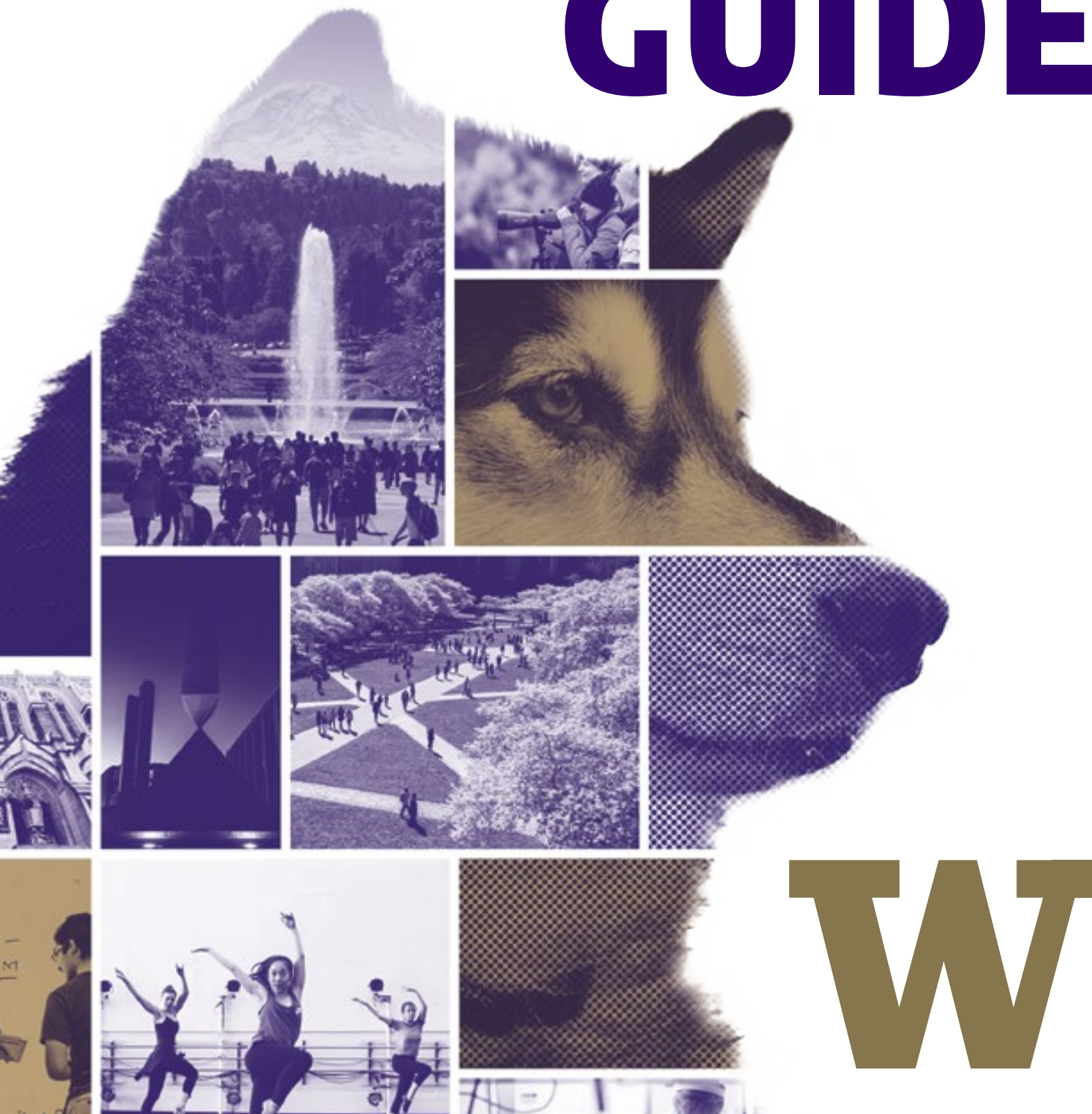


PARENT & FAMILY GUIDE



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WELCOME TO THE UW FAMILY

Congratulations!

We're honored that your student is officially a Husky.

This is a great time to delve into all that the UW has to offer for your student — and for you.

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We know that behind every Husky, there may be a wide variety of loved ones, mentors and supporters who helped them get where they are. We mean “family” in the broadest sense, knowing that a student’s circle of role models might go beyond the traditional definition. If you’ve helped guide, care for and love a UW student, you are part of the UW family. We’re so glad you’re here!

