Meeting Synopsis:

1. Call to order
2. Review of the minutes from October 6, 2020
3. Mags Aleks - Title IX rule change
4. Glenna Chang - Mental Health
5. Pam Schreiber - Housing and Food Services
6. Good of the order
7. Adjourn

1. Call to order

The meeting was called to order at 1:30p.m.

2. Review of the minutes from October 6, 2020

The minutes from October 6, 2020 were approved as written.

3. Mags Aleks – Title IX rule change

Mags Aleks shared an update with the council regarding WAC changes and the new federal regulations (Exhibit 1).

They noted this guidance may not be effective after January 2020 and a removal of these regulations could take about 9 months. These regulations cover only students within the United States, not including US students studying abroad. Students abroad can be charged with violating Part 2 of the student conduct code. Jurisdiction of the student code extends to academic breaks and has been within the code since 2015. Investigations have happened with students who transferred out or graduated. Federal regulations give UW permission to dismiss a federal case if a student leaves the UW. The university’s process has been to continue investigations to the extent they are able.

A member asked for clarification on the “dismissals of some complaints required” (pg. 5) which lets students know their case does not fall under federal regulations. UW plans to usually dismiss under federal regulation but continue through the university process.

4. Glenna Chang – Mental Health
Glenna Chang, Megan Kennedy, and Natacha Foo Kune provided an update on the progress on student mental health (Exhibit 2).

They are planning to combine Hall Health and the Counseling Center starting Fall 2020. Over 4000 students are served annually by Hall Health and the Counseling Center. When finally combined in 2021, they will have nearly 40 staff working with the My Student Support Program (MySPP).

A member asked about joining the community of practice. They are currently collecting names and the Resilience Lab is available for communication. This year has highlighted the need to support staff and instructors while they support students.

Spring demand for services was down, specifically for the existing students who wanted to be seen and new students were not coming in. Summer communication increased to students about remote services. Now, Fall has close to usual year numbers. There is a desire for group interactions and many students have called with an interest in joining groups. Parents have also reached out on behalf of their students.

The current needs are to determine how students can make connections when the usual ways carry a health risk. There is no correct answer right now.

5. Pam Schreiber – Housing and Food Services

Pam Schreiber and Katie Kelly (AD for Residential Life) gave a verbal update to the council on topics related to Housing and Food Services (HFS). HFS prepared over the summer for the physical limitation of 2 students per room and only units with in-room bathrooms. March had over 11,000 applications for housing. HSF opened in Fall at 4,100 students and more will be joining in Winter. Just under 800 students have a face-to-face class. They are expecting Fall 2021 to be a normal year in terms of enrollment numbers. Students are required to wear masks. HFS has removed furniture, posted occupancy in all rooms, and increased contactless interactions.

Fall 2020 preparation for isolation/quarantine housing:
HSF has reviewed other semester schools for their plans. There are 2 buildings just for isolation (north campus and west campus) for students to quarantine under certain situations. Forty-six students were in isolation – some opted off-campus (about 30 students). In total, 200 students needed to quarantine. Around 80% of all cases were related to the UW Greek community. There is limited capacity in those houses, so some students opted to stay with HFS.

So far, there is no indication of virus transmission in residence halls. Testing is not mandatory, but the data available reflects current practice. The move-in testing had about 1,600 tests over 4 days, with only 6 positive cases.
It is challenging to communicate to students and parents about the rationale of a 14-day quarantine even with a negative case, but students have been very cooperative.

**Resident Preparation:**
Expectations communication occurred during the summer to prepare students and parents. An addendum was included to student housing agreements which are required for acceptance to residence halls. Other communication methods included all-resident emails, initial floor meetings, and every resident receives informational training. Signage was included in communities and educational discussions.

There were some instances of non-compliance, such as non-essential guests, forgetting face masks, large group size, or breaking isolation/quarantine. The numbers of non-compliance have declined as COVID-19 measures become the norm. Student leaders are trained to share the importance of these guidelines and document non-compliance.

**Student Engagement:**
HFS has created new strategies for small groups like pumpkin painting, to encourage synchronous communication. Over 100 students came to the first community engagement gathering. HFS offered over 140 active programs throughout communities. RA’s are interacting with students to understand what is lacking and what can be changed. No positive cases were noted in student leaders.

