labelled as crazy. People who don't understand mental illness call those who suffer from it lazy or tell them to just 'get over it.'

Mental hospitals are stigmatized as well. They're portrayed as white-walled wards with padded rooms, thick bed straps, drugs and frightening treatment programs. Who would want to go there?

It's for these reasons that nobody wants to admit they have a problem, or openly talk about a family member who is suffering from mental illness. There are many people

in our community who are silently struggling to cope with various mental issues, and eventually some lose the fight.

Mental illness is, in many ways, no different from a heart condition. If you experience chest pains all day but refuse to tell anyone, eventually your heart may fail. Like heart disease, however, there are treatments available for mental illness – you just need to reach out, something many who are mentally ill, even those who would normally be successful and assertive, can have trouble doing.

My family has been affected by suicide, and we are intimately familiar with mental illness – schizophrenia and depression. I know how hard it can be to talk about it, to tell someone the things that are going on in your mind. It took my family member a long time before they would tell us they needed help, and they did so only after their situation had become incredibly dire.

But now they are receiving treatment and getting well. The health care professionals are compassionate and friendly. The hospital is not a dungeon, the patients are safe and well-cared for, and the treatment is tailored to each individual's needs.

There's still a lot of work to do in Haliburton County. We need to overcome the stigma attached to mental illness, and tear down any barriers that keep those who are suffering from coming forward and seeking treatment.

We can start by talking about it.



By Matthew Desrosiers

Experiencing tourism

On Monday and Tuesday, the Ontario Highlands Tourism Organization (OHTO) will hold its annual general meeting and a tourism workshop at the Pinestone. Local tourism operators have been invited to learn about a number of topics from a variety of experts.

As I've written before in this space, OHTO is neither the right vehicle to promote tourism in Haliburton County nor competent to do so. The only proof needed is that it represents an area that doesn't exist. OHTO is responsible for the counties of Haliburton, Frontenac, Hastings, Lanark, Lennox and Addington, and Renfrew, which it collectively calls the Ontario Highlands. There is no such place; never has been.

In representing a fictional region, OHTO (or rather the province that created it) demonstrates from the get-go that it doesn't know the first thing about marketing, which is to understand what it is you're selling. That's too bad, because they get a lot of money we could put to better use at the county level with our tourism program. But it's so much worse than that. The program for the meeting boasts that the keynote speaker has an "an affinity for The Highlands. Born and raised in the lee of Gros Morne Mountain in Newfoundland... with her mother coming directly from the Highlands of Scotland, and blessed... with living in the midst of the Cape Breton Highlands."

Is that some kind of joke? Or do they really think one Highlands is the same as another?

Putting provincial inanity aside, marketing is not our problem. It's the product.

It will outrage some proprietors to see that in print, but many of our establishments are not the types of places that would inspire a three-hour drive – especially with so many other places to go within the same distance of major cities. Until we deal with that, discussions about marketing are a bit premature.

What works in tourism is readily discoverable, and it's obvious from the success of some of our local hospitality businesses that they are onto it. Travel magazines are full of examples of what's being done successfully in other places. Field trips to other resort areas like Vancouver Island or the Eastern Townships, or even to Niagara on the Lake, can provide even better insights. Formal hospitality training is available to help proprietors and staff understand everything they need to know. And forming a clear picture of the type of people we want to attract, combined with gathering intimate knowledge of what they expect are critical. These activities are not guarantees of success but they can show us the way. Are we doing them?

What people remember and return for is the room that was so much nicer (or trendier or rustic or with a better view) than they

have at home. Or the meal they've never had anywhere else or the cheerful manager for whom nothing's a

problem. Or the hunting, rafting, canoeing, bird watching.... there are tourists to match almost any activity. But whatever the draw, they're coming for something better than their every-day lives provide. They're coming (one thing OHTO gets right) for the experience, for authenticity. It's no coincidence that the top rated establishments in the county offer something authentic to their guests in some way; there just aren't enough of them. Hospitality is a profession like any other, and only those who take it seriously do well.

Those who conclude this is a call for luxury are mistaken. It's about doing things right, or not doing them at all. Many of the best destinations are about simplicity and natural environments, themes we can deliver on very well. Simple rooms and simple meals can be charming, even transcendent experiences. A small menu of homemade food can be much more memorable, and probably more manageable, than one that tries to duplicate places that have much more volume. And a cabin in the forest – people will cross continents for that. Only cleanliness and service are non-negotiable.

If we're deliberately looking for downmarket travellers, fine, as long as we realize that it brings people who don't have money to spend on food, accommodation or much of anything else; as long as we understand that you can't make a living doing that because someone else can always do it cheaper. Because for every dollar saved on food or furnishings, many more are lost in people who will never come back. Eventually, too many disappointments start to add up to a theme, the kind of brand for the Haliburton Highlands we most definitely do not want to have.

OHTO isn't the solution; they don't even know where they are. That doesn't mean the conference will be a waste – a lot of good topics and speakers are on the agenda – just that it's likely not going to deal with some of the more relevant and unique issues these particular Highlands have when it comes to tourism. It's not the county's responsibility either. They can market us as a destination but it's up to proprietors to deliver the product, to ask themselves in the cold light of day: how would I feel using my precious vacation time, my hard-earned savings, to take my family to this restaurant or this inn?

Clearly some in our local hospitality industry get how important that question is. With tourism so vital to our economy, the answer affects all of us.



By Bram Lebo

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Correction

In Harcourt Park blocks election canvassing (The Highlander issue 156, page 1), it was reported that Dysart et al Ward 3 candidate Bill Sinclair was an active member of the Harcourt Park Inc. board of directors. Sinclair served on the board from 1975-78, and again from 2005-2011, but is no longer an active director. The Highlander regrets this error.

Letters to the editor

VDO gives thanks

Dear editor,

In this season of Thanksgiving, we would like to acknowledge how grateful we are to this community for the support it has given the Volunteer Dental Outreach for Haliburton County.

In November 2010, Janis Parker was consulted as to the best way to open a volunteer dental clinic for low income Haliburton County residents. While none of us really knew how to launch this initiative, within three days, Janis Parker had been in touch with Dysart about a location for the clinic and assembled a steering committee of people with the knowledge and expertise to bring this innovative concept to a reality. A mere six months later, after considerable planning, construction, fundraising, hundreds of emails and immeasurable support from Janis, the clinic opened.

The leadership, motivation, unfaltering support, resources and “hands on” hard

work board chair Janis Parker provided propelled (and continues to propel) this project along at a staggeringly fast rate. Our board of directors announced at our 4th Annual Charity Golf Tournament in August that our volunteer dental clinic has provided over one million dollars in free dental care to people in our community.

Volunteer Dental Outreach for Haliburton County is a perfect example of how great things can be accomplished in our community with outstanding leadership, generosity, vision, hard work and the cooperation of our councils. For all of you who have attended fundraisers, made donations to VDO, helped in construction, web support, plowing, volunteered at the clinic and board members, your efforts are appreciated by local families who are helped in a very significant way every day at the VDO.

**Bill and Lisa Kerr
Minden**

The right to canvass

Dear editor,

It has recently come to my attention that Harcourt Park Inc. thinks it has the right to oust registered candidates running for office. I don't believe that attitude respects the spirit of the Elections Act which clearly directs private property owners to allow candidates to distribute literature to eligible voters.

I write to convey my sincere apologies to municipal candidate Tammy Donaldson for being denied the right to canvass in Harcourt Park where my family has a cottage. Ms. Donaldson has the right under the Elections Act to canvass where voters and ratepayers reside. The intent of the Act is quite clear, regardless of whatever specious arguments are made to

the contrary. How could it be otherwise? Cottagers are ratepayers. We should meet the candidates and hear their intentions for spending our tax dollars.

My thanks to Mrs. Donaldson for trying to do the right thing. Her concerns about this issue are absolutely valid. It is revolting that she would be threatened with charges of trespassing for trying to meet potential electors.

I urge all local residents to get out and vote. Otherwise, you'll be in the exact same position as the poor Irish of past centuries – ruled by the agents of absentee landlords. Make democracy work for you, citizens of Dysart. Vote local!

**Kathy Woodcock
Harcourt Park**

Photo of the week



Photo by Kristel Chalmers

A beautiful Monarch butterfly puts itself on display.

Janis Parker 'cares about this area'

Dear editor,

I wish to express my endorsement of Janis Parker for Reeve of Dysart et al.

Having served with Janis on the Norah's Island Management Committee, I can attest first-hand to her ability to work on a team, to get good things done, and for her dedication to the cause that we represent. As an emerging poet and author, a Haliburton publisher, and as a proud member of the Haliburton Live Poets, I can attest to the great contribution that Janis makes to Haliburton as

a centre of literary excellence.

Long ago I was the kid who pumped the gas and helped launch the boats at the Highland Park Marina on Kennis Lake. One of the partners that I worked for was Janis' father who helped a bunch of us to have great summer jobs, so I can also attest to her being from a family that truly cares about this area. These are good reasons why I will support Janis for reeve, as will my family.

**Jeff Pinkney
Kennis**

Seven pies, Maurice Richard and a side-swiped Mercedes

It all happened on Thanksgiving weekend and I'm only now really coming to terms with it. There was so much that I could not until now – now that I have had a chance to sit back and take stock or digest, if you will – truly appreciate everything that took place. But now that I have a little more distance, a little more perspective, I'm obviously going to tell you almost all about it.

Thanksgiving for Little Z, my lovely wife and I, is a time of year when we wonder and worry slightly about what we shall do while all you guys are getting together with your extended families but ours is on the other side of the Pond. Not that we need worry because one of you always comes up trumps and invites us to join in the festivities, and so it was this year, too.

Robbie, my oldest Canadian friend, that is oldest in time I've known him rather than his time on earth, came through and off we set to Ottawa, to the other side of the river no less, to spend the weekend with his girlfriend and her French Canadian family.

Said girlfriend – we'll call her Tina for the sake of this article and because that's her name – was nervous about the upcoming

Thanksgiving dinner, it being the first time that she had hosted it, and because she was entertaining an entire herd of family including numerous matriarchal French ladies all of whom had vast experience and opinion on just how the event should go down.

I was nervous simply because there would be numerous matriarchal French ladies! And, as the weekend wore on, I became distinctly worried about the amount of food I was expected to consume at Thanksgiving dinner. This was initially brought to my attention by Tina, who left a shopping/to do list on the kitchen table. Clutching a beer from the fridge I scanned the list and my jaw dropped at the vast quantity of ingredients and dishes to be purchased and prepared. Later, as we trolled a market I chatted with a stallholder who somehow figured out that I wasn't local. On telling him that this would be my first French Canadian thanksgiving he laughed long and loud before stating: “Make sure you leave room for dessert!”

He was right. Grandma ma, Tina's mom, turned up with not one pie but an entire car load. There were pumpkin, blueberry, apple, sugar, pecan and just in case we were still

hungry, another apple and a second sugar pie, seven in all. Little Z's eyes almost popped out of his head. How he contained himself through the main course of turkey with all the trimmings I'll never know.