The best way to learn about your student’s college experience is directly from them; check the “Talk with your Husky about” sections of this guide for conversation starters on many aspects of student life, from selecting a major to creating a budget.

You and your Husky are about to embark on a life-changing experience as part of the UW family — and we’ll be here to help and celebrate with you along the way!

GET INVOLVED

Your involvement in your student's life doesn't end when college begins.

UW Parent & Family Programs (PFP) is here to help you stay connected with your Husky and support your family's UW experience.

We keep in touch with families via email, social media and events — plus a website to help you navigate the UW, and the UW Parent Insider newsletter.

Questions? Contact uwparent@uw.edu.

Your philanthropic support is a meaningful way to enhance the student experience for your Husky and for many others. Gifts to the UW Parent Fund for Student Success will support programs and opportunities for students in need — including leadership development, career and internship guidance, emergency resources and wellness services.



TALK WITH YOUR HUSKY ABOUT

- » Making a family communication plan to stay connected (what methods, how often, etc.)
- » Types of encouragement and support your student wants or needs
- » Remote learning needs (if applicable): technology, workspace, etc.
- » Handling homesickness, when to visit home, whether/when family will visit campus
- » Coordinating holidays and travel



CONTACTS

SOCIAL MEDIA

@uwfamily

@uw_parents

OFFICE OF PARENT & FAMILY PROGRAMS

Jannah Maresh, director
uwparent@uw.edu

UW PARENT INSIDER
uw.edu/parents

GIVE TO THE UW PARENT FUND
uw.edu/parents/support

The Husky Experience Toolkit

Weekly messages for students via MyUW (the UW's online student portal) offer tips on adjusting to college life, time management, study skills, handling stress and more.



Undergraduate research

Working one-to-one with a scientist. Exploring career interests and setting goals. Sharpening critical and analytical thinking skills. Those are just a few of the benefits of participating in undergraduate research. Students can browse the online database to get started.

UW Athletics

Husky sports are a source of pride for the whole community. Full-time UW students may buy discounted Dawg Pack tickets for football and men's basketball. Students may attend other sports events for free with their Husky Cards.

Registered Student Organizations (RSOs)

With more than a thousand choices, these student clubs are a great way to get involved in campus life.



THE HUSKY EXPERIENCE

Greek life

Nearly 70 **fraternities and sororities**, representing 4,700 UW undergraduates, provide community, mentoring, academic excellence programs, social activities, philanthropic projects and leadership opportunities.

CIRCLE

The Center for International Relations & Cultural Leadership Exchange (CIRCLE) brings together international students and those from the U.S. for forging community, offering support, providing leadership experiences and more.



CONTACTS

HUSKY EXPERIENCE TOOLKIT

webster.uaa.washington.edu/sas/toolkit-home

UNDERGRADUATE RESEARCH

uw.edu/undergradresearch

UW ATHLETICS

gohuskies.com

STUDENT ACTIVITIES

uw.edu/studentlife/groups-activities

FRATERNITIES & SORORITIES

uwgreeks.com

CENTER FOR INTERNATIONAL RELATIONS & CULTURAL LEADERSHIP EXCHANGE (CIRCLE)

uw.edu/circle

COMMUNITY ENGAGEMENT & LEADERSHIP

cele.uw.edu

STUDY ABROAD

uw.edu/studyabroad

ARTS EVENTS, PROGRAMS & MUSEUMS

arts.uw.edu

Community Engagement & Leadership Education Center

Connecting students to programs that incorporate academic coursework with community-based learning and leadership, including paid internships in nonprofit and public-sector organizations.



Study, travel or volunteer abroad

The Husky Experience goes global with opportunities around the world where students can spend a summer, quarter or year. Courses taken may be counted toward a major, a minor or general-education requirements. Scholarships are available.

A student organization where your undergrad forges lifelong friendships. An internship that opens up unexpected career paths. Performing arts or sports where your student can share their talents. Volunteering in the community to help those in need.

THESE ARE ALL PART OF THE HUSKY EXPERIENCE.

It's the world of boundless opportunities, in and beyond the classroom, for UW students to discover their passions, develop an inclusive mindset and gain the skills that lead to meaningful and rewarding lives and careers.

At the UW, pursuing a degree is just part of each student's education. Here are some resources to help your Husky make the most of their experience.



