

# UNICITY BIOS 7



Bios 7 is Unicity's premier metabolic health product for people that live in a glucose-infused world. Bios 7 inherited all the benefits of Bios Life S, plus additional ingredients that support a healthy microbiome.

Bios 7 combines the power of our newly patented fiber matrix with other important nutrients that when taken consistently and correctly, promote overall wellness and serve as daily nutritional insurance.

## BENEFITS

- Promotes the growth of beneficial intestinal bacteria to support a healthy digestive tract\*
- Encourages post-prandial blood glucose level and insulin response\*
- Helps maintain healthy cholesterol levels\*
- Supports healthy plasma cholesterol levels\*
- Promotes satiety\*
- Supports healthy blood lipid levels\*

Encourages slow digestion\*

- A natural source of soluble fiber, beta glucans, and antioxidants
- Promotes cardiovascular health\*
- Contains vitamins that provide protection from free radicals\*

May be taken at any time with or without food.

For the best results, limit your carbs and stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between.

## SUGGESTED USE

For best results take twice daily, 10 to 15 minutes before your largest meals. Mix each packet with 8oz - 10oz of water milk or comparable beverage. Mix vigorously in a shaker cup. Drink immediately.

## AUDIENCE

Primary Target: Current Bios Life customers and those looking for glucose management support.

Secondary Target: Individuals looking to maintain their overall health.

## SUPPLEMENT FACTS

Serving Size 1 Packet (7.95 g)  
Servings Per Container 60

Amount Per Packet	% Daily Value
Calories	30
<b>Total Carbohydrates</b>	<b>8 g 3%*</b>
Dietary Fiber	4 g <b>14%</b>
Vitamin A (as Beta-Carotene)	46 mcg RAE 5%
Vitamin C (as Ascorbic Acid)	38 mg 42%
Vitamin E (as d-alpha Tocopheryl Acetate)	5 mg 33%
Thiamin (as Thiamin HCl)	0.8 mg 67%
Riboflavin	0.7 mg 54%
Niacin (as Niacinamide)	10 mg 63%
Vitamin B6 (as Pyridoxine HCl)	0.8 mg 47%
Folate (as Folic Acid)	230 mcg DFE 58%
Vitamin B12 (as Cyanocobalamin)	1 mcg 42%
Biotin	29 mcg 97%
Calcium (as Calcium Carbonate)	125 mg 10%
Zinc (as Zinc Gluconate)	4 mg 36%
<b>Proprietary Fiber Blend</b>	<b>4,869 mg</b>
Fructooligosaccharides	†
Guar Gum	†
Gum Arabic	†
Locust Bean Gum	†
Citrus Pectin	†
Oat Fiber	†
<b>Proprietary Polyphenols Blend</b>	<b>373 mg</b>
Yeast (Saccharomyces cerevisiae)	†
Apple (Fruit) Extract	†
Pomegranate (Peel) Extract	†
Red Grape Extract	†

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Percent Daily Value is not established.

## OTHER INGREDIENTS

Maltodextrin, Natural & Artificial Flavors, Citric Acid, Orange Juice Powder, Stevia, Xanthan Gum.