Now, the meal in itself would be justification for writing this article, such was its magnitude, deliciousness and festive Frenchness, but my induction into French Canadian society was far from complete. As I stood digesting my meal (I couldn't sit for fear of splitting my trousers), Uncle Maurice, a rotund elder fellow, introduced himself: “Maurice, like the hockey player,” he said.

I looked blankly at him, smiling weakly. “Maurice Richard,” he stated with obvious surprise that I had not understood initially.

I shrugged my shoulders and began to make excuses for my ignorance, while with a frown he began to roll up his shirt sleeve. I stepped back and checked out a swift exit route, thinking that he was going to soundly thrash me for being an English idiot, but instead he brandished a large Montreal Canadiens tattoo.

For the next what felt like two days I was schooled in hockey history, Les Habitants – the Habs to us Anglophiles – and the greatest

sport ever invented. Robbie passed by at one point, smiled a knowing grin, and traded my empty bottle for a full one.

Then, without missing a beat, Uncle Maurice began a monologue on the tragedy that was the death of Freddie Mercury and how Queen should never have continued to play after the passing of their front man.

I stood mouth open, which was dangerous because Grandma ma was looking around for folks to fill with more pie. Thankfully I was rescued from Uncle Maurice by Tina's brother Steven, a man who had obviously had his fair share of ‘chats’ with this tattoo-sporting, hockey mad, Freddie fan of an uncle.

Steven led me, shell-shocked, out to the bonfire where a clutch of shall we say less elderly relations and friends were hanging out. They soon had me back on track with a couple more beers and the hilarious story of when Tina side-swiped a Mercedes in Chinatown and then panicked and drove off. But I swore I wouldn't mention that in my column, so let's just stick to hockey mad uncles and Grandma ma's plentiful pies.



By Will Jones

The Outsider

Highlander opinion

Eye on the street: What method of voting do you use and why?



Carol Howell

Minden

I will do my ballot in person and in paper because I want to see it go in the ballot box.

David Whalen

Minden

It is my first time to vote here so I will go to the polling booth because that is tradition.



George Otta

Ingoldsby

I will be going in person because I am an old-fashioned young person.



Susan Danilko

Minden

We will look at it tonight and I will go to the polling station.

Debbie Stevenson

Minden

This year I will vote on-line just for the convenience of it.



Photos and interviews by Walt Griffin



Andrea Roberts

for Deputy Reeve
Municipality of Dysart et al

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Make your vote count in Minden Hills

Dear editor,

On Oct. 2 I attended the all-candidates meeting at the S.G. Nesbitt Memorial Arena. The standing room only crowd was anxious for answers and information regarding the upcoming election.

I was pleased to learn that Lisa Schell and Jeanne Anthon will be part of the new council for Minden Hills. Both women bring political experience, expertise, stability, a spirit of co-operation and good communication skills to the council table. It is imperative that the new council members communicate effectively with each other and with the constituents of this municipality.

On the other hand I was disappointed to learn that Barb Reid, Ken Redpath, Darryl Moore and Rick Ashall saw a need to group together for election promotion. I will vote for an independent, free-thinking, stand on your own feet candidate who can make decisions, communicate effectively with

co-workers and the public, display co-operation, be a team player, demonstrate empathy and leadership. I like a knock at my door or a personal phone call from candidates, not a bulk mail-out.

As Jack Brezina wrote in his letter to the editor on Sept. 25, "There is a great deal of healing to be done to get this community back on track." This restorative process will take at least four years, and I would suggest that it can be done more effectively and more amiably if the entire "dream team" members have a four year timeout. We don't need people reminders of past mistakes. We need a fresh new start. The community needs to move forward together.

As election day approaches, remember the men and women who fought for your democratic rights and freedoms. It is your right and also your responsibility to vote.

Sharon Lawrence
Minden

Highlands East council doing a good job

Dear editor,

We thought it prudent to write a letter in support of the existing municipal council here in Highlands East.

During the last year or so we have been working with the local council on the Plein Air Arts Festival and the Cultural Planning Project. We admit to being prejudiced. As people who have recently found ourselves working with municipal councils across Ontario, the Maritimes and in England, we believe that our municipal council is one of the most supportive we have come across.

This group of local politicians that are in office now, especially Dave Burton and Steve Kauffeldt, are true blue hands-on, supportive leaders. They are invested thoroughly in this community. They live and breathe it, and they are very easy to work with. But it would be a shame to lose any of our local council at this very crucial time in our county. We encourage all of you who live here to put them back into office.

Victoria Ward & Gary Blundell
Highlands East

HighlanderTV



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INFORMATION PAGE

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For all Community Services inquiries please call 705-286-1936

In case of emergency please Dial 9-1-1. For all other municipal emergencies please call 1-866-856-3247.

Meetings and Events

Oct 24

7:00 – 9:00 pm, Family Halloween Party, Minden Community Centre. Admission \$1/pp – children must be accompanied by an adult.
Call 705-286-1936 ext 204 for info.

Oct 25

11:00 am – 3:00 pm Minden's Haunted Village, Minden Hills Museum. Pumpkin carving/painting, activities, games, trick-and-treating and ghost tours. Admission: non perishable food item to donate to the Minden Food Bank.

4:30 & 6:00 pm, Spaghetti Dinner at the Lochlin Community Centre, 4713 Gelert Rd. \$12/adult, \$6/kids 12 and under, Free for children under 4. Call 705-286-6087 or 705-286-3438 for reservations.

Oct 27

Municipal Election Day

Weekly in October

Tuesday's - 7:30 pm, Euchre Night at the Lochlin Community Centre starting Oct 7.

Wednesday's & Sunday's - 12:00 to 2:00 pm
FREE Public Skating,
Minden Arena. Helmets recommended.
Children must be accompanied by an adult.
Donations accepted.
Skate rental & sharpening not available.
*please note there is no public skating on Sunday Oct 26.

Wednesday's – 7:00 pm, Euchre Night at the Irondale Community Centre.

Visit www.mindenhills.ca/calendar/ for details.

Request for Tenders/Quotes

The municipality currently has Tenders and Quotes available for public bid.

Please visit www.mindenhills.ca/tenders or call 705-286-1260 ext 313 for a complete listing.

THE MINDEN HILLS CULTURAL CENTRE PRESENTS

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MINDEN HILLS CULTURAL CENTRE

Festival of Trees & NEW *Glitter*

Nov 21 to 23

MHCC Annual Fundraiser for Community Programming
Visit this 3 day Christmas Wonderland with themed traditional and decorative Christmas trees, wreaths, gift baskets, garlands, gift certificates, Silver Bell Gift Shop, Sugar Plum Candy Shop, and Santa's Café.
Admission: Adults \$4; Seniors \$3; Youth \$2; Raffle Tickets 6 for \$5
Children FREE, Parking FREE

AGNES JAMIESON GALLERY

Grand Salon: Andre Lapine and Horses

July 22 - Oct 27 (note: extended date)

The AJG is exhibiting, from its permanent collection, a large selection of sketches and paintings by Andre Lapine exclusively featuring images of horses.

Sensory

Oct 14 - Nov 15

Works by artists Edgardo Moreno, Rod Prouse and Jorge Lozano. How do these artists, as new Canadians, look upon our Northern Ontario landscape? To what extent does their use of video and sound in the 'Sensory' show stack up against the traditional iconic imagery of established Canadian artists?

Photography Juried Exhibition

At the AJG in Jan of 2015. Photos will be juried by Curator Laurie Carmount. Photographers can showcase their prowess and creativity with their camera. Entries accepted from Dec 1 to 5. Visit <http://www.mindenhills.ca/art-gallery/exhibitions/> or 176 Bobcaygeon Road, Minden for entry forms.

IN THE COMMON ROOM

ART'n AROUND: an after school program with instructor Sarah Jowett
Every Tuesday 3:30 pm to 4:30 pm

FEE: \$20 pp includes supplies for 3 month duration

If interested please contact Curator Laurie Carmount at 705-286-3763

New! EcoWatch: an after-school program for students in grades 6 to 8
Wednesdays 3:30-5:00 pm from October to May

Focusing on the stewardship of our lakes and waterways.

\$20/month, includes nature journal and supplies.

Indoor/outdoor program. Limited to 10 spots.

National Film Board Thursdays

2:00 pm – 3:00 pm (ongoing)

Screenings of award-winning documentaries from the National Film Board of Canada.

Oct 30 - 'Totem: The Return of the G'psgolox Pole' (2003 70 min).
This documentary traces the journey of the Haisla people to reclaim the G'psgolox totem pole that went missing from their British Columbia village in 1929.

Painting Time with Harvey Walker - Adults (ongoing)

Monday Evenings 7:00 pm – 9:00 pm

\$5/day/person

MINDEN HILLS MUSEUM & PIONEER VILLAGE

Anniversary Celebration

Oct 24 to Jan 31

Celebrate the 30th anniversary of the Minden Hills Museum. Showcasing artifacts handpicked by the Museum Curator, representing the museum's collection over the past 30 years.

Fires, Floods and Minden

This exhibition documents the 3 fires that destroyed the business's on Minden's Main Street in 1879, 1890 and 1942. Photos of the 1943 flood are included.

NATURE'S PLACE

Fahrenheit 1500 – The Nature of Forest Fires

This exhibit looks at both the positive and negative aspects of forest fires and their effect on our ecosystem.

SAVE THE DATE!

The Township of Minden Hills will be hosting their annual Family Halloween Party on Friday, October 24th at the Minden Community Centre from 7-9pm.

There will be games, music, snacks and prizes for best individual and family costumes!

Admission is \$1.00 and children must be accompanied by an adult.

For more information please contact Elisha at 705-286-1936 x204

Fire Hydrant Flushing

Mandatory Fire Hydrant flushing will be performed throughout the Minden Water Distribution System during the weeks of

October 27-31 and November 3-7

During this period please allow your water to run for 2-5 minutes to clear any discolouration through the home plumbing.

For more info, please call Ivan Ingram, Environmental & Property - Operations Manager (705) 286-1260 ext. 216

Save the date!

The Township of Minden Hills will be hosting their Santa Claus Parade on Saturday November 22nd starting at 11:30 am.

The theme for this year's parade is "*Christmas through the years*"

The parade will start at the bus loading zone of Archie Stouffer Public School and travel South on Bobcaygeon Road to the Municipal Administration Office on Milne Street.

There will be hot chocolate and pictures with Santa at the Village Green immediately following the parade, all for FREE! Kids don't forget to bring your letter to Santa when you come!

If you would like to enter a float into the parade, application forms are available on the Township website at www.mindenhills.ca/community-events or by contacting Elisha at 286-1936 x204 or eweiss@mindenhills.ca



See page 26 for additional ads

Highlander news

'End of an era': AH cold spring closes

By Lisa Harrison
Contributing writer

An Algonquin Highlands cold spring with a 100-year-old history is about to close permanently, tapping into deep emotions in the community.

Meanwhile, the public water source at the Haliburton/ Stanhope Airport is likely to be restored.

A recent complaint about water quality at the cold spring on Highway 118 east of Stanhope Airport Road led to a temporary closure of the spring while the township decided its next course of action. The township owns the land on which the spring is situated.

According to township staff, the complaint was made to the Ministry of the Environment (MEO) by a citizen who had become ill after drinking water from the spring.