TALK WITH YOUR HUSKY ABOUT

- » Finding and building community on campus
- » Balancing academic life with social life
- » Getting involved in UW clubs and organizations
- » Ways to give back to the community



ACADEMICS

Your UW student has the choice of pursuing one or more of over 180 majors — and no matter what they choose, they'll get a great education from one of the world's top universities.

A *degree* is the credential a student will earn from succeeding in their overall education, while the *major* is their specific area of study. With the UW's wealth of academic offerings, students can change majors without changing universities.

For more information on majors, visit uw.edu/uaa/advising/degree-overview/majors.



Pursuing a major at the UW opens up many career paths and directions that a student might not have considered or even heard of before.

English majors might work at Microsoft. Anthropologists could work in government. A degree in public health opens doors to a multitude of health-care careers beyond physician and nurse.

With a UW degree, anything is possible.

Learn more: careers.uw.edu

ACADEMIC RESOURCES

General advising

A UW student's academic journey begins with general advising from Undergraduate Academic Affairs. General advisers help students plan course schedules and clarify academic and personal goals. Through the MyPlan online platform, students can explore majors, register for courses and track their progress toward their degrees.

School or departmental advising

As students research specific majors, they may consult advisers in those programs. Once they're admitted to their degree programs, they'll continue to work with advisers until they graduate.

Specialized advising

The UW Office of Minority Affairs & Diversity (OMA&D) offers advising for students in the Educational Opportunity Program, College Assistance Migrant Program, Champions Program for youth and alumni of foster care, and TRIO, which supports economically eligible and first-generation college students. The Honors Program and Student Athlete Academic Services also offer specialized advising.

Tutoring and writing centers

The Center for Learning and Undergraduate Education (CLUE) provides drop-in tutoring in Mary Gates Hall, the HUB and Othello-UW Commons in South Seattle, while degree programs from chemistry to psychology offer specialized tutoring. OMA&D's Instructional Center offers tutoring, study groups and mentoring for Huskies who are first-generation college students, economically disadvantaged or from underrepresented minority groups.

First-year Interest Groups (FIGs)

Learning is more fun with friends. Through FIGs, small groups of students take a series of courses together. FIG courses facilitate small-group learning, and FIG students often form study groups outside of class.



TALK WITH YOUR HUSKY ABOUT

- » Time management
- » Spending two hours studying for every hour in class
- » Seeking tutoring and academic support before they need it
- » Using general-education courses to explore areas of study and discover career options

CONTACTS

CAREER & INTERNSHIP CENTER
careers.uw.edu

UNDERGRADUATE ADVISING
washington.edu/uaa/advising/about-us/advising

ACADEMIC SUPPORT PROGRAMS
academicsupport.uw.edu

OFFICE OF MINORITY AFFAIRS & DIVERSITY (OMA&D)
uw.edu/omad

FIRST-YEAR INTEREST GROUPS (FIGS)
fyp.washington.edu/figs



From exceptional medical care and mental-health counseling to recreation classes, safety resources, peer advocates, trainings and more, the UW offers a breadth of resources to keep our students healthy and well cared for.

Learn more: wellbeing.uw.edu

Hall Health

Part of the extensive UW Medicine system, Hall Health is an on-campus outpatient clinic for students, faculty, staff and the community.

Counseling Center

The Counseling Center provides short-term individual and group therapy, telehealth and online workshops at no charge to current UW students.

LiveWell

An education and support program to give Huskies the wellness skills and knowledge for lifelong health.



Nothing is more important than the safety of our UW students and community. The **UW Police Department** (UWPD), a full-service law-enforcement agency with its own 911 dispatchers and detective unit, serves and protects our campus's students, staff, faculty and visitors 24 hours a day, seven days a week.

Love Your Stuff

Students can register electronics and bicycles with UWPD, helping police recover stolen items.

Safe Zone app

With the free Safe Zone app, users can call for help in case of emergency, injury, accident or crime — regardless of the location. On campus, the app provides immediate access to UW Police. Off campus, it connects users to local emergency services.

UW Alert

Subscribers receive free alerts by text or email about any emergency affecting campus operations or the health or safety of the campus community.

SafeCampus

Available 24/7, SafeCampus helps the UW community prevent crime and respond to safety concerns. When you call SafeCampus, a trained, caring professional will listen and offer support and guidance.

