Emergency Supply Kit
Use the following checklist to assemble your supply kit. Include other items as appropriate for your family.

**FOOD AND WATER**
- 7 day supply of water (1 gallon per person per day), replace every 3 months.
- 5-7 day supply of nonperishable food (for each family member), replace prior to expiration
- Manual can opener and utensils
- Camp stove with fuel or other nonelectric cooking device
- Paper or plastic plates and bowls

**SPECIAL NEEDS**
- Infant formula, baby food, diapers and other supplies
- Prescription medications (1-week supply) and copies of prescriptions
- Prescribed medical supplies, such as glucose or blood pressure monitoring devices
- Eyeglasses, contacts, contact solution, and contact case
- Items for disabled family members

**COMMUNICATION NEEDS**
- NOAA Weather radio, battery powered or hand-crank radio and extra batteries
- Copy of Family Disaster Plan and important phone numbers, important documents
- Mobile phone, extra battery, and charger for your vehicle
- Prepaid phone card
- Whistle to signal for help/light stick

**PET NEEDS**
- 7 day supply of food and water
- Leash and collar with identification and date of rabies vaccination
- Immunization records and prescription medications
- Pet carrier or wire cage
- A photo of you and your pet together in case of separation

**OTHER BASICS**
- First-aid instruction booklet
- Flashlight with fresh batteries and extra batteries
- Candles, lighter, and waterproof matches
- Multipurpose ABC fire extinguisher (self-inspect monthly)
- Replace as needed
- Masks to help filter dust
- Work gloves
- Sanitation supplies, such as moist towelettes
- Plastic sheeting and duct tape to create a shelter
- Wrench or pliers to turn off utilities
- Local maps
- Change of clothing and shoes for each individual (weather appropriate)
- Blanket or sleeping bag for each individual; consider additional bedding for cold climates
- Extra set(s) of vehicle keys
- Cash and Coins for 1-2 weeks
- Plastic garbage bags
- Chlorine bleach and instructions for disinfecting
- Emergency supplies for your vehicle
- Fuel vehicles and generators

**FIRST AID**
- Waterless hand cleaner
- Rubbing alcohol
- Antibiotic ointment
- Hydrocortisone cream
- Adhesive bandages in assorted sizes
- Eyewash solution
- Pain relievers for adults and children
- Sterile dressings
- Oral thermometer (non-mercury, non-glass)
- Insect repellant and sunscreen
- Hygiene products, such as soap and toothpaste
- Tweezers
- Petroleum Jelly or other lubricant
- Medical gloves
IMPORTANT DOCUMENTS

Make sure you are able to access your family's important personal documents in the event of an emergency. Be sure to keep them stored in a secure location.

- ATM Debit Card/Credit Card Information and Bank Statements
- Written list of Important Contacts
- Proof of address (utility bill)
- Social Security Cards
- Drivers License
- Marriage Certificate
- Insurance cards and policies:
  - Medical card
  - Medical policy
  - Homeowners policy
  - Flood policy
  - Life policy
  - Vehicle insurance card
  - Vehicle policy
- Location of stored items
- Home Inventory List
  - Include:
    - Pictures
    - Receipts
    - Approx. Date of purchase and cost
    - if no receipt
- Will
  - Healthcare power of attorney
- Trust
  - Medical Directives
- Power of Attorney
  - Living Will
  - Vehicle Registration
- Pet Information
  - Shot Records
  - Veterinarian
  - Photo with owner
  - Medication
- Login and Passwords
- List of Prescription Medication
- Vaccination Records
- Passports
- Military Records
- Birth Certificates
- Marriage Certificate