The complainant had the water tested through the local health unit. The water tested not safe to drink, and the complainant's doctor confirmed a diagnosis of giardia, an intestinal infection caused by a microscopic parasite found worldwide, particularly in areas with unsafe water.

The MOE advised the township that when a complaint is received "it becomes high priority and [MOE] staff have a duty to take action." The cold spring is considered to be a well, and regulations stipulate that "if a well is found to produce non-potable water, the owner shall immediately decommission and abandon the well or maintain it to a standard required by the Ministry of Health."

Staff noted the township does not have a legislative responsibility to provide water to the public and the cold spring would no longer be a natural source of water. They recommended to council that the well be decommissioned at an estimated, unbudgeted cost of \$3,000.

Reeve Carol Moffatt recounted her own experiences using the spring as a child and noted that "thousands of people" have used it for many years.

"A lot of people asked, 'Why did you have to close it, why didn't you just wait?'...but what happens if somebody else got sick," said Moffatt in a phone interview. "We didn't have the luxury of time that would be required while we possibly did other things" to improve water quality.

"We are aware that people are upset about [the closure]," she added. "What I find absolutely amazing is the number of people who've said to me personally, 'Well, I don't care if someone got sick, I've never gotten sick.'"

"I think emotion just got the better of a few people and

there were some really unkind things said, some very unkind accusations levelled at the person who made the complaint, the person who fell ill, accusations levelled at township staff, at members of council, just sort of a lashing out."

To provide water safely at the cold spring location the township would need to drill a secure new well, install hydro to operate a pump and treatment system, build a fence and conduct monthly water tests, staff reported. The exact requirements and costs were not known at the time of the report.

"There is something delightful about being able to just fill your jug from the ground, and would that we could continue that forever, but we can't," said Moffatt.

"It's definitely the end of an era."

The spring's long history includes numerous changes in management of the spring to comply with changing regulations. These include the Ontario Safe Drinking Water Act, enacted in 2002 following the inquiry into the Walkerton contaminated water tragedy.

Township staff noted that the Act imposed personal liability on municipal councillors and municipal officials

who have authority to make decisions about drinking water systems.

In 2004 the township sought legal advice regarding liability and as a result, posted a sign at the spring advising the public that the water is not tested.

In 2005 small municipal non-residential systems that did not have electricity or did not serve food were allowed the option of posting a sign advising the public that the water was not tested, and so the township also

stopped testing and treating the public water source at the nearby Haliburton/Stanhope Airport and posted a sign accordingly.

Following the September MOE advisory, AH staff removed the spring's water outlet source to protect the township from further liability and installed a sign advising that water was no longer available.

Staff also shut down the airport public water source until further evaluation could be completed.

Council has directed staff to proceed with the well decommissioning, which is expected to be completed by December, and to investigate water treatment options at the airport with the goal of restoring the public water source.

Staff reported water continues to be available at the township office, where it is treated and tested regularly according to legislative requirements.

It's definitely the end of an era.

Carol Moffatt
Reeve,
Algonquin Highlands

Annual OPP cap set at \$40 per property

By Mark Arike
Staff writer

The maximum annual increase for OPP billing costs will be capped at \$40 per property in Dysart et al over a five-year phase-in period.

That information was provided to council by treasurer Barbara Swannell during an Oct. 14 meeting.

Under the new OPP billing model, base costs will make up for 60 per cent of the bill while calls for service will account for the remaining 40 per cent.

Dysart currently pays a total of \$1.1 million for policing services. That will rise by \$300,000 to \$1.4 million after five years – an increase of nearly 27 per cent.

"That would equate to an increase of approximately

\$11 per \$100,000 [of assessed property value]," said Swannell.

The \$40 cap was originally noted by Ontario Community Safety Minister Yasir Naqvi, who announced the new model in August.

Ward 1 councillor Andrea Roberts asked if it would be possible to include a line on the tax bill that shows policing costs. Swannell said she would have to investigate the options, while Dysart Reeve Murray Fearrey suggested highlighting the cost to the municipality on an existing pie chart.

Of the four municipalities in Haliburton County, Algonquin Highlands will see the highest increase of \$746,000, or 230 per cent, after five years. Collectively, OPP services will rise by almost \$3 million across Haliburton County.

The new model comes into effect Jan. 1.



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Highlander arts

What's Up

The off-season, a time for some self-indulgence

This past Friday we took a drive down to Hastings County on a cheese tour in search of some aged cheddar. The sky was a gunmetal grey-blue. Rain was ever-threatening, but all that materialized was an occasional hazy drizzle.

It was interesting to note that as we drove, vistas emerged that we wouldn't have seen a week or two earlier when the overwhelming red and orange leaves of the maples were at their peak. Instead what we got was what I call the 'second fall,' where the chartreuse leaves of whispering aspen were intermingled giddily with the multi-hued yellows of the birches and tamaracks, and with the now leafless black branches of the maples, which stood in stark contrast against the lowering skies. With majestic bronzes from red oaks dotting the changing scenery as counterpoint, the palette was more subtle, and to my eye, more pleasing than the typical, overblown, picture-postcard depictions so commonly associated with a Canadian fall.

I like this time of year. The work-heavy, money-making stresses of the summer and studio tour seasons are over. The tourists, for the most part, have locked up their cottages and gone home to their own, big city stresses. Meanwhile the collective 'we,' including the tourist-dependent merchants and their staffs, contractors, social service workers, and artists and artisans, can breathe a well-earned sigh of relief. We can put up our feet, figuratively speaking, and relax.

We can also engage in some self-indulgent activities. We have a bit more time to do a spot of fishing, go on a boat ride on the lake, or walk the dog on a less-busy rail trail. We can reconnect with friends we were too busy to get together with over the summer. And we can also indulge ourselves in a bit of fun and entertainment, after months of entertaining others.

Unlike in past years, the off-seasons no longer mean that there's a lack of organized events in our county; quite the opposite in fact. In recent years we've come to realize that there are local audiences for such cultural pleasures as movie festivals, theatrical presentations, entertaining fundraisers and music events.

For example, at the Rails End Gallery in Haliburton there is a wonderful show called 'Fireworks' which is an exhibition of work by members of the Ontario Clay and Glass Association. At the Agnes Jamieson Gallery

in Minden, 'Sensory' is the name of the exhibition which features a sight and sound sensual experience by three artists born outside of Canada, including well-known 'local' artist Rod Prouse.

In Dorset there are ongoing African hand drumming classes, and there are loads of Halloween happenings all over the county. There is the upcoming Haliburton International Film Festival and National Film Board Thursdays, painting workshops, and the Festival of Trees. More information and listings of events can be found on the county website, and also at FYIhaliburton.

As I write this I'm looking out our back window at a doe and her fawn munching some still-green grasses. It reminds me that for those who enjoy it, the hunting season will soon be upon us; so walkers of the woods beware.

I love to hear live music and Haliburton has a goodly number of fine musicians. I encourage people to go out and hear the likes of Albert Saxby, Sherri Hawkins, Ragged Company, Custom Blend, Carl Dixon, Gord Kidd and Zoe Chilco. We are fortunate to have the Haliburton County Folk Society, which, in addition to supporting our talented local musicians, also brings nationally and internationally acclaimed acts to the Highlands.

In November the Folk Society is presenting Harry Manx and his eastern-influenced blend of folk and blues. He'll be at the Northern Lights Performing Arts Centre in Haliburton. But if you can't wait for your blues fix, and you like your live music up-close and very personal, this Saturday night in Minden, the Dominion Hotel and pub is presenting west coast harmonica legend Harpdog Brown and his band. He's a big man with a big sound. So yes, there's plenty to see and do.

I've made up a platter of seven-year-old Mapledale cheddar cheese and crackers, to go along with ale from the Haliburton Highlands Brewing Company. As we enjoy our snack and watch the deer, a ray of sunlight shafts through a rip in the cloudy cloak and front-lights the yellow and bronze leaves which flutter gently to the ground.

And though falling leaves represent the end of one natural season, they also foretell the beginning of a social one, and our biggest chore for the day is contemplating the variables in this multiple-choice off-season.



By George Farrell

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Not intended to solicit properties currently listed for sale or buyers under contract.

Highlander arts

Haliburton County's Hot Reads

The following are popular new additions to the Haliburton County Public Library's collection this week.

HCPL's TOP FICTION

1. *Leaving Time* by Jodi Picoult
2. *Lila* by Marilynne Robinson
3. *Nora Webster* by Colm Toibin

HCPL's TOP NON-FICTION

1. *Where I Belong* by Alan Doyle
2. *Being Mortal: medicine and what matters in the end* by Atul Gawande
3. *Mr. Hockey: my story* by Gordie Howe

HCPL's TOP JUNIOR TITLES

1. *The Fall* by Bethany Griffin (YA)
2. *M is for Maple Leafs* by Michael Ulmer (Picture Book)

AUDIO and VIDEO at HCPL

1. *X-Men: Days of Future Past* (DVD)
2. *Ruth's Journey* by Donald McCaig (Book on CD)

LIBRARY NEWS

Have you voted for your favourite Evergreen title yet? Stop by any of the eight branches of the Haliburton County Public Library and cast your ballot! Voting ends Oct. 25.

Friends of HCPL will be holding their 9th annual Book Gala & Silent Auction featuring author Eva Stachniak on Nov. 2, 1 p.m. at the Pinestone. Tickets are \$20 and available at Master's Bookstore, or by contacting Brenda at 705-457-2695.



Photo by Mark Arike

Arts supporters, members of the Visible Voices Studio and other community members gathered at the new studio space on Industrial Park Road to celebrate its official opening on Oct. 17.

Visible Voices Studio breaks down the barriers

By Mark Arike
Staff writer

It's an achievement that Fay Wilkinson's sister would have been very proud of.

"She was my biggest cheerleader and supporter," said Wilkinson, while fighting back tears at the grand opening of the Visible Voices Open Arts Studio on Oct. 17.

"I know she's looking at me going, 'Yeah! Keep going.'"

After her death, Wilkinson learned that her late sister, who was a glass artist, aspired to be an expressive arts practitioner.

An expressive arts consultant and educator herself, Wilkinson began working on turning her dream into a reality this past May. She approached the Haliburton County Community Cooperative (HCCC) for support and received donated space from local resident John Beachli in Haliburton's Industrial Park.

Her vision was to eliminate silos by setting up a space that people of all ages and abilities could access to create art and interact with one another. In recent years, Wilkinson connected seniors with art making through a program also known as Visible Voices.

"This space is not my space; this is for the community and will be supported by the community," Wilkinson told those who attended the recent opening.

"This is a fabulous thing," said Jim Blake, president of the HCCC.

Blake explained how his not-for-profit organization helps groups in the community "hit the ground running" with their great ideas.

Beachli, a member of the Haliburton Rotary Club, said he decided to contribute to the project after seeing Wilkinson give a presentation to the club.

"I really liked the concept that we all need help at one time or another," he said. "We're all lonely, we're all stressed out, we're always at one point of our life or another."

Beachli offered Wilkinson space in one of the units at 130 Industrial Park Road with one stipulation: no offices allowed.

"For me, I want to see people happy to come, create and do, and talk out your troubles ..." he said.

Wilkinson said that without Beachli's support, none of it would have been possible.

