

W UNIVERSITY of WASHINGTON
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UW INSIDER

A WEEKLY ROUNDUP OF INFO AND RESOURCES FOR UW FACULTY AND STAFF

September 20, 2017




IN THIS ISSUE


- [Help disaster victims](#)
- Kick off Homecoming week with Dawg Dash
- Returning to campus and new to Workday?
- Join leaders at population health conference
- Experience the magic of Camerata Romeu
- News & resources
- Upcoming events

[Help disaster victims today](#)
 Hurricanes, earthquakes and more have recently impacted the lives of millions. You can make a difference by supporting nonprofits that provide assistance around the world.


[Kick off Homecoming week with Dawg Dash on Oct. 22](#)
 The Alaska Airlines Dawg Dash raises funds for the UW Alumni Association. Last year, nearly 4,000 Dawg Dashers helped raise more than \$20,000 to help UW students.



[Returning to campus and new to Workday?](#)
 Follow these four quick steps to get up and running with Workday, the UW's new human resources, payroll and benefits system.



[Join Bill Gates, Dr. Kim Jim, President Cauce and other leaders at population health conference](#)
 On Sept. 26 and 27, hear from some of the world's foremost leaders in health and development in honor



of the 20th anniversary of the Global Burden of Disease study.

[There's still time to experience the magic of Camerata Romeu](#)

Join us at Meany Hall on Sept. 25 for an evening of award-winning Cuban and Latin American chamber music.



NEWS AND RESOURCES

IT CONNECT

[Reminder: 2FA is required to access personal, payroll information in Workday](#)

You can sign in to Workday with your UW NetID and password, but remember you'll need two-factor authentication (2FA) to access payroll and some personal information, such as payslips, tax documents or home address.

[Help us improve IT Connect — your opinion matters](#)

Help improve the IT Connect website, UW's information technology tools and resources hub, by taking a short survey.

[DO-IT Scholars program featured on UW 360](#)

UWTV showcases how this summer program empowers high school students with disabilities to succeed in college. The program is offered by the Disabilities, Opportunities, Internetworking, and Technology (DO-IT) Center.

HUMAN RESOURCES

[Discover the benefits of mentoring](#)

Access a mentoring toolkit filled with tips, checklists and worksheets, and watch a panel of UW leaders discuss mentoring and their career paths.

THE WHOLE U

[Practice mindfulness at a nurturing retreat](#)

On Oct. 14, join The Whole U and UW Recreation's Mindfulness Program Manager Danny Arguetty for a full day of practice, courageous self-care, inner-reflection and stress-reduction.

[Join us for our Yoga Month Celebration with UW Recreation](#)

Let's fill the HUB ballrooms and celebrate the end of Yoga Month on Sept. 28 with a medium pace yoga practice that will improve mental clarity and awareness.

[Will a fad diet affect your gut microbiome?](#)

Learn about fad diets and their impact on the body with Associate Professor Will DePaolo, director of the Center for Microbiome Sciences and Therapeutics, and Kristine Carlson, registered dietitian.

COMMUNITY

[DACA resources available for UW students](#)

The City of Seattle's Office of Immigrant and Refugee Affairs is offering free workshops

and legal assistance to help eligible DACA recipients renew their status before the Oct. 5 deadline.

[Bill Cole named first recipient of Distinguished Teaching Legacy Award](#)

Almost 40 years after Bill Cole's death, his former students remain devoted to the memory of the man who spent 13 years as UW music instructor and director of the Husky Marching Band. This new award recognizes UW teachers who inspired and influenced their students both in and outside the classroom.

[Sign up for the Evidence Based Teaching program](#)

All faculty are invited to participate and learn what research says about effective teaching, how to experiment with new approaches and how to conduct classroom-based research.

UPCOMING EVENTS

MONDAY, SEPT. 25

[UW Tableau User Group](#)

11 a.m.-noon

UW Tower, 22nd Floor,
Boardroom

TUESDAY, SEPT. 26

[Thinking on Your Feet](#) 💰

8:30 a.m.-12:30 p.m.

Seattle campus

WEDNESDAY, SEPT. 27

[Dawg Daze Goes to the Sounders — Discounted Tickets!](#) 💰

7:30 p.m.

CenturyLink Field

MONDAY, OCT. 2

[Shaping Virtual Reality: Empathy and Inclusion in Emerging Tech](#)

Noon-1 p.m.

Condon Hall

TUESDAY, OCT. 3

[TALK | Human Rights and the Trump Administration](#)

3:30-5 p.m.

HUB 145

WEDNESDAY, OCT. 4

[SafeCampus Violence Prevention and Response Training](#)

10:30 a.m.-noon

UW Tower Auditorium
(Mezzanine Level)

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Help disaster victims

<https://www.cfd.wa.gov/cfd/Disaster-Relief-Center>

IN THIS ISSUE

*

Help disaster victims
#topstory

*

Kick off Homecoming week with Dawg Dash
#secondstory

*

Returning to campus and new to workday?
#thirdstory

*

Join leaders at population health conference
#fourthstory

*

Experience the magic of Camerata Romeu
#fifthstory

Close