How to Make a Face Mask

Follow these simple instructions to create a face mask from common household items (e.g. cotton shirt, bandana or other lightweight, breathable material). The CDC recommends everyone use a facial covering while out in public to slow the spread of the novel coronavirus (COVID-19).

1. Start with a piece of fabric approximately 20” x 20” or trim to size.

2. Fold the cloth to the middle from the bottom.

3. Fold the top edge down to the middle.

4. Repeat Steps 2 and 3.

5. Take two rubber bands or hair ties and place one on each end of the folded cloth.

6. Fold both sides to the middle.

7. Bring the mask to your face, and place the rubber bands or hair ties around your ears. Ensure the mask fits snugly and covers your nose and mouth.

CDC Video:
How to Make Your Own Face Covering