SAFETY

TALK WITH YOUR HUSKY ABOUT

- » Knowing when and how to seek help for medical and mental health; knowing the signs of depression or anxiety
- » Personal safety and awareness of surroundings (walking in groups, communicating plans to friends or family, etc.)
- » Establishing an emergency contact (such as a friend or roommate) for family members to call in case of emergency

CONTACTS

UW MEDICAL CENTER
uwmedicine.org
206-598-3300

UW POLICE DEPARTMENT
police.uw.edu
206-685-UWPD (8973)

LOVE YOUR STUFF
police.uw.edu/crimeprevention/loveyourstuff

UW ALERT
uw.edu/safety/alert

SAFECAMPUS
uw.edu/safecampus
206-685-7233

RESIDENTIAL LIFE

More than 10,000 UW students live, study and socialize in residence halls and apartments managed by UW Housing & Food Services (HFS).

Many of these #HuskyHomes promote academic success with study spaces, supportive residential communities and makerspaces.

HFS also offers more than 30 dining locations — including restaurants, cafés, food trucks, food courts, markets and a grocery store.



TALK WITH YOUR HUSKY ABOUT

- » Living with roommates/sharing space with others
- » Managing conflict
- » Support from resident advisers (RAs)
- » How to do laundry and keep a clean living space

CONTACTS

UW HOUSING & FOOD SERVICES
hfs.uw.edu/Parents-and-Families
hfs.uw.edu

HFS STUDENT SERVICES
myhfs.housing.uw.edu
hfsinfo@uw.edu
206-543-4059

FINANCES

Husky Card

Your student's Husky Card is not only their student ID — it's also linked to their Husky Card account and can be used to pay for on-campus dining, vending machines, parking and more! You can deposit funds into your student's Husky Card account remotely.

Learn more at hfs.uw.edu/Husky-Card-Services.



Money management

Tools and tips to help your Husky build their financial well-being and literacy:

uw.edu/financialaid/money-management

Paying for housing and food

UW housing and dining payments are made to Housing & Food Services (HFS) — by credit card on your Husky's MyHFS homepage, by check (in person or by mail) or with Flywire for international students. Any financial aid remaining after paying tuition and fees will be automatically transferred to pay quarterly housing and dining charges.

Students living in residence halls can authorize family members to access their housing and dining accounts and billing reminders through MyHFS.

Learn more at myhfs.housing.uw.edu.



Student employment & internships

Students can search for jobs (on campus or off) in Handshake, the UW's online job-and-internship database. Offered through the Career & Internship Center, Handshake connects students with part-time and full-time jobs and internships throughout the University and beyond. The Career & Internship Center also offers career coaching, career planning workshops and quarterly employer events.

Students with work-study awards as part of their financial aid package can be employed in work-study jobs up to 19 hours a week when classes are in session.

TALK WITH YOUR HUSKY ABOUT

- » Having a job on campus
- » Seeking internship, service learning and research opportunities
- » Setting a budget and managing a checking/savings account
- » How credit and debit cards work
- » Determining who pays bills (tuition, books, entertainment, etc.)
- » Student loans, interest rates and how/when to repay them

CONTACTS

STUDENT FISCAL SERVICES
finance.uw.edu/sfs

CAREER & INTERSHIP CENTER
careers.uw.edu

OFFICE OF STUDENT FINANCIAL AID
finaid.uw.edu
osfa@uw.edu
206-543-6101

OFFICE OF MERIT SCHOLARSHIPS, FELLOWSHIPS & AWARDS
expd.uw.edu/scholarships

Paying tuition and fees

Students pay tuition and fees each quarter they attend classes.

Tuition can be paid through the student's MyUW account. Your student must submit an online Information Release Authorization to give family members or others access to tuition billing and reminders.

finance.uw.edu/sfs/students/info-release

TRANSPORTATION



The **U-PASS** makes getting around a breeze — no car required.

Each student's quarterly U-PASS fees let them access public transit with their Husky Card, including unlimited rides on Metro and regional buses, as well as Link Light Rail. The U-PASS also provides discounts on vanpools, carpools and transportation-related items such as bicycles.

The **Commuter & Transfer Commons** in the Husky Union Building (HUB) offers day-use lockers, phone chargers, a kitchenette, changing and lactation rooms, a study area and other resources.

Limited parking options are available to students.

TALK WITH YOUR HUSKY ABOUT

- » How to use public transportation
- » Bicycle safety
- » Places to explore in Seattle and beyond

CONTACTS

STUDENT TRANSPORTATION SERVICES
transportation.uw.edu/students

COMMUTER & TRANSFER COMMONS
fyp.washington.edu/ctc

U-PASS
transportation.uw.edu/u-pass

POLICIES

Protecting student information

Student information is protected by the **Family Educational Rights and Privacy Act** (FERPA), which states that once a student turns 18 or attends a school beyond high school, only they may have access to their grades, disciplinary proceedings, billing and financial aid. The University cannot release information about students to anyone — not even parents or other family members.

