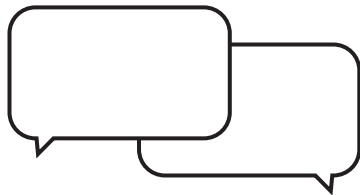


COUNSELING CENTER

Because UW should be challenging, not overwhelming



COUNSELING CENTER
UNIVERSITY *of* WASHINGTON
Division of Student Life



401 Schmitz Hall

counseling.uw.edu

206.543.1240

WHO WE ARE

Our staff of psychologists and mental health counselors provide confidential and culturally-sensitive mental health services at no cost for currently enrolled degree-seeking students at the Seattle campus.

OUR SERVICES

- . One-Time Appointment
- . Online mental health resources
- . Let's Talk informal consultation
- . Group counseling
- . Short-term individual counseling
- . Referral for more specialized or longer-term counseling
- . Outreach presentations on mental health topics
- . Consultation for faculty, staff, and parents with concerns about a student
- . Career counseling and assessment
- . Crisis intervention services