Off-Campus Resources:

Food Banks

**University District Food Bank**: Walk-in food bank 4 days a week
Location: 5017 Roosevelt Way NE, Seattle, WA 98105
Phone: 206-523-7060   Email: udfb@udistrictfoodbank.org
Serves residents in zipcodes 98102, 98103, 98105, 98112, 98115, 98125
*First time customers, bring photo ID and proof of address or student ID*

**El Centro de la Raza**: Walk-in food bank 3 days a week, community center
Location: 2524 16th Ave. S, Seattle, WA 98144
Phone: 206-957-4634   Email: foodbank@elcentrodelaraza.org
Serves residents in zipcodes 98108, 98114
*First time customers, bring photo ID and proof of address*

**Family Works**: Walk-in food banks in Wallingford and Greenwood 1-4 days a week, community center
Wallingford Location: 1501 N. 45th St., Seattle, WA 98103
Wallingford Phone: 206-694-6727
Greenwood Location: 9501 Greenwood Ave. N., Seattle, WA 98103
Serves residents in zipcodes 98103, 98115, 98107, 98133
*First time customers, bring photo ID and proof of address*

**Ballard Food Bank**: Walk-in food bank 4 days a week
Location: 5130 Leary Ave. NW, Seattle, WA 98107
Phone: 206-789-7800
Serves residents in zipcodes 98107, 98117, 98119, 98199
*First time customers, bring photo ID and proof of address*

**Immanuel Community Services**: Walk-in food bank 2 times a month
Location: 1215 Thomas St., Seattle, WA 98109
Phone: 206-622-1930
*No ID or proof of address necessary*

**Centerstone Food Bank**: Walk-in food bank 3 days a week
Location: 722 18th Ave., Seattle, WA 98122
Phone: 206-812-4940
Serves residents in zipcodes 98102, 98112, 98122
*First time customers, bring photo ID and proof of address*

Other local food banks: [http://www.seattlefoodcommittee.org/food-bank-map/](http://www.seattlefoodcommittee.org/food-bank-map/)
Community Kitchens and Hot Meal Programs

**Teen Feed Meal Program:** Nightly hot meal service across 3 locations
Locations: University Lutheran Church: 1604 NE 50th St, Seattle, WA (Sunday, Monday, Friday)
   University Congregational Church: 4515 16th Ave NE, Seattle, WA (Tuesday-Thursday)
   ROOTS Young Adult Shelter: 1415 NE 43rd St., Seattle, WA (Saturday)
Phone: 206-229-0813
*No ID necessary, youth ages 13-25 welcome*

**ROOTS Friday Feast:** Hot dinner served on Friday evenings
Location: 1415 NE 43rd St., Seattle, WA 98105
Phone: 206-632-1635
*No ID necessary, all ages welcome*

**Phinney Neighborhood Association:** Tuesday dinner, Wednesday lunch
Location: St. John United Lutheran Church: 5515 Phinney Ave N., Seattle, WA
Phone: 206-783-2244
*No ID necessary, all ages welcome*

**YouthCare:** Hot meals, drop-in services/resources, community center
University District Location: 4516 15th Ave NE, Seattle, WA 98105
Orion Center Location: 1828 Yale Ave, Seattle, WA 98101
Orion Center Phone: 206-622-5555
*Youth up to 22 years old who experience unstable housing/homelessness are welcome*

**Community Lunch on Capitol Hill:** Tuesday and Friday lunch, Wednesday and Thursday dinner
Locations: Central Lutheran Church: 1710 11th Ave, Seattle, WA 98122 (lunch)
   All Pilgrims Church: 509 10th Ave E, Seattle, WA 98102 (dinner)
Phone: 206-322-7500
*No ID necessary, all ages welcome*


Housing Resources

**Transitional Living Programs at YouthCare**
To set up an appointment with Youth Housing Connections, call 206-622-5555 or visit the Orion Center.

**Emergency Shelters through YouthCare**
Locations: University District, Orion Center, Jackson Street Program
Phone: 800-495-7802 (UDistrict), 206-724-0950 (Orion), 206-465-7436 (Jackson Street)

**ROOTS Young Adult Shelter:** Emergency shelter for young adults
Location: 1415 NE 43rd St., Seattle, WA 98105
Phone: 206-632-1635
*Photo ID required, ages 18-25 only*

**New Ground Transitional Living Programs**
Varied programs and locations that provide housing, support, resources, and education

**The Landing:** Emergency shelter for young adults
Location: **16225 NE 87th St, Redmond, WA 98052**
*Young adults ages 18-24 welcome*

**Health Resources**

**Neighborcare Health Youth Clinic at 45th St:** Drop-in clinic Wednesday and Thursday nights
Location: **1629 N 45th St., Seattle, WA 98103**
Phone: 206-633-7650

**Country Doctor Community Clinic:** Provides care regardless of ability to pay
Location: **500 19th Ave East, Seattle, WA 98112**
Phone: 206-299-1600 (for appointments)