However, students may give others limited access to their academic, financial and health records through MyUW, the online platform students use to manage their own records from the time they're accepted to the UW, throughout their studies and even after graduation. Students may also arrange to have a parent or other third party receive tuition billing emails. Access to housing and dining information is assigned through the **MyHFS Homepage**; authorized parties will be emailed when billing notifications are sent to students.

The UW further **protects students and their privacy** by using two-factor authentication when students access their accounts and records online. In addition to entering a password, students enter a code sent to their phone to log in. This prevents others from accessing students' accounts without permission.

TALK WITH YOUR HUSKY ABOUT

- » What information your student will give you access to — course grades, grade point average, medical records, financial aid, billing, etc.
- » The importance of not sharing UW user IDs or passwords
- » Due dates and methods for paying tuition, housing and food services, and other expenses

CONTACTS

UW PRIVACY POLICIES
registrar.uw.edu/students/ferpa

STUDENT CONDUCT
uw.edu/studentconduct

UW vision & values

The UW educates a diverse student body to become responsible global citizens and future leaders, through a challenging learning environment informed by cutting-edge scholarship. The University's vision and strategic priorities reflect the core values and culture that make us great and unique.

uw.edu/about/visionvalues

Student conduct

As a member of the UW community, your student is expected to demonstrate integrity in all their endeavors. The vice president of student life, the Title IX coordinator, and the dean of the school or college in which the student is enrolled or their delegates are charged with investigating and adjudicating suspected violations of the Student Conduct Code, including academic dishonesty.

The Washington Administrative Code (WAC) 478-121 and two companion policies, Student Governance Policy Chapter 209 and Chapter 210, apply to students; students are expected to make themselves aware of and comply with the law and with Washington and campus policies and regulations.

The UW Student Conduct Code was developed to maintain a safe, supportive and inclusive community that engages students in order to foster their academic success, personal growth and responsible citizenship. Students are considered to be maturing adults who are capable of making their own decisions and accepting the consequences of those decisions.

2020-21

ACADEMIC CALENDAR

AUTUMN QUARTER

Sept. 24-25	Residence hall move-in
Sept. 30	Classes begin
Oct. 16	Last day to pay autumn tuition; residence hall autumn quarter charges due
Nov. 11	Veterans Day (no classes)
Nov. 26-27	Thanksgiving weekend (no classes)
Dec. 11	Classes end
Dec. 12-18	Final exams
Dec. 19	Residence halls close
Dec. 19-Jan. 3	Winter break

WINTER QUARTER

Jan. 2	Residence halls reopen
Jan. 4	Classes begin
Jan. 18	Martin Luther King Jr. Day (no classes)
Jan. 22	Last day to pay winter tuition; residence hall winter charges due
Feb. 15	Presidents Day (no classes)
March 12	Classes end
March 13-19	Final exams
March 20-28	Spring break

SPRING QUARTER

March 29	Classes begin
April 16	Last day to pay spring tuition. Residence hall spring charges due
May 31	Memorial Day (no classes)
June 4	Classes end
June 5-11	Final exams
June 12	Commencement
June 12	Residence halls close for summer
June 13	Commencement — UW Bothell
June 14	Commencement — UW Tacoma
June 12-20	Summer break

SUMMER 2021

Full-term

June 21	Classes begin
July 5	Independence Day (observed — no classes)
July 9	Summer full-term tuition due
Aug. 20	Classes end/final exams

A-term

June 21	Classes begin
July 5	Independence Day (observed — no classes)
July 9	A-term tuition due
July 22	Classes end/final exams

B-term

July 9	B-term tuition due
July 22	Classes begin
Aug. 20	Classes end/final exams

UW academic calendar:

uw.edu/students/reg/calendar

UW faculty, supervisors, staff and students are encouraged to accommodate the observation of religious and cultural practices and holidays. Students may request religious accommodations online during the first two weeks of each quarter.

registrar.uw.edu/students/religious-accommodations-request

Post this page somewhere handy!

UNIVERSITY of WASHINGTON

UW PARENT & FAMILY PROGRAMS

432 Gerberding Hall, Box 351210
Seattle, WA 98195-1210
uw.edu/parents