

2021 UTSW DFW Virtual Adaptive Sports Symposium/Expo

Saturday, October 2, 2021

To register for the event or for more information, scan the QR code or visit redcap.link/AdaptiveSportsExpo2021Registration



SCHEDULED TIME	TOPIC/TITLE	PRESENTERS
8:30 a.m. - 8:45 a.m.	Welcome Remarks	Stephanie Tow, M.D. Jason Smith, Ph.D. Kathleen Bell, M.D.
8:45 a.m. - 9:15 a.m.	Educational Session #1–LIFE’S RIDE: Being Bold and Resilient in Adaptive and Para Sports	Deborah McAlexander
Breakout Sessions #1-3		
<i>Select 1 session for each of the 20-minute session blocks below (for a total of 3 sessions per hour). Presenters will be showing the same material at each 20-minute block within this hour.</i>		
Choose 3 Sessions (one session for each 20-minute block)		
9:15 a.m. - 9:35 a.m. 9:35 a.m. - 9:55 a.m. 9:55 a.m. - 10:15 a.m.	• Canine Companions: Service Dogs for Individuals with Disabilities	Alexandra Walch
	• Dallas Jr. Wheelchair Mavericks Basketball: Introduction to Youth Wheelchair Basketball	Michelle Galbreath
	• Dallas United Crew: Introduction to Adaptive Rowing	Amanda Perry
	• Forrest Stump: Screening of Award-Winning Documentary Short Film <i>1500 Miles</i>	Nicole Ver Kuilen
	• Goalball: Introduction to a Paralympic and Recreational Sport for Athletes with Visual Impairment	Christy Randle Householter
	• Kid-Netic Games: Adaptive Sports and Recreation for Ages 2-21	TK McMahon
	• Para Dressage: Introduction and Q&A for “LIFE’S RIDE: Being Bold and Resilient in Adaptive and Para Sports” Presentation	Deborah McAlexander
	• Special Olympics Texas: Introduction to Special Olympics	Alex Hubbard
	• Southwest Wheelchair Athletic Association: Introduction to Para Track and Field	Paul Johnson
	• U.S. Paralympics Swimming: What Is Paralympics Swimming?	Peggy Ewald
	• USA Hockey: Introduction to Sled Hockey	Taylor Lipsett
• Wheelchair Tennis: Introduction to Playing and Coaching, Presented by the Dallas Wheelchair Tennis Club	Carlos Turic	
10:15 a.m. - 10:30 a.m.	Break	

10:30 a.m. - 11:00 a.m.	Educational Session #2 – Common Injuries and Injury Prevention for Athletes with Impairments	Lindsay Ramey Argo, M.D.
Breakout Sessions #4-6		
<i>Select 1 session for each of the 20-minute session blocks below (for a total of 3 sessions per hour). Presenters will be showing the same material at each 20-minute block within this hour.</i>		
Choose 3 Sessions (one session for each 20-minute block)		
11:00 a.m. - 11:20 a.m. 11:20 a.m. - 11:40 a.m. 11:40 a.m. - Noon	• Action Park Association: Introduction to Adaptive Skateboarding and Wheelchair Motocross (WCMX)	Victor Nelson
	• Adaptive Kung Fu and Tai Chi with TRIBE WELLNESS	Michael Braitsch
	• Beep Baseball: Introduction to a Competitive and Recreational Sport for Athletes with Visual Impairment	Christy Randle Householter
	• CP Soccer: Introduction to Soccer for Individuals with Cerebral Palsy	Bethany McCrady
	• Dallas United Crew: Introduction to Adaptive Rowing	Amanda Perry
	• DFW Rangers Wheelchair Rugby: Introduction to Wheelchair Rugby	Amy Simmons
	• Endeavor Games: Adaptive Sports Competitive Events for All	Cassidhe Walker
	• Forrest Stump: Advocacy for Equitable Access to Physical Activity and Sport	Nicole Ver Kuilen
	• Kid-Netic Games: Adaptive Sports and Recreation for Ages 2-21	TK McMahon
	• Parenting a Child in Disability and Youth Sports	Doug Garner
	• Q&A: “Common Injuries and Injury Prevention for Athletes with Impairments” Presentation	Lindsay Ramey Argo, M.D.
	• RISE Adaptive Sports: Overview of Adaptive Sports Programming and Sampling of Today’s Live Events	Paul Gray
• U.S. Paralympics Swimming: Understanding the Basics of the World Para Swimming Classification System for Swimming	Peggy Ewald	
• U.S. Adaptive Golf Alliance (USAGA) Women’s Para-Golf Committee (WPGC): Introduction to Para Golf	Dana Dempsey	
Noon - 12:30 p.m.	Lunch Break	
12:30 p.m. - 1:00 p.m.	Educational Session #3 – Sports Nutrition for Athletes with Impairments	Marta Scechura, RDN, CSSD
1:00 p.m. - 2:00 p.m. <i>(45-minute presentation + 15-minute Q&A)</i>	Keynote Session – Past, Present, and Future of the Paralympic Movement: Bending the Arc of History	Cheri Blauwet, M.D.
2:00 p.m. - 2:30 p.m.	Educational Session #4 – Promoting Adaptive Sport and Winning Over Funders	Michael Cottingham, Ph.D.
2:30 p.m. - 2:45 p.m.	Break	

2:45 p.m. - 3:15 p.m.	Educational Session #5 – Introduction to Classification in Para Sports	Duran Pardue, CPO Stephanie Tow, M.D.
-----------------------	--	--

Breakout Sessions #7-9

Select 1 session for each of the 20-minute session blocks below (for a total of 3 sessions per hour). Presenters will be showing the same material at each 20-minute block within this hour.

Choose 3 Sessions (one session for each 20-minute block)

3:15 p.m. - 3:35 p.m. 3:35 p.m. - 3:55 p.m. 3:55 p.m. - 4:15 p.m.	• DFW Rangers Wheelchair Rugby: Advanced Topics in Wheelchair Rugby – Classification Overview	Amy Simmons
	• Endeavor Games: Adaptive Sports Competitive Events for All	Cassidhe Walker
	• Fencing Institute of Texas: Introduction to Paralympic Fencing	Brenda Waddoups
	• Go Beyond Climbing: Introduction to Adaptive Climbing	Tristine Lam
	• Para Table Tennis: Introduction, Fundamentals, and Fun Activities	Pamela J. Fontaine Daniel Rutenberg
	• Q&A: “Introduction to Classification in Para Sports” Presentation	Duran Pardue, CPO Stephanie Tow, M.D.
	• Q&A: “Promoting Adaptive Sport and Winning Over Funders” Presentation	Michael Cottingham, Ph.D.
	• Q&A: “Sports Nutrition for Athletes with Impairments” Presentation	Marta Scechura, RDN, CSSD
	• ROMP’s Annual Elite Adaptive Climbing Team Takes on Ecuador’s 19,347-foot Cotopaxi	Nicole Ver Kuilen
	• Sports Extravaganza: Introduction to an Event for Athletes with Visual Impairment	Randy Foederer
• U.S. Paralympics Swimming: Steps to Getting Involved with U.S. Paralympics Swimming	Peggy Ewald	
• USA Cheer/International Cheer Union: ParaSport/ Adaptive Cheer	Lee Trudell	
4:15 p.m. - 4:30 p.m.	Closing Remarks	Stephanie Tow, M.D. Jason Smith, Ph.D.

Thank you to our sponsors for making the 2021 UTSW DFW Adaptive Sports Expo & Symposium possible!

TITLE LEVEL SPONSOR



UT Southwestern
O'Donnell Brain Institute

SILVER LEVEL SPONSORS

