

First Aid and CPR Guidelines and Training Resources for programs serving minors

First Aid and CPR Guidelines

UW EH&S First Aid Plan Guidelines

<http://www.ehs.washington.edu/resource/first-aid-plan-guidelines-247>

PDF Link: <http://www.ehs.washington.edu/system/files/resources/firstaidplan.pdf>

Currently there is no specific mention of youth programs in UW EH&S guidelines.

Trainer Qualifications: (per UW EH&S requirements)

- Certified to train by a reputable national agency such as Red Cross, American Heart Association (AHA), American Safety, and Health Institute, Emergency Medical Training Association (EMTA).

American Camp Association training recommendations

<http://www.acacamps.org/resource-library/campline/first-aid-what-training-do-camp-staff-need>

Summary: At minimum, a staff trained in First Aid and CPR must be on duty at all times when children are present. Levels of training depend on proximity to professional medical services (ambulance/hospitals)- training requirements increase for more remote locations.

First Aid and CPR Training Resources

Trainer resources at UW:

- EH&S
 - First Aid and CPR certification
 - Delivered by EMTA- [Training registration](#)
 - Can customize a training session for a particular audience
 - \$65 per person; 5 hour training
- Medical Emergency Training Association (<http://www.thecprhero.com/cpr-classes-seattle;metauw@uw.edu>)
 - Student RSO partnered with AHA
 - Basic Life Support (BLS): \$60 per person; \$35 per person if guarantee at least 10 attendees; max size 36 attendees. 3 hour training
 - First Aid and CPR certification.

Community Trainer resources with experience training youth programs:

- Northwest Emergency Training
 - Dave Folsom <http://nwemergencytrainingllc.com/>
 - Has provided trainings to Chemistry, Engineering (Math Academy), also Summer Youth Programs
 - Basic CPR and first aid, 2 hours, no certification; flat fee of \$200 up to 10, then \$20 per person
 - First Aid/CPR/Bloodborn Pathogens, \$28, includes certification; \$28 per person
 - AED training also available, adds approx. 30 minutes

This information does not represent a recommendation of a particular training organization.

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- CPR Training Center
 - Kevin Jones 206-621-3560 ext 1; scheduler@cprtr.com
 - Trains a range of companies and organizations including licensed child care providers through courses offered by Child Care Resources: <http://www.cprtr.com/references.html>
 - CPR/First Aid training (includes Child and Infant CPR) non-profit rates: 1-7 people \$475 plus \$45 per each additional person.
 - Classes are 4-5 hours long and meet the standards for Labor and Industries requirements for “First Aid in the Workplace” and certification is valid for 2 years.