

**TRUEHOPE**  
MENTAL & PHYSICAL WELLBEING

# EMPowerplus™ Advanced



Daily multi-vitamin  
replacement

Clinically formulated nutritional support  
for mental and physical well-being

120

CAPSULES

Dietary supplement



TRUEHOPE EMPowerplus is a unique and safe combination of 36 nutrients designed to provide nutritional support for the central nervous system.\*

**Suggested use:** Actual dosage may vary, but we recommend starting with 2 capsules twice daily. Contact Truehope at 1.888.878.3467 to receive a dosage specific to your needs.

**Note:** Consult a physician familiar with EMPowerplus prior to use if you are taking psychotropic medication. Pregnant or lactating women and people with serious medical conditions should consult with a physician prior to use.

**Phenylketonurics:** contains phenylalanine.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Reorder online or toll-free:  
truehope.com  
1-888-TRUEHOPE (878-3467)  
Made in U.S.A.

Manufactured for:  
Truehope  
Box 1565, Fallon, NV  
89407

## Supplement facts

Serving size: 2 capsules  
Servings per container: 60

Amount per serving		% DV
Vitamin A (as retinyl palmitate)	768 IU	16
Vitamin C (as ascorbic acid)	80 mg	134
Vitamin D (as cholecalciferol)	192 IU	48
Vitamin E (as d-alpha tocopheryl succinate)	48 IU	160
Thiamin (as thiamin mononitrate)	2.4 mg	160
Riboflavin	1.8 mg	106
Niacin (as niacinamide)	12 mg	60
Vitamin B6 (as pyridoxine hydrochloride)	4.8 mg	240
Folic acid	192 µg	48
Vitamin B12 (as cyanocobalamin)	120 µg	2000
Biotin	144 µg	48
Pantothenic acid (as calcium pantothenate)	2.8 mg	29
Calcium (as chelate)	176 mg	18
Iron (as chelate)	1.8 mg	10
Phosphorus (as chelate)	112 mg	11
Iodine (from pacific kelp)	27.2 µg	18
Magnesium (as chelate)	80 mg	20
Zinc (as chelate)	6.4 mg	43
Selenium (as chelate)	27.2 µg	38
Copper (as chelate)	0.96 mg	48
Manganese (as chelate)	1.28 mg	65
Chromium (as chelate)	83.2 µg	70
Molybdenum (as chelate)	19.2 µg	27
Potassium (as chelate)	32 mg	1

**Proprietary blend** 335 mg \*\*  
[Choline bitartrate, DL-phenylalanine, vanadium chelate, citrus bioflavonoids, inositol, L-glutamine, L-methionine, boron chelate, grape seed extract, ginkgo biloba leaf, germanium sesquioxide, nickel chelate]

\*\* % Daily value (%DV) not established.

Other ingredients: gelatin, magnesium stearate, microcrystalline cellulose, glycine, citric acid, mineral wax, silicon dioxide, titanium dioxide.