COUNSELING CENTER
Because UW should be challenging, not overwhelming

COUNSELING CENTER
UNIVERSITY of WASHINGTON
Division of Student Life

401 Schmitz Hall    counseling.uw.edu    206.543.1240
WHO WE ARE

Our staff of psychologists and mental health counselors provide confidential and culturally-sensitive mental health services at no cost for currently enrolled degree-seeking students at the Seattle campus.

OUR SERVICES

. One-Time Appointment
. Online mental health resources
. Let's Talk informal consultation
. Group counseling
. Short-term individual counseling
. Referral for more specialized or longer-term counseling
. Outreach presentations on mental health topics
. Consultation for faculty, staff, and parents with concerns about a student
. Career counseling and assessment
. Crisis intervention services