

UW INSIDER

November 15, 2017

A weekly roundup of info and resources for UW faculty and staff

BENEFITS-ELIGIBLE FACULTY & STAFF

OPEN ENROLLMENT ENDS NOV. 30

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Only 15 days left for Open Enrollment

To enroll or make changes to your benefits, log in to Workday, click on the Inbox Worklet icon and open the message you received on Nov. 1. Your 2017 elections are listed in a chart where you can begin making changes for 2018.

Nominate your colleague for the Distinguished Staff Award by Dec. 1

Take this chance to share your experience of a staff member or team who goes above and beyond at the UW. Up to five individuals or teams will receive \$5,000 awards.



Create your own posters, flyers and more

UW templates are available in three



different sizes, with a variety of backgrounds and styles.



[The Special Olympics are coming to the UW this summer](#)

Join us tomorrow to help raise money to send athletes to the games. You'll get to meet athletes, hear inspirational stories and try one of their circuit workouts.



[Nominations open for the Distinguished Teaching Awards](#)

Whether you're an instructor, staff member or student, you can nominate an inspiring colleague for a Distinguished Teaching Award by Dec. 6.



NEWS & RESOURCES

IT CONNECT

[Instructors: What will you do when your classes can't meet?](#)

Take the readiness quiz and get recommendations for conducting classes and communicating with students when University operations are impacted by outages, weather or other disruptions.

[High-tech, huge-bandwidth support at GIX's new Steve Ballmer Building](#)

Students in the technology innovation degree programs at the new Global Innovation Exchange (GIX) building are supported by a super-fast, high-bandwidth network and powerful computing resources.

HUMAN RESOURCES

[Get emotional support this holiday season](#)

Connect with multilingual counselors to discuss big or small concerns through UW CareLink, our employee assistance program.

[Quit smoking with these helpful resources](#)

Make 2017 the year you quit. Learn about smoking cessation programs and resources offered through the UW's health plans, UW Medicine and Hall Health.

THE WHOLE U

[Lesle Gallimore on why losses still matter — even after 250 wins](#)

The head coach of Husky women's soccer discusses staying power, role models and more.

[Find out how to improve your workstation ergonomics on Dec. 7](#)

Learn how to lessen muscle fatigue, strain and pain and increase productivity by evaluating the ergonomic setup of your current workstation with Professor Peter Johnson.

COMMUNITY

[Celebrate National Philanthropy Day with the Student Philanthropy Education Program](#)

On Nov. 14 and 15, swing by the HUB, PACCAR Hall, the Health Sciences Center or Mary Gates Hall to learn about and celebrate philanthropy at the UW. Students will be signing thank-you cards for our generous donors who make the Husky Experience possible.

[How UW Recycling got its start](#)

Today is America Recycles Day. In honor of this national initiative, find out how UW Recycling evolved as a department on campus.

UPCOMING EVENTS

THURSDAY, NOV. 16

[Prostate Health 101 with Dr. Ostrowski and Dr. Wright](#)
5-6 p.m.
HUB 250

FRIDAY, NOV. 17

[Flu Shot Clinic](#)
9 a.m.-3:30 p.m.
Health Sciences Lobby

MONDAY, NOV. 20

[Replace Collect it with Google or Microsoft solutions](#)
10:30 a.m.-noon
Odegaard 102

TUESDAY, NOV. 21

[Grant and Contract Fiscal Administration: Compliance](#) 💰
9 a.m.-noon
Seattle campus

TUESDAY, NOV. 21

[Computer Vet Computer Clinic](#)
3:30-4:30 p.m.
Odegaard 320

WEDNESDAY, NOV. 29

[UWCFD Tower Charity Fair](#)
11:30 a.m.-1:30 p.m.
UW Tower, North Cafeteria



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