



Liver Essentials + B Complex

The liver is an essential organ of the body. It helps to filter all of the blood, breaks down poisonous substance, such as alcohol and drugs, maintain healthy blood sugar levels, produces bile and many other vital functions.



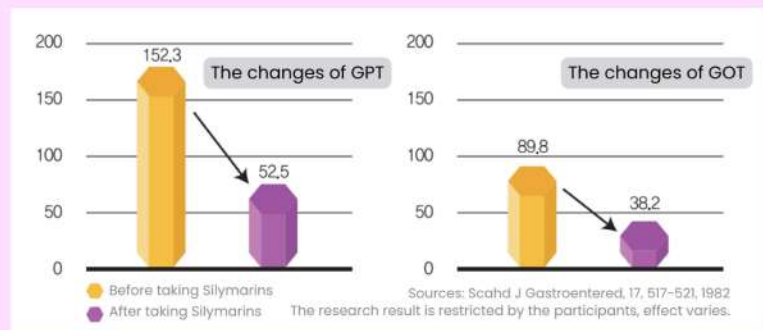
When we are consuming alcohol, the liver is responsible to metabolise 90% of the alcohol, they become ethanoic acid after many enzymatic processes, leading to the concentration of NADH increases. Alcohol facilitates esterification of the accumulated fatty acids to triglycerides, phospholipids, and cholesterol esters.

Drinking too much alcohol for a long period of time, triglycerides in the liver would be over accumulated, eventually increase the risk of diagnosing Alcoholic Fatty Liver Disease (AFLD). Non-Alcoholic Fatty Liver Disease (NAFLD) is a condition of excessive fat built in the liver, or/and high triglycerides. It is not caused by heavy alcohol use.

Features

- Contains 9.9mg of Rosavin per serving
- Contains 61.5mg of vitamin C per serving
- Contains 130mg of silymarin per serving
- 5 types of phytonutrient - Korean raisin, red beetroot, curcuma xanthorrhiza, black chokeberry, green tea
- 7 types of Vitamin B - B1, B2, Niacin, Pantoic Acid, B6, Folic Acid, B12
- 4 types of amino acids - L-cysteine, Methionine, glycine, L-glutamine

Research shows that the participants who have damaged liver, has improved their GPT/GOT ratio.
(The enzyme activities (GPT/GOT) is considered to be useful in assessing the liver abnormalities)



Use

Take three softgels once per day.
Do not recommend to take more than suggested dosage.

Ideal For

Individuals suffering stress, insomnia and fatigue
Adults who concern about liver health
People who always dine out

Ingredients



Rhodiola rosea extract - From Spain. It contains polyphenols, such as tyrosol, rhodioloside, rosavin. It can helps to increase work performance, treat fatigue, weakness, and stress relief.



Milk thistle extract - contains silymarin that stimulates liver cells, prevent toxins from absorbing, keep liver healthy. It has antioxidizing and anti-inflammatory effects.



Curcuma xanthorrhiza powder - from Indonesia. It contains xanthorrhizol, to promote toxins excretion, maintain healthy bile funtion, liver cell reproduction. As well as antioxidizing and anti-inflammatory effects.



Raisin extract powder - from Korea. Raisin leaves and roots are rich in glucose, malic acid, calcium and other beneficial substances. To help healing damaged liver cells, and protect liver from alcohol damage.

Nutrition Information

Serving Per Container : 30 Serving Size
Servings Size : 3 Capsules

Amount Per Serving

Energy	5 kcal
Protein	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Carbohydrates	<1 g
Sugars	0 g
Sodium	0 mg
Silymarin	130 mg
Rosavin	9.9 mg
Vitamin C	61.5 mg

Other ingredients: L-Cystine, L-Methionin, Curcuma xanthorrhiza powder (dextrin), Curcuma xanthorrhiza extract, MSM (From USA), Crystalline cellulose, Lactose mix powder, Korean raisin extract powder, Red beetroot extract powder, Black chokeberry extract powder, Green tea extract powder, Silicon dioxide, Magnesium stearate, Glycine, L-Glutamine, Nicotinamide, Calcium pantothenate, Pyridoxine hydrochloride, Thiamine hydrochloride, Riboflavin, Folic acid, Cyanocobalamin

This product contains milk.

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*Note: Maintaining a healthy diet and exercise regimen and getting plenty of sleep will help support a healthy immune system.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

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Frequently Asked Questions



Can Liver Essentials+B Complex reduce the side effects of sleep deprivation?

Milk thistle extract and Curcuma xanthorrhiza from Liver Essentials + B Complex can help to stimulate toxin excretion, maintain liver health and support liver functions, as well as fatigue and other side effects caused by stress.

Should children take Liver Essentials + Complex?

Liver Essentials+B Complex is formulated and recommended for adults. Consult with your eye care or health care provider regarding the consumption of Liver Essentials + B Complex for children under the age of 18.

Can I take more than the recommended dosage - 3 softgels of Liver Essentials + B Complex?

No - the recommended dosage is the good amount for supporting liver health and function. If overdosed, it can cause adverse effect and burden of liver. Please use only as directed.

Can people who are allergic to milk take Liver Essentials + B complex?

No - Liver Essentials+B Complex contains milk, therefore it is not suitable for people who are allergic to milk.

What are the symptoms of damaged liver?

When liver becomes more severely damaged, more obvious and serious symptoms can develop, such as: fatigue, loss appetite, emotional. It is suggested to change your eating habit and lifestyle, to improve liver health.

Can Liver Essentials+B Complex reduce the side effect of excessive alcohol use?

Rhodiola rosea extract, milk thistle extract and Curcuma xanthorrhiza from Liver Essentials+B Complex can help stimulate toxins excretion and heal damaged cells.