1 in 5 Americans develops skin cancer such as melanoma – the deadliest form!

In 2018, an estimated 9,320 deaths will be attributed to melanoma

More people develop skin cancer from tanning than develop lung cancer from smoking

Nearly 50% of Americans who live to age 65 will develop skin cancer at least once

Having five or more blistering sunburns between ages 15 and 20 increases melanoma risk by 80%

80% INCREASE

Melanoma can cause 1 death every hour, but can be cured if it's local and found early

Apply 1 oz. of sunscreen to bare skin 15 minutes before exposure to the sun

Use sunscreen every 2 hours and after sweating or swimming

Keep babies under 6 months old out of the sun; babies over 6 months old should use sunscreen

Avoid sun exposure from 10 a.m. to 4 p.m.

Use sunscreen even on cloudy days

Perform monthly checks for suspicious spots or moles

See your physician for an annual professional skin exam

INCREASE

KNOW THE STATS

PREVENT SKIN CANCER

Use a broad spectrum sunscreen to combat UVA and UVB rays

Resources: American Cancer Society; American Academy of Dermatology; Skin Cancer Foundation

UTSWMed.org