I acknowledge that I have received and understand the information presented in N-95 Respirator Use Training, based on Cal/OSHA Title 8, Section 5144. I will consult with my supervisor and/or EH&S for clarification or additional information. I have also read and understand the following:

- How to use N-95 respirator handout. (See N-95 Respirator Use Handout attached.)
- Do not wear your respirator into atmospheres containing contaminants for which your respirator is not designed to protect against.
- For example, a respirator designed to filter dust particles will not protect you against gases, vapors, or highly toxic materials.
- Choose N-95 respirators certified for use to protect against the contaminant of concern. NIOSH, the National Institute for Occupational Safety and Health of the U.S. Department of Health and Human Services, certifies respirators. A label or statement of certification should appear on the respirator or respirator packaging. It will tell you what the respirator is designed for and how much it will protect you.
- Keep track of your respirator so that you do not mistakenly use someone else’s respirator.

<table>
<thead>
<tr>
<th>Name (first and last)</th>
<th>Identification</th>
<th>Email</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Employee or Student ID</td>
<td>UC Email, if available</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Instructor: ____________________________ Location: ____________________________

Submit this form to Environmental Health & Safety (EH&S) or email training@ucr.edu.