"I never would have dreamt that someone could be so supportive, so generous and really believing in having a space for people to come," she said.

During the opening, visitors were able to express themselves by trying their hand at using different mediums such as drawing, encaustic wax and mono printing. The ceremony concluded with Wilkinson opening the garage door while visitors read out some words of wisdom contained inside fortune cookies.

The Haliburton County Development Corporation provided the project start-up funds, and all of the supplies and furniture have been donated by the community.

Although long-term plans have not yet been ironed out, Wilkinson's main goal is to get people to use the space. She also wants to reach out to those who are in "the far-flung corners" of the county to find out what it is they need.

"We need to get creative on bringing people in," she said.

In the future, Wilkinson hopes to introduce a regular set of hours. However, for now the space operates on an on-demand basis.

Anyone interested in accessing the new studio should email info@openartsstudio.ca.

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Have Your Say – Protecting Energy Consumers

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Highlander life

Depression and suicide not always linked: Cox

Continued from page 1

“Under the Mental Health Act, it’s not their choice; they’re taken directly to a hospital.”

When a person goes missing for no apparent reason, suicide often comes into play. But regardless of the outcome, a significant amount of resources are utilized in trying to locate that person, such as the canine and Emergency Response Team, the OPP’s helicopter and the Snowmobile ATV and Vessel Enforcement (SAVE) Unit.

“We’re not going to pull back any resources and we’re going to do everything we possibly can, but it certainly ties up a lot of our resources and our services,” he said.

Although an initial press release usually goes out to the media to try and help find the person, information about suicides is not made public.

“That’s OPP policy,” said Potter.

When charges aren’t laid and foul play isn’t suspected in a death investigation, there’s a high probability that suicide was the cause of the death.

Adults in the community with a mental health condition can go see their physician

or receive support from Haliburton Highlands Mental Health Services. Services include intensive case management, crisis intervention, and psychiatric consultation and follow-up, among others.

“If you were in crisis you would go to your nearest emergency room,” said Thomas Jones, integrated mental health director for the Ross Memorial Hospital and Haliburton Highlands Health Services (HHHS). “If you weren’t in crisis, then you could either self-refer or get referred to Minden mental health services.”

Jones is familiar with cases where patients have admitted themselves to the hospital and those in which family members have stepped in to intervene. Those 16 years of age and older would access the services of HHHS, while anyone younger would receive support from local service agency Point In Time (PIT).

Haliburton Highlands Mental Health Services support many individuals with various forms of anxiety and mental illnesses such as schizophrenia and bipolar disorder. Others are going through grief counselling, or facing a situational crisis due to a job loss or other unforeseen circumstance.

“Anytime there’s somebody who attempts or succeeds in taking their life, that’s an issue,” said Jones, in response to the statistics from the OPP. “I think one death is one too many.”

According to projections from the OPP, 75 individuals in Haliburton County could have benefited from mental health intervention last year, while 45 could have benefited from those same services in 2014.

Jones expects the actual total for this year to be higher than the projected number.

“I think we would be safe to say that this year’s number will likely increase from 2013 as it was as of August I believe,” he said.

Those who would benefit from hospitalization include patients who are

fluidly psychotic or suffer from severe depression, he said. They could be actively suicidal or contemplating suicide.

If a person hasn’t seen a family doctor or psychiatrist within the past week, a family member could go to a justice of the peace and provide them the information “under which they believe their loved one needs to be hospitalized,” explained Jones. The justice of the peace would then issue a Form 2 for a psychiatric assessment.

If a person in crisis decides to seek help and shows up in the emergency department at either the Minden or Haliburton hospital, the attending physician would determine if they should issue a Form 1.

“Because we don’t have mental health crisis workers working in either of those facilities, the attending physician in the emergency department would assess and determine whether the person needs to be put on a Form 1,” said Jones.

That person would then most likely be transferred to Ross Memorial Hospital in Lindsay, where they would be seen by a crisis worker and psychiatrist. If, based on that assessment they felt it was necessary to admit

the person, they would be transferred to the mental health in-patient unit for treatment.

“They would be followed and seen regularly by the tending patient psychiatrist until such time the team felt the person was, for a lack of a better word, ready to be transitioned back into

If you were in crisis you would go to your nearest emergency room.

Thomas Jones
Integrated mental health director,
Ross Memorial Hospital

the community.”

If active follow-up isn’t available to them in their area, they would be transitioned over to the team at Haliburton Highlands Mental Health Services in Minden.

Prior to his arrival in April, Jones said this kind of follow-up wasn’t necessarily happening.

“The person was discharged to the care of their family doctor if they had one, and there was no real mental health follow-up. Now we’re trying to do that, to provide that bridge of support necessary,” he said.

This new seamless approach is one that Jones said is the result of the recent integration of health services that took place over the summer.

Youth who are feeling overwhelmed or battling mental illness can turn to the services offered by PIT, a not-for-profit organization with offices in Minden and Haliburton. Staff at the agency offer a range of services for youth, including counselling and crisis intervention.

In recent months, Point In Time staff member Joan Wilson participated in a five-day workshop to become a trainer in Applied Suicide Intervention Skills Training (ASIST). Through the program, participants are taught how to lead a two-day ASIST workshop – a workshop that provides suicide intervention skills to those who enrol.

Wilson said that connecting with a person during their time of need can make a difference in saving a life.

“Meeting someone and giving them a list of resources isn’t going to be helpful; they need

that intermediary step,” she said.

The training is aimed at anyone who is a caregiver for children, including family members, teachers and counsellors. The goal is to provide “a suicide safer community,” said Wilson, who is a therapist and team leader for PIT.

The first ASIST training session was held at PIT with 12 people in attendance, while a second session saw 30 people from a variety of sectors – such as social service agencies and local schools – participate.

“Part of our philosophy is to work with other organizations to provide the training, and our other step is to start gathering information about the best practices and ways of approaching this,” said Marg Cox, executive director of Point In Time.

Cox said there is limited government funding available to the children and youth mental health sector around suicide prevention. However, her organization used the small amount of funding they received to “build capacity” and develop trainers in ASIST.

Wilson said that although it’s troublesome that there has been a rise in suicide-related calls to the OPP, this could be a good indicator that more people are deciding to reach out for help. It could also mean the stigma around mental health issues and suicide is being reduced.

“We want to do what we can to be reducing anybody harming themselves in any way,” said Cox, adding that people need to be made aware of the resources and help that is available.

According to the Ontario Association for Suicide Prevention, suicide accounts for 24 per cent of all deaths among 15-24-year-olds and 16 per cent among 16-44-year-olds.

Suicide is the second leading cause of death of Canadians between the ages of 10 and 24.

Studies reveal that more than 90 per cent of suicide victims have a diagnosable psychiatric illness, and suicide is the most common cause of death for people with schizophrenia.

Cox and Wilson point out that just because someone is depressed doesn’t mean they are suicidal, and vice versa. In the case of Williams’s death, media coverage often made it seem as though one leads to the other.

“Some of the stuff out of the Robin Williams coverage has been depression equals suicide,” said Cox, “and that’s a myth we want to be dispelling.”

Due to the rural nature of Haliburton County, isolation and other risk factors are present. Information that Cox obtained from a workshop showed that young men are at a higher risk of suicide than their urban counterparts.

“What the presenter talked about was that in rural communities there’s a lot more means available,” she said, referring to easier access to guns due to the hunting community and the fact that rural areas are more spread out with a sparse population.

“It gives more opportunity [for suicide],” she said.

Both Cox and Wilson encourage people to reach out to those they are concerned about and help them access the support services they require before it’s too late.

To learn more about the services available for children and families visit pointintime.ca, or call 705-457-5345 (Haliburton) or 705-286-2191 (Minden).

Adults in need of support should first contact their family physician or call Haliburton Highlands Mental Health Services at 1-800-320-8111 or 705-286-4575.

Stroke awareness on the rise

By **Matthew Desrosiers**
Editor

World Stroke Day is coming up and the Haliburton Highlands Stroke Support Group wants the county’s residents to take notice.

Lois Rigney, one of the group’s organizers, said on Oct. 28 the World Stroke Organization (WSO) is launching its World Stroke Campaign 2014-16. The campaign focuses on women and strokes.

“The more you know when you’re leading a group or doing programming, the more you learn, the more passionate and excited I get about it,” she said. “I didn’t realize there was a WSO. You hear so much about heart, but stroke is on the radar.”

Rigney said, according to statistics on the WSO website, that one in five women are at risk of stroke, compared to one in six men. Factors include pregnancy, hormone replacement after menopause, hormone changes, and gestational diabetes.

The WSO’s site lists a number of facts about women and strokes, saying that many stroke risk factors occur more frequently in women, that they have worse stroke outcomes than men, and that there is a gender gap in stroke education between

men and women.

While several nations around the world are listed on the WSO’s website as campaign supporters and are actively participating in the campaign, Canada is not among those. Rigney said that needs to change.

“We aren’t on the country events [list], so we thought we’d start right here,” she said.

There are no scheduled events this year, but that could change. Rigney is looking to work with the community to establish some kind of recognition around World Stroke Day. For now, she will continue to run the support group and hope others in the community who have suffered from a stroke, or who are caregivers, decide to drop in.

“We get them back into the community with whatever disability they’re having,” she said. “It’s a social gathering, an outing. I hope they take the educational part home with them.”

The Haliburton Highlands Stroke Support Group meets on the third Thursday of every month, from 10 a.m. until noon, at the Fireside Lounge at Hyland Crest. For more information, contact Rigney at 705-286-1765.

8th Annual

Haliburton International Film Festival

November 7 – 9 2014



CHEF

USA – English - Rated R - 114 min
Friday, November 7 at 6:30PM

Written by, directed by, produced by and starring Jon Favreau – Chef features an all-star cast including Sofia Vergara, Scarlett Johansson, John Leguizamo, Bobby Cannavale, Dustin Hoffman, Oliver Platt, Robert Downey Jr. and young actor Emjay Anthony. When Chef Carl Casper (Jon Favreau) suddenly quits his job at a prominent Los Angeles restaurant after refusing to compromise his creative integrity for its controlling owner (Dustin Hoffman), he is left to figure out what's next. Finding himself in Miami, he teams up with his ex-wife (Sofia Vergara), his friend (John Leguizamo) and his son (Emjay Anthony) to launch a food truck. Taking to the road, Chef Carl goes back to his roots to reignite his passion for the kitchen -- and zest for life and love.



THE LUNCHBOX

India - Hindi with English subtitles – Rating PG - 104 min
Friday, November 7 at 9PM

Irrfan Khan (Life of Pi, Slumdog Millionaire) stars alongside the radiant Nimrat Kaur in Ritesh Batra's delightful feature debut, in which a mistaken lunchbox delivery paves the way for an unlikely romance. In Mumbai, home to over 18 million people, more than 5,000 famously efficient dabbawallas — lunchbox couriers — navigate chaotic streets to deliver lunches, lovingly prepared by housewives, to working men across the city. Ila (Kaur) is a housewife living in a middle-class neighbourhood with a husband who ignores her. Saajan (Khan) is a beaten down widower about to retire from his number-crunching job. After Ila realizes that Saajan is receiving the meals meant for her husband, the two begin sending each other letters through the lunchbox. What starts as an innocent exchange about Ila's cooking gently develops into something more.



