FIRST AID AND CPR RESOURCES FOR YOUTH SERVING PROGRAMS

FIRST AID AND CPR GUIDELINES

**UW EH&S First Aid Plan Guidelines**
Currently there is no specific requirement for youth programs in UW EH&S guidelines.

EH&S recommended Trainer Qualifications: Certified to train by a reputable national agency such as Red Cross, American Heart Association (AHA), American Safety, and Health Institute, Emergency Medical Training Association (EMTA).

**American Camp Association training recommendations**: At minimum, a staff person trained in First Aid and CPR must be on duty at all times when children are present. Levels of training depends on proximity to professional medical services (ambulance/hospitals), i.e., training requirements increase for more remote locations.

FIRST AID AND CPR TRAINING RESOURCES

**Trainer resources at UW:**
- EH&S
  - First Aid and CPR certification, can customize a training session for a particular audience
  - Delivered by EMTA- [Register for a training](#)
  - $65 per person; 5 hour training
- Medical Emergency Training Association (Student RSO partnered with AHA)
  - First Aid and CPR certification
  - [Information on META Training](#); metauw@uw.edu
  - Basic Life Support (BLS): $60 per person; $35 per person if guarantee at least 10 attendees; max size 36 attendees. 3 hour training

**Community trainer resources with experience training youth programs:**
- **CPR Training Center**
  - 206-621-3560 ext 1; scheduler@cprtr.com
  - CPR/First Aid training (includes Child and Infant CPR) non-profit rates: 1-7 people $475 plus $45 per each additional person.
  - Classes are 4-5 hours long and meet L&I standards for “First Aid in the Workplace.” Certification is valid for 2 years.
- **CPR Seattle**
  - 206-504-3280
  - CPR/AED/First Aid AHA (American Health Association) two year-certification (includes Child and Infant CPR): $83/person. Contact for pricing of individual classes at your location. 4.5 hour training.

This information does not represent a recommendation of a particular training organization.