The Husky Wrestling Club represents the University of Washington as a USA Wrestling club and in the NCWA. We have both Men's and Women's teams, and hold practices year-round. We are open to all faculty, staff, and students. Although not mandatory, previous wrestling experience is recommended when joining the club, as safety is a top priority. Practices usually consist of conditioning, technique, and live scrimmage (85%) to prepare our students for competition in the NCWA.

**CLUB DUES**
$50 per year for USA Wrestling Membership
$35 per year to compete in the NCWA

**CLUB MEMBERSHIP**
All currently enrolled UW students and faculty/staff IMA members may join and practice with the club, and wrestle under USA Wrestling. However, only students may compete in the NCWA.

Faculty/staff may purchase their IMA Membership at the IMA Member Services Desk during operation hours.

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**CLUB PRACTICES:**

<table>
<thead>
<tr>
<th>Dates:</th>
<th>Fall/Winter/Spring/Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Days:</td>
<td>Tuesday/Thursday &amp; Sunday</td>
</tr>
<tr>
<td>Times:</td>
<td>8:30-10:30 pm (T/Th) &amp; 2:00-4:00 pm (Sun)</td>
</tr>
<tr>
<td>Location:</td>
<td>IMA Mat Room B</td>
</tr>
</tbody>
</table>

**INSURANCE**
The Department of Recreational Sports Programs strongly recommends that all Club Sport members have adequate accident/medical insurance coverage. Each Club Sport member is responsible for arranging their own coverage. For information on the University of Washington’s Student Health Insurance Plans: [http://depts.washington.edu/ovpsl/insurance/index.shtml](http://depts.washington.edu/ovpsl/insurance/index.shtml).

**FOR MORE INFORMATION**

**Club Representative:**
Cecilia Vu: cdvu@uw.edu

**Club Coach:**
Larry Roybal

**Club Email:**
uwhuskywrestling@gmail.com

**Club Website:**
[http://www.students.washington.edu/huskywc](http://www.students.washington.edu/huskywc)

**Club Sports Coordinator:**
Chris Delaune
206-543-9499
delaune@uw.edu

**IMA Homepage:**
[http://depts.washington.edu/ima](http://depts.washington.edu/ima)

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UW extension, students of the ASUW experimental college, UW alumni, and the general public are not eligible to participate in the Club Sports program. Branch campus students are eligible with IMA membership.

**MEMBERSHIP WAIVER CARD**
All participants must complete a membership/waiver prior to club participation. Club Sports waivers can be completed online, at the IMA website, under course registration.

The University of Washington is committed to providing equal opportunity and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance at: (206) 543-6540 TTY, (206) 685-7264, or dso@uw.edu