Test
N-95 Respirator Voluntary Use
Training

Name: ___________________________ Date: ___________________________

Email address: ________________________ Campus: _______________________

Identification: ___________________________ (Campus, Medical Center, or location)

(Student or Employee ID)

Instructions: Complete this test and submit to Environmental Health & Safety or training@ucr.edu.

1. Which contaminants may N-95 respirators protect against?
   a. Asbestos
   b. Chemical Vapors
   c. Fine particulates
   d. Oxygen deficient atmospheres
   e.

2. To properly put on an N-95 respirator, you should:
   1. read instructions and wash your hands;
   2. place the respirator on your nose, mouth, and chin;
   3. place straps against your head;
   4. adjust the fit along your nose, and ________________.
      a. Enter the area of concern
      b. Seal check to test for leaks
      c. Loosen respirator straps
      d. Wash your hands

3. What should you do to properly use and maintain your voluntary use respirator? Circle all that apply.
   a. Check respirator or packaging for a certification statement or label
   b. Share respirator with coworkers who may need one
   c. Read and follow the manufacturer’s instructions
   d. Wash and reuse respirators when they become dirty
   e. Store your respirator properly to avoid it from damage, contamination, or extreme temperatures.