

# UNICITY LC MAGNA



LC-Magna is a unique plant-based addition to the LC family of products that is dairy-free, soy-free, gluten-free, vegan, and is naturally colored, sweetened, and flavored. This formulation utilizes a novel pumpkin protein source—which has a complete amino acid profile in addition to containing high amounts of naturally-occurring magnesium, manganese, phytosterols, and other essential phytonutrients. LC-Magna incorporates a proprietary blend of healthy fats that work synergistically

with protein to provide sustained, long-lasting metabolic fuel for the body. All of this is accomplished in an incredible formulation that includes zero grams of sugar per serving—thus providing a rich satiety-inducing fuel source while promoting healthy blood-glucose levels. No matter what task awaits you, LC-Magna is with you every step of the way to propel your journey and support human metabolic health.

## BENEFITS

- Promotes sustained energy and satiation.\*
- Provides necessary daily amounts of essential vitamins, minerals, and amino acids.\*
- Provides high amounts of naturally-occurring magnesium, manganese, phytosterols, and other essential phytonutrients.\*
- Provides a proprietary blend of healthy fats.\*
- Promotes healthy blood-glucose levels.\*

## SUGGESTED USE

- Mix one packet (27g) with 8oz (250ml) of water, milk or comparable beverage. Mix well and enjoy.
- For even better results, stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between. Pair with Bios 7 for increased satiety.

## AUDIENCE

- Primary Target: People looking for a simple and convenient way to get their recommended daily servings of protein, vitamins, minerals, and polyphenols.
- Secondary Target: Individuals who are currently drinking morning protein shakes that may be missing other essential ingredients required for a meal replacement.

## Nutrition Facts

30 servings per container	
<b>Serving Size</b>	<b>1 packet (27g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>110</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 4g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 390mg	17%
<b>Total Carbohydrates</b> 6g	2%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 3mg	15%
Potassium 200mg	4%
Phosphorus 50mg	4%
Magnesium 100mg	25%

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS

Protein Matrix (Organic Pumpkin Seed, Cranberry Seed Protein, Chia Seed Protein), Lipid Energy Complex (Sunflower Oil, Medium Chain Triglyceride Oil), Fiber Matrix (Chicory Inulin, Apple Fiber, Beet Fiber), Natural Flavors, Annatto Color, Essential Fatty Acid Complex (Flax Seed Powder, Borage Oil, Avocado Oil) Orange Complex (Carrot Powder, Squash Powder, Orange Juice Powder, Sweet Potato Powder), Sea Salt, *Cordyceps militaris*, Potassium Citrate, Tricalcium Phosphate, Citrate, Stevia, Magnesium Oxide, Xanthan Gum.