



BrainWorks: Kids & Sports-Related Concussions

Viewing Guide

Here are some questions to ask yourself before and after you watch “BrainWorks: Kids & Sports-Related Concussions.”

Before you watch the show:

1. How would you define a concussion?
2. Have you ever had a concussion? If you did, how did you get it?
3. Do you know someone else who has had a concussion? If you do, how did that person get it?

After you watch the show:

1. What is the most common type of brain injury?
2. About how many nerve cells are in the human brain?

3. What does Dr. Browd say about what happens to the brain during a concussion?
4. What are some of the symptoms of a concussion?
5. What is the name of the Washington State law that protects athletes from more serious concussions?
6. How did the BrainWorks kids make models of helmets? How would you improve on their designs? How would you test your design?
7. According to Coach Gallimore, what are some of the reasons a soccer player may be taken out of a game due to a head injury?
8. What is the best way to fit a bicycle helmet?

Watch all the BrainWorks episodes here: <http://uwtv.org/series/brainworks/>

For more information about the Neuroscience for Kids project visit:

<http://faculty.washington.edu/chudler/neurok.html>