**Student Wellbeing:**
HFS has been working with academic/mental/social wellness groups such as EHS (Environmental Health and Safety) to determine safe ways in which social engagement can continue. They are working with student life and a dashboard for understanding student outreach. There is an increase in students reaching out about mental health. The Makerspace and fitness center are open, following social distancing guidelines. HFS is encouraging students to utilize the centrally provided resources for pre/post-election stress. Student leaders are prepared with how they can support students and address their concerns.

Schreiber and Kelly noted that 398 international students are currently living in residence halls or apartments and 72 in Family Housing. HFS housed 2,195 international students in residence halls/apartments and 63 in Family Housing the previous year. UW is used to having long wait lists for residence halls and the value of living in-residence will likely increase.

These numbers do not include UW Bothell and UW Tacoma. Those campuses run their own housing and food service programs. UW Tacoma has around 120 students living in campus housing and UW Bothell has around 100 students. FCSA will check with UW Bothell and UW Tacoma student service programs. UW Seattle HSF may accept students from other campuses if space is available.

6. **Good of the order**
Nothing was stated.

7. Adjourn

The meeting was adjourned at 2:57 p.m.

Minutes by Alexandra Portillo, faculty council analyst, xanport@uw.edu

Present: Faculty Code Section 21-61 A: Ann Culligan (chair), Kivanc Dincer, Dean Heerwagen, Gail Joseph, Clark Musselman, Caley Cook, Selma Powell
Faculty Code Section 21-61 B: Clara Coyote, Kat Eli, Jonathan Franklin
President’s Designee: Lincoln Johnson
Regularly invited guests: Glenna Chang, Mags Aleks, Natacha Foo Kune, Alexandra Schroeder

Absent: Faculty Code Section 21-61 A: Chris Campbell, Andrea Carroll
Faculty Code Section 21-61 B:

Exhibits

Exhibit 1 - WAC presentation
Exhibit 2 - FCSA November 2020 mental health
WAC changes & federal Title IX regulations

Process partner conversations
Federal Title IX Regulations

▪ (Informally) issued May 6, 2020
▪ Effective date August 14, 2020
▪ What’s at stake for UW: financial aid & research funding
▪ Department of Education requires compliance with prescriptive process
▪ Department of Education’s Office for Civil Rights charged with enforcement
478-121 WAC / UW Student Conduct Code

- Emergency rule drafted over the summer & became effective August 14, 2020
- Emergency rule will be renewed December 11, 2020
- Final draft for permanent rulemaking due December 16, 2020
- Permanent rule to be in effect by April 10, 2021
- Additional information about this timeline
How emergency rule drafted

Relevant documents informing process

- 34 CFR Part 106 (federal Title IX regulations)
- 34.05 RCW (Washington Administrative Procedure Act)
- 478-121 WAC (UW Student Conduct Code)
- SGP Chapter 210

Emergency WAC included what federal Title IX regulations required & reconciled laws for compatibility
Summary of changes to UW’s Student Conduct Code

- Two-pathways: federal & UW-only
- Narrower definitions of prohibited conduct & jurisdiction for federally-required process
- Dismissals of some complaints required
- Lengthier processes; more legalistic initial notices
- Hearings in all cases alleging conduct prohibited by federal regulations
- Hearings require advisors & verbally-conducted cross-examination
- Significance of testimony & evidence at hearings
Plans for permanent rulemaking

- Utilize emergency rule and incorporate minor changes
  - Rationale for plan
- Second permanent rulemaking process to occur
  - Start planning January 2020
Second permanent rulemaking process

- Consider broader changes to Student Conduct Code as existed prior to new federal Title IX regulations
- Assess desirability of broader integration of federal Title IX regulations
- Identify potential role of adaptable or alternative resolution
- Seek broader input from university community
Questions and comments

Confidential advocates are available to all students and employees at all UW locations:

washington.edu/titleix/resources

SafeCampus is available to all students and employees at all UW locations

washington.edu/safecampus

Office of the Title IX Coordinator is available to all UW community members for questions & feedback:

washington.edu/titleix/

Please VOTE!
OVERVIEW OF STUDENT MENTAL HEALTH
Collaborations and Impact

Glenna Chang, Associate Vice President for Student Life
Natacha Foo Kune, Director of Counseling and Mental Health Services
Megan Kennedy, Director of the Resilience Lab
Overview

