



FIRST AID AND CPR RESOURCES FOR YOUTH SERVING PROGRAMS

FIRST AID AND CPR GUIDELINES

[UW EH&S First Aid Plan Guidelines](#)

Currently there is no specific requirement for youth programs in UW EH&S guidelines.

EH&S recommended Trainer Qualifications: Certified to train by a reputable national agency such as Red Cross, American Heart Association (AHA), American Safety, and Health Institute, Emergency Medical Training Association (EMTA).

[American Camp Association training recommendations](#): At minimum, a staff person trained in First Aid and CPR must be on duty at all times when children are present. Levels of training depends on proximity to professional medical services (ambulance/hospitals), i.e, training requirements increase for more remote locations.

FIRST AID AND CPR TRAINING RESOURCES

Trainer resources at UW:

- EH&S
 - First Aid and CPR certification, can customize a training session for a particular audience
 - Delivered by EMTA- [Register for a training](#)
 - \$65 per person; 5 hour training
- Medical Emergency Training Association (Student RSO partnered with AHA)
 - First Aid and CPR certification
 - [Information on META Training; metauw@uw.edu](#)
 - Basic Life Support (BLS): \$60 per person; \$35 per person if guarantee at least 10 attendees; max size 36 attendees. 3 hour training

Community trainer resources with experience training youth programs:

- [CPR Training Center](#)
 - 206-621-3560 ext 1; scheduler@cprtr.com
 - CPR/First Aid training (includes Child and Infant CPR) non-profit rates: 1-7 people \$475 plus \$45 per each additional person.
 - Classes are 4-5 hours long and meet L&I standards for "First Aid in the Workplace." Certification is valid for 2 years.
- [CPR Seattle](#)
 - 206-504-3280
 - CPR/AED/First Aid AHA (American Health Association) two year-certification (includes Child and Infant CPR): \$83/person. Contact for pricing of individual classes at your location. 4.5 hour training.