WADJDA

Saudi Arabia/Germany - Arabic with English subtitles - Rating PG - 98 min
Saturday, November 8 at 10AM

Saudi Arabia's first-ever submission for the Best Foreign Language Film Academy Award, Haifaa Al-Mansour's Wadjda - which is not only the country's first film by a female director, but one of the first features ever shot in Saudi Arabia - is a deceptively simple story about a determined 10-year-old girl who dreams of owning a bicycle, and is willing to do just about anything to obtain it. However, Wadjda's mother (Reem Abdullah), fearing repercussions from a society that sees bicycles as dangerous to a girl's virtue, forbids her. Undeterred, Wadjda decides to try and raise the required 800 riyals herself by entering a Qur'an contest at her school that offers a cash prize.

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November 7–9.2014

**LIKE FATHER, LIKE SON**

Japan - Japanese with English subtitles - Not Rated - 121 min
Saturday, November 8 at 1PM

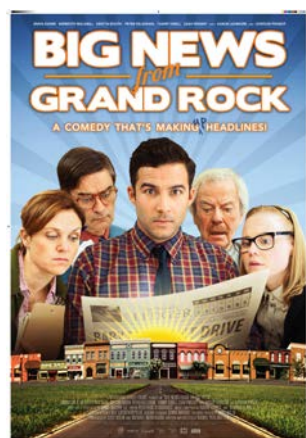
This poignant 2013 drama from acclaimed Japanese director Hirokazu Kore-Eda tells the heart wrenching story of two sets of parents whose worlds are turned upside down when they learn that their six-year-old sons were switched at birth. Like the work of a seasoned symphony conductor, Kore-Eda's direction is at once gentle and powerful, favouring small, tender moments over a single dramatic incident. Japanese pop star Fukuyama delivers a moving performance as the reserved Ryota, whose soul searching about what it means to be a father lies at the heart of the film. Although framed in a Japanese cultural context, the questions Kore-Eda poses around parenthood and "nature versus nurture" are universal. Like Father, Like Son reminds us that any definition of family needs to be constructed around unconditional love, first and foremost.

**TRACKS**

Australia - English - Rating PG 13 - 112 min
Saturday, November 8 at 3:30PM

In 1977, a twenty-seven-year-old Australian woman named Robyn Davidson set out from Alice Springs to walk 2,700 kilometres of harsh desert to the Indian Ocean. Accompanied only by her dog and four camels, Davidson yearned for a solitary journey of self-discovery, and had no ambition other than to reach the ocean. She ultimately wrote about her desert adventure in her 1980 book Tracks, which became a cult favourite around the world and has now been beautifully adapted for the big screen by director John Curran (The Painted Veil, We Don't Live Here Anymore).

As adapted by Marion Nelson, Tracks captures two arduous journeys: Robyn making her way slowly through the outback, and her (arguably more perilous) inner search. The motivation behind her decision to test her limits, and the reasons for her preference for animals over people, are subtly revealed during the chronicle of the arduous crossing. Curran casts the harsh, red-baked land as much more than just Robyn's antagonist.

**BIG NEWS FROM GRAND ROCK**

Canada - English - Not Rated - 87 min
Saturday, November 8 at 7:30PM

Big News from Grand Rock is the story of Leonard Crane, the editor of a small town newspaper facing bankruptcy. In an attempt to attract advertisers and readership, Leonard begins inventing stories based on old movies. The plan pays off until one of the stories attracts the attention of Lucy, an ambitious reporter from the big city. She exposes Leonard's hoax. But then ... Leonard discovers that one of his stories may be true. With a great scoop but no one to believe him, Leonard and Lucy must team up to try to save the town, the newspaper and his reputation.

Big News from Grand Rock is a fun Canadian comedy about small town life that the good people of Haliburton and Minden are sure to relate to. Filmed in the town of Midland. Winner of 2009 Telefilm Pitch This! contest at TIFF, juried by Ivan Reitman and others. Special Guest to talk about the movie.

**THE GREAT BEAUTY**

Italy/France - Italian with English subtitles - Not Rated - 142 min
Sunday, November 9 at 10AM

Winner of the 2014 Oscar for Best Foreign Language Film, The Great Beauty is both a comedy and a drama beautifully filmed throughout. Director/writer Paolo Sorrentino's subject extends well beyond the crisis his sixty-five-year-old protagonist is undergoing, for The Great Beauty is determined to look into the very soul of Italy. Concentrating on world-weary journalist Jep Gambardella as his cipher and muse, Sorrentino scrapes away the veneer of this character to explore his disappointments, not just as a failed novelist who never married and has no children, but also as a man who has surrendered to cynicism. As Sorrentino's camera moves through a nocturnal Rome, after the parties and the conversations are over, it settles on the timeless beauty of the city's monuments and statues, which act as wordless reminders of a different kind of past. The Great Beauty is a grand indictment of a man, and a society, that has lost its way.

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Highlander sports

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Photo by Mark Arike

Connor Marsden chases down the ball to gain possession for the Red Hawks. Marsden scored one goal in the first half to tie up the game.

Hawks look to reclaim Kawartha title

By Mark Arike
Staff writer

The Holy Cross Catholic Secondary School Hurricanes managed to put an end to the Red Hawks Varsity A field hockey team’s shutout streak in the final home game of the season, but it just wasn’t enough to disrupt their winning ways.

With a 2-1 victory over their opponents, the Hawks’ undefeated record stands at 7-1-0. The team will head to the Kawartha District Varsity championship on Oct. 27 in Peterborough.

Despite the home advantage, the Hawks got off to a slow start and were unable to score any goals in the first half.

“They had so many opportunities in the first half,” said coach Caley Sisson. “They had 12 short corners, but they just didn’t capitalize on any of them.”

In field hockey, a short corner, or penalty corner, offers a scoring chance as it gives the offensive team the opportunity to attack with twice as many players as the defensive team.

The Hurricanes netted their first and only goal of the game just minutes before the end of the first half. That led to a complete

turnaround in the second half, with Connor Marsden of the Hawks tying it up, followed by a second goal from Alicia McLean for the victory.

“In the second half it changed immensely because that was the first goal they’ve had against this season,” said Sisson, adding that her players turned up the intensity.

“They definitely brought their A-game and they were getting the shots off that they needed on net.”

She said the midfielders were pushing the ball in the circle while the forwards were capitalizing on those opportunities.

Overall, Sisson is happy with the team’s performance this season and is looking forward to what’s next.

“They’ve played really hard, and I think they’ve really come together well as a team,” she said. “We obviously have high hopes and are setting the bar high for Kawarthas – they want to earn back their title from last year.”

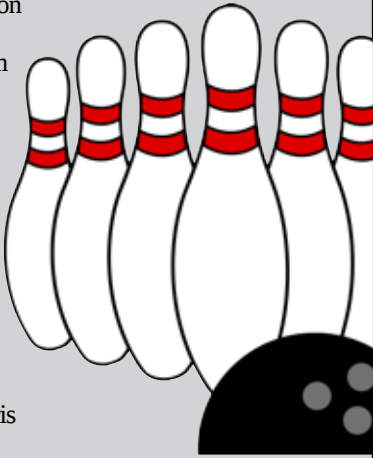
The top three teams from the Kawartha championship will advance to COSSA on Oct. 30. The top team from there will go to OFSAA the following week.

Fast Lane Bowling Scores

Monday night, Oct. 13 Men High average: Rick West – 220 High single: Norm Goldenberg – 240 High single handicap: Gord Pitcher – 257 High triple: Rick West – 650 High triple handicap: Bob Park – 743	High triple handicap: Cathy Snell – 804	High single handicap: Rae Shephard – 272 High triple: Chris Cote – 582 High triple handicap: Barb Milligan – 704
Women High average: Cathy Snell – 226 High single: Cathy Snell – 333 High single handicap: Cathy Snell – 339 High triple: Cathy Snell – 786	Tuesday afternoon, Oct. 14 Men High average: Ken Thompson – 205 High single: Claude Cote – 264 High single handicap: Bill Fry – 292 High triple: Claude Cote – 691 High triple handicap: Claude Cote – 716	Wednesday Special Olympics, Oct. 8 Men Jason Cochrane – 159 Luke Shapiera – 156 Jeffery Coulson – 148
	Women High average: Chris Cote – 183 High single: Mabel Clendenning – 219	Women Sklar Pratt – 171 Dawn Piercey – 136 Buddy Plouffe – 122
	Thursday, Oct. 16 Men High average: Jim Cummings	

– 184 High single: John Bell and Gord Shirran – 208 High single handicap: Ben Dentinger – 272 High triple: Ben Dentinger – 573 High triple handicap: Ben Dentinger – 783	Friday afternoon, Oct. 17 Men High average: Ken Thompson – 208 High single: Ken Thompson – 228 High single handicap: Tom Orr – 257 High triple: Ken Thompson – 616 High triple handicap: Claude Cote – 680
Women High average: Pat Stiver – 179 High single: Helen Dentinger and Gloria Wagg – 221 High single handicap: Helen Dentinger – 285 High triple: Gloria Wagg – 582 High triple handicap: Helen Dentinger – 770	Women High average: Chris Cote – 171 High single: Chris Cote – 253 High single handicap: Chris Cote – 299

High triple: Dianne Cullen – 570
High triple handicap: Dianne Cullen – 723



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Tom Prentice & Sons Tykes

Submitted by Andrea Prentice

On Oct. 18, the Tom Prentice & Sons Tyke team had their second shutout of the exhibition season, playing against the Tyke Black team from Lindsay, with a win of 13-0. Great effort by all the players on both teams!

On Sunday, the Tykes travelled to Sterling, where a hard-fought battle was won 7-1 for the Highland Storm. Excellent team play and hard work paid off, again, this weekend. Keep up the good work Storm!

Smolen Dentistry Bantam A

Submitted by Susan Haedicke

Our team stormed to a 5-1 win against the South Muskoka Bears last Friday in Minden. The Bears got on the scoreboard early in the first period with a lucky goal. The Storm reacted quickly on a power play and tied it up, goal by Cooper, assisted by Flood and Turner, to end the first period.

More than halfway through the second period, Walker gave a nice feed to Flood creating a breakaway, which Flood sealed for the second goal. Aggressively battling for the puck along the boards, Cooper dug it out and passed it off to Flood, who found the opening with 15 seconds left in the second, making it 3-1.

Early in the third, Schmidt rushed hard through the defense, tapped it over to Turner who was open in front and he popped it in for the fourth Storm goal. The Storm kept

the pressure on with half a minute left in the game, and after some quick passes from Flood and Patterson-Smith, the puck found the stick of Manning and he placed it in, ending the game 5-1.

The Storm Bantam A team was off to Humphrey on Saturday to meet the Parry Sound Shamrocks.

It was a tight first period, both teams working hard, but the Storm took the lead when Flood snuck in and stole the puck in front of the net and placed it in nicely for the first goal. Next was a power play goal during the second period, pass from Dollo to Schmidt, who dangled in and snapped it high over the goalie, ending the second period 2-0. The Storm's drive continued in the third with Manning's quick eye, redirecting a hard shot from Ryan Prentice for a goal. On another power play, Cooper showed off his skill, moving smoothly through the Shamrock's defense for an unassisted goal. With a few seconds on the clock, Cooper made a quick pass to Jacob Haedicke, which he fired off in the top corner and ended the game with another 5-1 win for the Storm Bantam A team.