- Three updates on student mental health at UW
- Reflects a continued shift from single program interventions to the type of **systems-level coordination/collaboration** required to address complex issues
Fall 2019 | UW’s “Continuum of Care”

Continuum of Care Model

PROMOTION

PREVENTION

-TREATMENT

RECOVERY

-SCALEABLE-

-COORDINATED-
Student Health Task Forces

November 2019, UW President Ana Mari Cauce and Provost Mark Richards charged:

- **Student Mental Health Task Force** to develop recommendations to: “...design an integrated, seamless and efficient [mental health] system that serves the needs of a diverse student body”

- **Hall Health Task Force** to make recommendations for "a sustainable organizational and financial model for Hall Health that serves to support the health care needs of the University community, especially its students"

Key outcomes of the recommendations that were endorsed by President Cauce and Provost Richards includes a **merge of two mental health units** as well as an organizational shift of **Hall Health to Student Life** and a vision that focuses **care on students and their well-being**.
2020 | Merge of Counseling and Mental Health Units

- Fall 2020: Natacha Foo Kune will lead this new unit; single front door
- Winter 2020: Organizationally merge two teams
- Summer 2021: Single, integrated mental health unit
Getting started with mental health care

UW Seattle students have access to a range of mental health and counseling support, including individual counseling, group therapy, workshops and crisis services. In an emergency, always call 911.

Need to talk with someone?

Need urgent help? Call 1.866.743.7732 to connect with UW’s partner My SSP (more details below).

Need to schedule an appointment? Call 206.543.1240 to speak with UW counseling and mental health staff during office hours:

• Monday, Wednesday, Thursday, Friday: 8 a.m. to 5 p.m.
• Tuesday: 9:30 a.m. to 5 p.m.

• Info here: https://wellbeing.uw.edu/topic/mental-health/
Connect with 24/7 support

UW partners with My SSP to give students access to real-time, confidential mental health and crisis intervention support, 24/7 and in multiple languages. There are several ways to connect:

- **Phone:** Call 1.866.743.7732
- (If calling from outside the US or Canada, dial 001.416.380.6578).
- **Online chat:** Chat with a My SSP counselor on the My SSP website or on the My SSP app (Apple App Store | Google Play)

We highly recommend that you download the My SSP app (Apple App Store | Google Play) to have the full range of services at your fingertips any time.

Info here: https://wellbeing.uw.edu/topic/mental-health/
The student experience: intake

Student calls in or initiates a chat via the My SSP App

Basic demographic information collected (first time users)

+ Needs & risk assessment conducted (all users)

Connected to Client Care Counselor for real-time support

Scheduled counseling booked (phone or video)

Campus/ community referral provided

High risk protocol initiated
Well-Being for Life and Learning

• Guiding questions: What does “care for the whole student” mean within a large public research university? What is the role of social-emotional learning in higher education?

• Through our Well-Being for Life and Learning initiative, the Resilience Lab aims to support instructors in designing learning environments that promote well-being. Our new guidebook includes a combination of research, best practices, and personal testimony tailored to supporting the whole student.
TEACHING FOR EQUITY AND ACCESS
Creating an atmosphere of belonging and addressing power, privilege, and oppression in the classroom (e.g., co-creating shared norms and expectations for class discussions).

NURTURING CONNECTION
Tending to the social connectedness students experience with others and supporting students as they build stronger connections and awareness within themselves (e.g., encouraging peer interaction through study groups).

FOUNDATIONS OF STUDENT WELL-BEING

BUILDING RESILIENCE COPING SKILLS
Teaching and modeling everyday practices to develop the four cornerstones of resilience: mindfulness, growth mindset, gratitude, and self-compassion (e.g., opening class with a few minutes of reflective journal writing).

CONNECTING TO THE ENVIRONMENT
Establishing an intentional and meaningful relationship between students and the places where they learn and grow (e.g., creating opportunities for students to learn outside).
Thank You.