

Off-Campus Resources:

Food Banks

[University District Food Bank](#): Walk-in food bank 4 days a week

Location: [5017 Roosevelt Way NE, Seattle, WA 98105](#)

Phone: 206-523-7060 Email: udfb@udistrictfoodbank.org

Serves residents in zipcodes 98102, 98103, 98105, 98112, 98115, 98125

First time customers, bring photo ID and proof of address or student ID



[El Centro de la Raza](#): Walk-in food bank 3 days a week, community center

Location: [2524 16th Ave. S, Seattle, WA 98144](#)

Phone: 206-957-4634 Email: foodbank@elcentrodelaraza.org

Serves residents in zipcodes 98108, 98114

First time customers, bring photo ID and proof of address



[Family Works](#): Walk-in food banks in Wallingford and Greenwood 1-4 days a week, community center

Wallingford Location: [1501 N. 45th St., Seattle, WA 98103](#)

Wallingford Phone: 206-694-6727

Greenwood Location: [9501 Greenwood Ave. N., Seattle, WA 98103](#)

Serves residents in zipcodes 98103, 98115, 98107, 98133

First time customers, bring photo ID and proof of address



[Ballard Food Bank](#): Walk-in food bank 4 days a week

Location: [5130 Leary Ave. NW, Seattle, WA 98107](#)

Phone: 206-789-7800

Serves residents in zipcodes 98107, 98117, 98119, 98199

First time customers, bring photo ID and proof of address



[Immanuel Community Services](#): Walk-in food bank 2 times a month

Location: [1215 Thomas St., Seattle, WA 98109](#)

Phone: 206-622-1930

No ID or proof of address necessary



[Centerstone Food Bank](#): Walk-in food bank 3 days a week

Location: [722 18th Ave., Seattle, WA 98122](#)

Phone: 206-812-4940

Serves residents in zipcodes 98102, 98112, 98122

First time customers, bring photo ID and proof of address



Other local food banks: <http://www.seattlefoodcommittee.org/food-bank-map/>

Community Kitchens and Hot Meal Programs

[Teen Feed Meal Program](#): Nightly hot meal service across 3 locations

Locations: University Lutheran Church: [1604 NE 50th St, Seattle, WA](#) (Sunday, Monday, Friday)

University Congregational Church: [4515 16th Ave NE, Seattle, WA](#) (Tuesday-Thursday)

ROOTS Young Adult Shelter: [1415 NE 43rd St., Seattle, WA](#) (Saturday)

Phone: 206-229-0813

No ID necessary, youth ages 13-25 welcome



[ROOTS Friday Feast](#): Hot dinner served on Friday evenings

Location: [1415 NE 43rd St., Seattle, WA 98105](#)

Phone: 206-632-1635

No ID necessary, all ages welcome



[Phinney Neighborhood Association](#): Tuesday dinner, Wednesday lunch

Location: St. John United Lutheran Church: [5515 Phinney Ave N., Seattle, WA](#)

Phone: 206-783-2244

No ID necessary, all ages welcome



[YouthCare](#): Hot meals, drop-in services/resources, community center

University District Location: [4516 15th Ave NE, Seattle, WA 98105](#)

Orion Center Location: [1828 Yale Ave, Seattle, WA 98101](#)

Orion Center Phone: 206-622-5555

Youth up to 22 years old who experience unstable housing/homelessness are welcome



[Community Lunch on Capitol Hill](#): Tuesday and Friday lunch, Wednesday and Thursday dinner

Locations: Central Lutheran Church: [1710 11th Ave, Seattle, WA 98122](#) (lunch)

All Pilgrims Church: [509 10th Ave E, Seattle, WA 98102](#) (dinner)

Phone: 206-322-7500

No ID necessary, all ages welcome

Other Seattle meal programs: <http://www.mealspartnership.org/meal-serviceprogram-information/>

Housing Resources

[Transitional Living Programs at YouthCare](#)

To set up an appointment with Youth Housing Connections, call 206-622-5555 or visit the [Orion Center](#).

[Emergency Shelters through YouthCare](#)

Locations: University District, Orion Center, Jackson Street Program

Phone: 800-495-7802 (UDistrict), 206-724-0950 (Orion), 206-465-7436 (Jackson Street)

[ROOTS Young Adult Shelter](#): Emergency shelter for young adults

Location: [1415 NE 43rd St., Seattle, WA 98105](#)

Phone: 206-632-1635

Photo ID required, ages 18-25 only

[New Ground Transitional Living Programs](#)

Varied programs and locations that provide housing, support, resources, and education

[The Landing](#): Emergency shelter for young adults

Location: [16225 NE 87th St, Redmond, WA 98052](#)

Young adults ages 18-24 welcome

Health Resources

[Neighborcare Health Youth Clinic at 45th St](#): Drop-in clinic Wednesday and Thursday nights

Location: [1629 N 45th St., Seattle, WA 98103](#)

Phone: 206-633-7650



[Country Doctor Community Clinic](#): Provides care regardless of ability to pay

Location: [500 19th Ave East, Seattle, WA 98112](#)

Phone: 206-299-1600 (for appointments)