Joanne Sharpley's Source for Sports Atom AE

Submitted by Ron Hall

On Oct. 16 the South Muskoka Bears came to Haliburton to play the Atom AE's. South

Muskoka went ahead first but the Storm tied it up with a goal by Kaine Brannigan assisted by Dylan Keefer. Going into the second period the Storm took control with a goal by Kyan Hall unassisted, and they scored again a minute later by Curtis Mulock assisted by Keefer.

With South Muskoka determined to fight back, the Storm goalie, Damon Harriss, kicked out every shot they had. Going into the third both teams fought hard back and forth but South Muskoka managed to get two more goals to tie it up. With time-out called and 12 seconds left the Storm regrouped for one more rush. Keefer rushed the puck with Hall beside him. He took the shot and Hall jammed the rebound in right after the buzzer, ending the game 3-3. It was a great effort by all players who never gave up.

On Friday, the Storm travelled to Huntsville for a game against the Otters. The Storm and the Otters battled hard for the first period-and-a-half but the Otters managed to get one in. Going into the third the Otters were ahead by one with the Storm trying with all they had, but the Otters managed to get in two more. The Storm lost 3-0. If stars were given, Storm goalie Damon Harris would have been given all three for his play in the game.

On Saturday the Storm headed to Lindsay to play in Ops for the Kawartha Coyotes tournament. In the first game the Storm played an A team from Douro and fell to a score of 5-0. The second game put us up against the Orono Leafs.

Orono opened the scoring and were up 3-0 when, on a rush, Evan Armstrong scored his

Highland Storm

first of the season assisted by Brody Prentice, making the score 3-1. In the second, Orono managed to get another one but the Storm did as well with a goal by Hall assisted by Keefer. No goals scored in the third made the final 4-2.

The final game put the Storm against the South Muskoka Bears. After a long day the Storm had lost all its power and the Bears went on the attack. The Bears scored first and kept pounding, scoring one in the first and three in the second. Keefer managed to jam one in on a pass from behind the net from Hall. The Bears got two more in the third but so did the Storm, with a goal by Keefer unassisted, making the final score 6-2. The Storm's next game is Oct. 25 against Oro in Gravenhurst.

Canadian Tire Novice

The Canadian Tire Novice's had a busy weekend with a home game against Bancroft on Friday night and an away game in Port Carling against Muskoka Rock on Saturday afternoon.

This weekend turned out to be quite successful for the novices, coming out with two wins and starting off the season undefeated.

What a great start to the season by all players.

The Canadian Tire Novices play again Oct. 24 in Wilberforce at 7 p.m. against the Bancroft Jets, and Oct. 26 in Haliburton at 3 p.m. against the South Muskoka Bears.

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Junior highlanders

Through my eyes Thanksgiving reflection

The sound of silence has returned to the house. Everyone has gone back to their own homes.

I love the thanksgiving holiday, the smell of the roasting turkey, baking pies and other sweet treats. My mouth waters at the very memory of our thanksgiving dinner. The turkey is sliced and placed on a platter, the steam rises off of the stuffing surrounding me with its delicious fragrance. These are the things I remember about Thanksgiving. It is a time of family and feasting. It is a time to remember what we are thankful for.

I am thankful for a roof over my head, a warm place to sleep, and good food to eat. I think about the people who are not so lucky and wonder if they can find reasons to be thankful. I am thankful for a job when so many people are unemployed. I am thankful for my family, my friends, my readers, and so many other things.

The only question I have to ask this thanksgiving, is why are we only openly thankful for these things during this time? Why do we never share with our families how much we care and how grateful we are that they can share in our life experiences and our hardships? Are we so busy that we can't take the time to tell each of our loved ones how fortunate we are to have them in our lives all the time?

We should remember to be grateful for the things that we have and not complain about

what we don't have. I believe we should be thankful all the time. When I got into my lawnmower accident I was thankful when I could walk again, it was liberating to not be waited on so much. I am thankful for good health.

The only reason I didn't get this column out to the public sooner is voting was upon us and, having that finally squared away, I decided that a column on thanksgiving should be my next priority. Last week I suppose that my column would have been lost in all the other thanksgiving articles, but now it will serve as a reflection. Sometimes that's what we do; we forget to say or do things in the present and then we have regret when we no longer have the opportunity and words are left unspoken.

So in looking back at this past Thanksgiving and to celebrations before, I realize that each new day presents us with numerous reasons to be thankful. I am reminded to be positive and find the good in everything. I am glad we have this wonderful holiday to spend time together, enjoy food and laughter, reminisce about past reunions and make plans for future gatherings. However, most importantly I hope that we can remember to be thankful for each and every day.



By Austin McGillion



Photo by Mark Arike

Linda A. Carson, left, brings up a couple of young audience members to help her find the "wild things."

Audience goes for a wild ride

By Mark Arike
Staff writer

Things got a little wild at the first show to kick off the 2014-15 Razzamataz season.

Based on the 1963 children's story by Maurice Sendak, "Where the Wild Things Are" took children and their families on a magical journey at YMCA Camp Wanakita in Haliburton on Oct. 19.

The award-winning, internationally

acclaimed production follows a character named Max (Raes Calvert) and his adventures in a make-believe world. Throughout it all, the audience was encouraged to become part of the wild rumpus as he strived to overcome his fears and become King of the Wild Things.

The production was directed by Kim Selody and presented by Presentation House Theatre out of British Columbia.

For information about upcoming performances visit www.razzamataz.ca.



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*IN THIS ADVERTISEMENT (THE HIGHLANDER REAL ESTATE GUIDE ISSUE 18, PG. 13), PRICES AND A PHOTO WERE INCORRECT. THE HIGHLANDER REGRETS THIS ERROR.

Highlander outdoors



Photo by Matthew Desrosiers

Reg Wales, retired military, takes aim at his target 400 metres away during the third annual Argyll Cup.

Peel Tactical Team takes Argyll Cup

By Matthew Desrosiers
Editor

Ten sniper teams gathered at the MilCun Training Center to test their skills against the best in the province.

On Oct. 16, the Operational Shooters Association (OSA) hosted the third annual Argyll Cup, a sniper competition for military and police shooters. The contest is also open to civilian OSA members.

Linda Miller, chief executive officer and coaching specialist at the MilCun Training Center, said the teams competed in 10 challenges from intelligence reporting to long-range shooting. The faster teams completed the course in just over two hours, while the slower teams took almost four hours.

"We put a lot of care in place to organize an event that is a challenge to tactical teams, whether they're local, regional, or provincial [police], RCMP, we want it to test their skills fairly," Miller said. "And it does."

The RCMP team won the first two Argyll Cups, however they were unable to attend this year to defend their championship.

"They were upset not to be there to defend their title," Miller said. "It's the highlight of their training year. It's a serious event from their point of view."

Three teams from the Peel Regional Police

force competed in this year's tournament.

Peel Tactical Team 1 claimed the Argyll Cup this year, defeating the second place team by almost 10 points.

"One guy on that team has participated all three years," said Miller.

Of all the challenges on the course, Miller's favourite is the fire and movement. Teams must shoot at 600 metres, then run to the next distance and shoot again, all the way down to 300 metres.

"At 600 metres, there's plenty of time for five shots," she said. "You take your time and make them accurate, watch the wind, and take great care."

At 500 metres, teams must hit a 'snap' target, which is exposed for only three seconds. In that time, they need to identify the target, aim, and fire. The 400 metre shot is on a moving target.

"That's a big challenge for a lot of people," she said. "You really need to get good at this if you're at all serious at being that type of sniper."

The last shot is at 300 metres and is also a snap target. However, this time the shooters need to identify and hit a high priority target which they were shown at the beginning of the course.

"One of those [targets] is a bad guy and much earlier they were shown a picture of the bad guy, and have to find him, identify

him and shoot him as they would in most operations. The people who go overseas, mounties, OPP would have to do that. And of course, any cop anywhere would have to be able to identify their target."

The timings on shooting were generous, Miller said, to be fair to both police and military. If the competition were just open to military, she said the timings would be a lot faster because of the difference in how the two forces train.

"Police don't train the same way as military," she said. "Police snipers typically don't run and shoot. They might be expected to run up a flight of stairs and get in position and be ready for a shot, but military is far more likely to have to run, plop down, and shoot."

Other stations included land navigation, water crossing, long-distance shooting, field firing, observation, range estimation, and a written exam.

In stark contrast to the Argyll Cup, two days later the MilCun ranges were full of novice women shooters as the OSA hosted its annual Women's Day.

"It was as close to perfect as you could ever hope for," Miller said. "[We received] rave reviews from all the girls. A lot of them come because they're scared and want to address their fears. That's how we approach it."

One woman who attended the course is

married to a salesman who deals with firearm accessories. Their son is looking to get into shooting, so she wanted to become familiar with firearms and be educated. In total, 51 women took to the range to fire AR-type rifles and handguns.

"I chose those two particular firearms because they're the ones with the biggest fear factor," she said. "[We want to] dispel fears, take a plunge and do it right."

Miller said because the AR-rifle looks military, and how it is presented in media, it can be scary. However, the girls find out they do exactly the same thing as the other guns, she said.

"AR-rifles teach how a self-loading firearm works while you've got one on the ground, stable, and easy for the range officer to control for the girls that are new," she said. "A rifle is much easier to manage from a safety point of view."

Once the shooters understand that when they pull the trigger, the gun fires, cycles another round and is ready to fire again, then they can move onto pistols.

"It's a good way to do it," Miller said. "They get it, then. They understand. You can't ask for more than that. That's what I want. If they get through the end of the day and have a proper respect for firearms and confidence in their ability to deal with firearms properly, then mission accomplished."

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EVENTS

AGM NOTICE

Minden & District Horticultural Society
Annual General Meeting
November 4, 2014
7:00 pm

Minden Community Centre
55 Parkside St.

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NOTICES

NOTICE TO TRADES

Project: MNR Haliburton – New Aviation Forest Fire and Emergency
Services Facility

Bid documents for the MNR Haliburton – New Aviation Forest Fire and
Emergency Services Facility have been distributed to pre-qualified
General Contractors. Interested sub-trades are invited to contact the
Project Manager to obtain a list of pre-qualified bidders:

Leah Rossini
MHPM Project Managers Inc.
705-675-6476 ext. 235
Leah.rossini@mhpm.com

OBITUARIES

In Loving Memory of Keith Alexander Hill

Passed away suddenly at the Haliburton Hospital on Monday, October 20, 2014 at the age of 86.

Beloved husband of Mildred. Dear father of Steven (Wendy Porter), Jon (Susan), Kathy Sweeney (Paul Dillon) and predeceased by his sons Andrew and Daniel. Loving grandfather of Amanda (Darren), Mike (Carla), Gwen (Reuben), Andrew and great grandfather of Cooper, Nathan, Makenna, Liam and Riley. Dear brother of the late John, Lois and Betty. Brother-in-law to Shirley and Norman. Fondly remembered by Jean Neville and by his many nieces, nephews, family and friends.

Friends are invited to visit the family at the Gordon A. Monk Funeral Home Ltd., 127 Bobcaygeon Rd., P.O. Box 427, Minden on Friday, October 24, 2014 from 12:00 pm until the time of the Service to Celebrate Keith's Life at 1:00 pm. Reception to follow in the Monk-Cray Family Centre at the funeral home. Cremation has taken place. A Private Family Interment will be held at the Ingoldsby Pioneer Cemetery at a later date.

Memorial Donations to the Lochlin United Church or to the
Haliburton Highlands Health Services Foundation (HHHSF) would
be appreciated by the family.

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Highlander classifieds

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EVENTS

PARKINSON'S DISEASE SUPPORT GROUP Meets 2nd Wednesday of the month. 1:30-3:30 pm. Haliburton Highlands Family Health Team education room. October 8, November 12; December 10. Call Dave Graham 705-457-1296 (TFN)

ALCOHOLICS ANONYMOUS - we care Meetings: Thursdays 12:00 - 1:00 pm, Sundays 10:30 - 11:30 am. St. Anthony's 27 Victoria Street, Haliburton. All welcome. 705-324-9900. (TFN)

NARCOTICS ANONYMOUS (NA) - every Wednesday, 7:00 - 8:00 pm in the Boardroom at the Haliburton Hospital. (TFN)

THANK YOU



During this season of both Thanksgiving and Clergy Appreciation Month, the Highlands Community Pregnancy Care Centre would like to express our gratitude to our local pastors for their support and dedication to the spiritual well-being of our community and county.

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Highlander classifieds



For Immediate Release
Minden, ON. Tuesday October 21, 2014
10:30 am
Release #14-13

SUBJECT: 2014 Municipal Election – Internet/Telephone/Paper Ballot Voting

Some voters have reported connectivity and speed issues with the internet voting. Most connectivity problems are resolved when voters use the **ADDRESS BAR** on their computer. Voters can use the **F6 key** to highlight the address bar on their computer screen. Voters should ensure the **ADDRESS BAR IS COMPLETELY BLANK** before entering www.mindenhills.isivote.com into the address bar to access the system to cast their vote.

If voters do not have access to high speed, they will require extreme patience, or are encouraged to come in and use the Revision/Help Centre computer or may opt to use telephone voting or cast a paper ballot on Monday, October 27th at the Community Centre, 55 Parkside Street, Minden.

The Revision/Help Centre, 2nd floor, 7 Milne Street, Minden is open and pleased to assist voters Monday to Friday, 8:30 a.m. to 4:30 p.m. and Saturday October 25th in the Council Chambers, 7 Milne Street, Minden from 10:00 a.m. to 6:00 p.m. or by calling 705-286-1260 x 215 or toll free at 1-844-277-1260.

Have Your Say – Vote Your Way!

-30-

Contact Information:
Cheryl McCarroll, Interim Clerk/Returning Officer
Township of Minden Hills
PO Box 359, 7 Milne Street
Minden, ON K0M 2K0
cmccarroll@mindenhills.ca

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The Cottage Kit contains everything a person or family renting a cottage needs in order to manage their garbage and recycling for a week—recycling and landfill info, recycling & garbage bags, plus a **one-time Landfill Pass** that eliminates the need for a landfill card. No more having to back-track to the cottage to leave the landfill card for the next renters. That means more time to enjoy the cottage!

Available for purchase — \$3 each or ten for \$25 — at the following locations:

 Township of Minden Hills Municipal office & landfill sites 705-286-1260 www.mindenhills.ca	 Municipality of Dysart et al Municipal office & landfill sites 705-457-1740 www.dysartetal.ca
 Municipality of Highlands East Municipal offices 613-339-2442 www.highlandseast.ca	 Township of Algonquin Highlands Municipal offices & landfill sites 705-489-2379 www.algonquinhighlands.ca

Space provided through a partnership between industry and Ontario municipalities to support waste diversion programs.



2014 E-lection
www.mindenhills.ca
1-844-277-1260
1-705-286-1260 ext 215



Voting Day
Oct 27, 2014



Internet/Telephone/Paper Ballot



Minden Community Centre
55 Parkside Street
10 am to 8 pm



Don't forget to bring your Voter Information Letter

Have Your Say – Vote Your Way

ELECTION 2014

HighlanderTV

ELECTION NIGHT LIVESTREAM

MONDAY, OCTOBER 27, 7-9PM

Tune in to HighlanderOnline.ca for live election results



Highlander events



Photo by Matthew Desrosiers

Tracy Evans looks over some jewellery by CLS Creations.

Getting crafty in Gooderham

By Matthew Desrosiers
Editor

The Gooderham Action Group decided to host their annual Christmas craft sale early this year, and the results were positive.

Group member Bonnie Ryall said the turnout was good on Oct. 18 at the Robert

McCausland Centre in Gooderham, and that the vendors did well. The vendors paid \$10 for a table and were able to sell their creations which ranged from knitted goods and jewellery to floral arrangements.

Patrons paid \$5 for a chili lunch prepared by the action group. The Oct. 18 sale replaces the usual November sale held in Gooderham.



Photo by Mark Arike

Left to right: Sally Hunter, Jennifer Button and Jennifer Mykolyshyn in Laundry and Bourbon.

Dinner theatre serves up loads of laughs

By Mark Arike
Staff writer

Mature audiences had a hard time holding back their laughter during the Highlands Little Theatre's (HLT) recent performances at the Dominion Hotel.

Three evenings (Oct. 16-18) of dinner theatre featured two, one-act plays including James McLure's Laundry and Bourbon, and Peter Parnell's Scooter Thomas Makes It to the Top of the World.

With 35 patrons in attendance on Friday night and 52 for the closing performances, director David McGill was pleased with the end result.

"It got progressively better every night, as did the shows," he said.

McGill expressed thanks on behalf of the HLT to Shawn Chamberlin, owner of the Dominion Hotel.

"They were a great partner," he said.

Laundry and Bourbon starred Jennifer Mykolyshyn, Jennifer Button and Sally Hunter, while McGill and Lucas Mayhew were under the spotlight in Scooter Thomas Makes It to the Top of the World.

McGill and Mayhew will travel to Kingston next month to perform the black comedy at the Eastern Ontario Drama League's festival.





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What's on



Friends of the Haliburton County Public Library



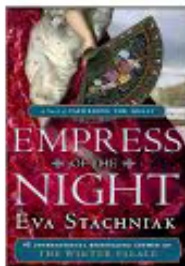
9TH ANNUAL BOOK GALA & SILENT AUCTION

presenting

EVA STACHNIAK



author of



DATE: Sunday, November 2, 2013

PLACE: Pinestone Resort

TIME: 1:00 Silent Auction and Refreshments
2:00 Author Presentation

PRICE: \$20.00

Tickets may be purchased at Master's Book Store in Haliburton, The Book Nook at the Minden Hills branch library on the 1st and 3rd Thursdays-12:00-4:00 pm or contact Brenda at 705 457-2695

or email: folhaliburtoncounty@gmail.com

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DATE: Sunday, October 26th

TIME: 3:00pm, Doors Open at 2:30pm

Ages 4 - 8. Must be accompanied by an adult.

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What's on

TIFF program connects communities with films

By Mark Arike
Staff writer

Since 2006, Film Circuit has been a partner of Those Other Movies, a not-for-profit organization that brings Canadian-made and international films to audiences in the Highlands.

Through this partnership, Those Other Movies has been able to screen a number of films at their biggest event of the year known as the Haliburton International Film Festival (HIFF).

Founded in 1989, Film Circuit is the Toronto International Film Festival's (TIFF) film outreach program. Film Circuit has established partnerships with groups such as HIFF in about 180 communities across Canada to reach over 350,000 film fans annually at over 2,000 screenings.

"We sort of facilitate the screenings of the films, but it's the communities on the ground that we rely on to actually promote the films and support the events themselves," said Film Circuit manager Meaghan Brander.

Former Film Circuit director Cam Haynes founded the program in Sudbury.

"He got a few communities in his area on-board who were also interested in screening the same films," recalled Brander. "So distributors would let them have a print for two or three weeks at a time."

According to their website, Film Circuit arranges print traffic, provides development support, researches and prepares film titles and availability lists, offers programming consulting, books guests, and ensures cross-Film Circuit communication.

Some of the films are first screened at TIFF before making the rounds in other communities, while others are not.

"A film doesn't have to be screened at TIFF to be a film that we'll recommend or put forward to a community," she said, adding that Film Circuit's mandate is to bring films to communities that otherwise wouldn't have the opportunity to see them in a theatrical environment.

The films are chosen by Brander's team following discussions with host communities. Since each community is unique and has their own audiences, each needs to be considered differently.

"What works for a community in northern Alberta isn't necessarily the same sort of film that's going to work in southern Ontario," she said.

If a film is shot in a certain location or features cast members from a particular area, consideration will be given to

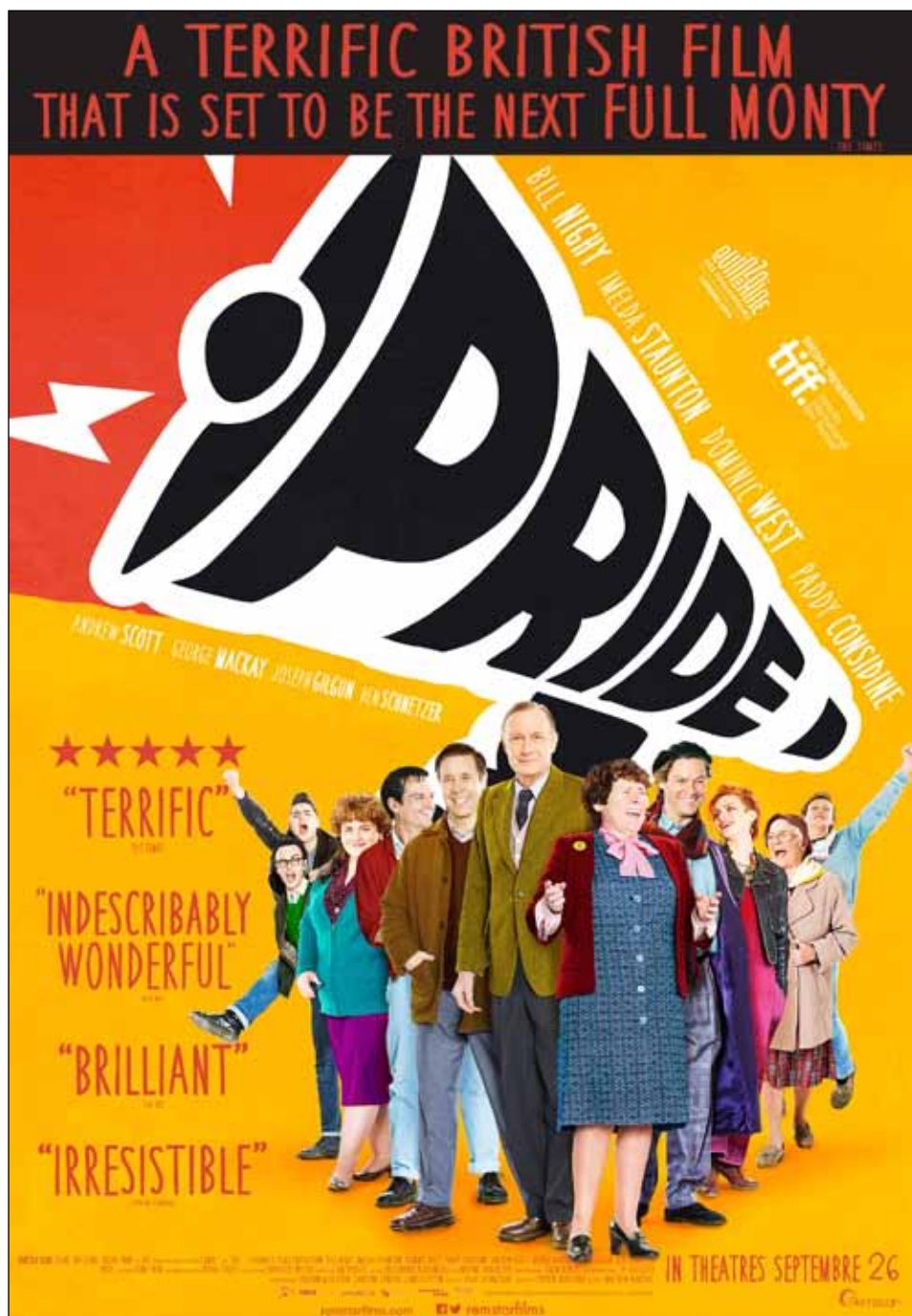


Photo submitted by Film Circuit.

Pride is a British film that will be shown by Those Other Movies on Dec. 11.

bringing in guest speakers to the local screening.

A majority of Film Circuit's operating budget is funded by government grants. However, a small fee is charged to communities for the service.

"It ends up being a small percentage based on the community's box office. In addition to that, the community pays a distributor fee for the films their screening if they are renting a theatre."

In an email to The Highlander, Marci Mandel of HIFF said the partnership with Film Circuit has been working well.

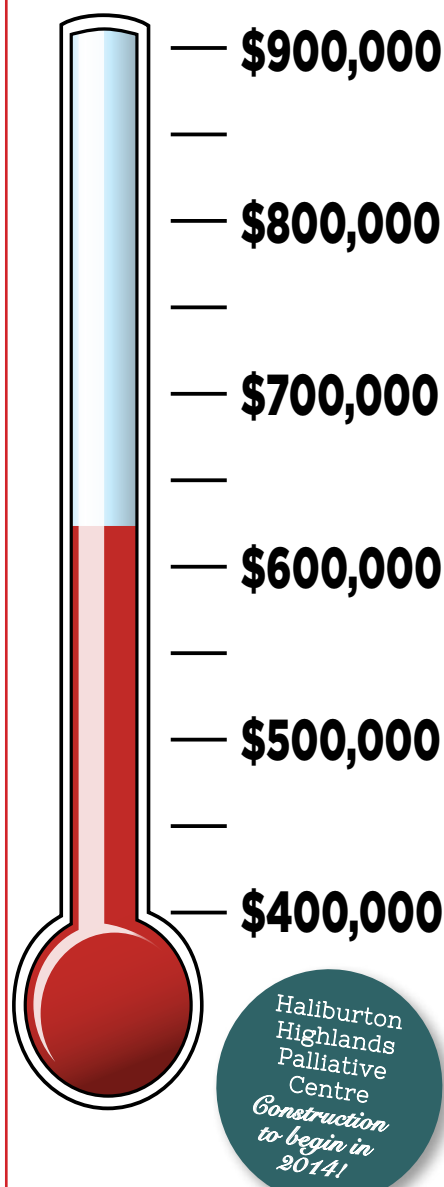
"Film Circuit groups have faithful audiences who buy passes not even knowing what the films will be. A trust develops all around," wrote Mandel. "We don't always get a chance to see the films before we show them, so [we] rely on [Film Circuit] reps to advise us what other groups like."

HIFF runs from Nov. 7-9 at the Northern Lights Performing Arts Pavilion with seven films in the lineup.

For more information visit haliburton-movies.com, or call 705-286-3656 or 705-286-4179.



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Palliative Centre



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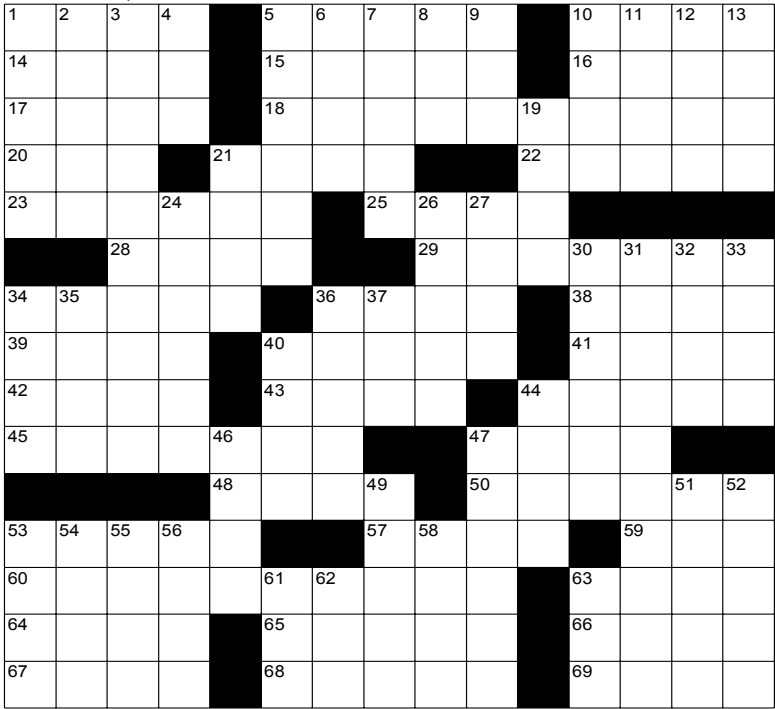
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Events calendar

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- ACROSS**
1. Uttered
5. More positive
10. Amino ____
14. TV award
15. Treasure ____
16. Pine ____
17. Brood
18. Uncertain
20. Rage
21. Or ____!
22. Spanish gentleman
23. Peaceful
25. Unwritten
28. Soap bubbles
29. Perform surgery
34. Aromas
36. Gentle
38. Mimic
39. Casino game
40. Copier's need
41. Read a bar code
42. Harvest
43. Unfasten
44. Bridle straps
45. Abundant
47. Solid ground
48. Drive out
50. Verify
53. Tenant's document
57. Devours
59. SSW's opp.
60. Superiority
63. Headliner
64. Moniker
65. Desert stops
66. Merit
67. Future sign
68. Hotel customer
69. Pub orders
- DOWN**
1. Truckers' vehicles
2. Love (Ital.)
3. Not relating to individuals
4. Colorant
5. Actress Julia ____
6. Coffeepots
7. Cowboys' contest
8. First woman
9. TKO caller
10. Teen's woe
11. Dime or penny
12. Division word
13. Bambi, for one
19. ____ of Capri
21. Concludes
24. Germany's continent
26. Juliet's beloved
27. One who mimics
30. Take offense at
31. Happening by chance
32. Better late ____ never
33. Long periods
34. Gumbo veggie
35. Not shallow
36. Stage awards
37. Additionally
40. Dancer's skirt
44. Squealers
46. Christmas word
47. Newest
49. High-strung
51. Type of drum
52. Coastal birds
53. Letterman's rival
54. Midterm, e.g.
55. Pinnacle
56. Witnessed
58. Experts
61. Pilot's diary
62. ____ de toilette
63. Ocean

OCTOBER 2014 EVENTS

THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball , J.D. Hodgson Elementary School, 7-9:30 p.m., 705-457-9808 on Thursdays	Minden Hills family Halloween party , 7-9 p.m. at the community centre. Games, snacks, and prizes. Contest for best individual and family costume, \$1.	Terror on Wonderland Road , Halloween haunt and food drive, 1280 Wonderland Road Show starts at 4 p.m. and goes until the last man is standing. Canadian Blues Legends presents Harpdog Brown at the Dominion Hotel, 8:30 p.m.	Haliburton Legion Auxiliary breakfast , 9:30 a.m. to 1 p.m. Friendship Force Haliburton info session , A new way to tavel, 2:30 p.m. at Haliburton Curling Club

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Minden AI-Anon Family Group , meet every Monday at 8 p.m., Hyland Crest 6 McPherson St, Minden Table Tennis Club , 5:30-7:30 p.m. at the Minden Community Centre on Mondays Painting time with Harvey Walker , 7-9 p.m., Agnes Jamieson Gallery, \$5	Need to Know - Emergency Preparedness . 10 a.m. at Highland Crest Auditorium, 2:30 p.m. at the Wilberforce Legion Haliburton Highlands handweavers and spinniers open studios , every Tuesday 1-4 p.m., Zion United Church	Table Tennis Club , 1-4 p.m. at the Minden Community Centre, Wednesdays Club 35 ballroom and salsa dance classes , 4-8 p.m., 705-766-9968 on Wednesdays	Pickleball , J.D. Hodgson Elementary School, 7-9:30 p.m., 705-457-9808 on Thursdays

FRIDAY	SATURDAY	SUNDAY	MONDAY
HALLOWEEN Terror on Wonderland Road , Halloween haunt and food drive, 1280 Wonderland Road, bring a non-perishable food item. Show starts at 4 p.m. and goes until the last man is standing.		Friends of the Haliburton County Public Library annual gala and auction , Nov. 2, 1 p.m. at Pinestone	

WHAT'S GOING ON AT YOUR LEGION OCT 23 - OCT 29, 2014

Haliburton Branch	Minden Branch	Wilberforce Branch
General meeting, 2nd Thursday, 7:30 p.m. Ladies Auxiliary, last Thursday, 1 p.m. Meat draw, Friday, 4:30-6:30 p.m. \$2/draw. 50/50 draw, Saturday, 4 p.m. Breakfast, 2nd and 4th Sunday, 9:30-1 p.m. Bridge, Monday 1 p.m. Bid Euchre, Wednesday, 1 p.m. Bingo \$500 jackpot, \$1,000 jackpot on last Wednesday of the month Gord Kidd and Friends, Oct. 18 4-7 p.m.	Lunch menu, Monday – Friday, 12-2 p.m. Seniors "B-d" Euchre, Tuesday, 1 p.m. Meat Draw, Wednesday, lunchtime. Creative Crew, Thursday, 10 a.m. Ladies darts, Thursday, 1 p.m. Euchre, Thursday, 7:30 p.m. Fish/Wings & Chips, Friday, 5-7 p.m. Mixed darts, Friday, 7:30 p.m. Sports Fan Day, Sunday, 12-4 p.m.	Pool, Friday, 1:30 p.m. Community Care 55+ lunch, Friday, call Gwen 705-448-2106 Jam session, Friday, 7:30 p.m. Everyone welcome! Meat draw, Saturday, 2 p.m. Halloween Dance, Saturday 9 p.m. to close. Sunday breakfast cancelled Bid euchre, Monday, 7 p.m. Fun darts, Wednesday, 7:30 p.m.

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