

**W** UNIVERSITY of WASHINGTON HR | IT Connect | The Whole U | Faculty & Staff Insider

# UW INSIDER

A WEEKLY ROUNDUP OF INFO AND RESOURCES FOR UW FACULTY AND STAFF

**August 30, 2017**



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### [Report your Labor Day absence through Workday](#)

Most UW employees need to sign into Workday and record that they will be taking the day off on an official UW holiday. See if this applies to you.

### [Redeem your discounts for backup child care](#)

Be prepared when the center closes or coughs and fevers begin. Register today for flexible, discounted child care offered to UW faculty, staff and students on all of our campuses.



### [UW style is always in season](#)

From t-shirts to tablecloths, the brand swag page has it all. Place an order through one of our approved campus licensees for your department or unit.



### [Join us for our Yoga Month Celebration with UW Recreation](#)

Let's fill the HUB ballrooms and celebrate the end of Yoga Month on Sept. 28 with a medium pace yoga practice that will improve mental clarity and awareness.



## NEWS AND RESOURCES

### IT CONNECT

#### [Tumor-imaging microscope uses fast network, cloud platform for cancer diagnosis](#)

UW clinicians are studying the feasibility of real-time cancer diagnosis by uploading 3D tissue images to a public cloud platform using a UW-IT-designed high-speed network.

#### [Take a survey to help us improve the IT Connect website](#)

Take a quick eight-question survey to help improve the site, which features information technology resources, tools and services for students, faculty and staff.

#### [Use interactive diagram to understand how Workday stores and organizes employee info](#)

The interactive model in Knowledge Navigator, the UW's metadata repository, explains how Workday stores and organizes employee information.

### HUMAN RESOURCES

#### [Get back to the classroom this fall](#)

Whether you're interested in developing quick thinking skills, learning the foundations of fiscal reporting or cultivating cultural competence, these classes cover a variety of topics.

### THE WHOLE U

#### [Explore mindfulness meditation on Sept. 12](#)

Add practical and effective mindfulness techniques to your wellness toolkit that you can weave into your daily life.

#### [Will a fad diet affect your gut microbiome?](#)

Learn about fad diets and their nutritional impact with associate professor Will DePaolo, director of the Center for Microbiome Sciences and Therapeutics and Kristine Carlson, registered dietitian.

#### [Workshop helps caregivers and professionals work with children](#)

This interactive workshop provides adults who work with children and youth the keys to success for healthy relationships.

### COMMUNITY


#### [Join the UW for an evening with Camerata Romeu on Sept. 25](#)

See a dynamic performance by this Cuban chamber orchestra in their only West Coast appearance. This 16-member group has been bringing audiences to their feet for more than 20 years. Their performance begins at 7:30 p.m. in Meany Hall for the Performing Arts.

## UPCOMING EVENTS

THURSDAY, SEPT. 7  
[Lecture by Anna Pavord:  
Landskipping — A  
Celebration of our](#)

THURSDAY, SEPT. 7-  
THURSDAY, OCT. 26  
[Mindful-Based Stress  
Reduction 8-week Course](#)

MONDAY, SEPT. 11  
[Navigating Change in a  
Complex World](#) 

[Landscape](#)

7-9 p.m.  
Meany Hall for the  
Performing Arts



6-8:30 p.m.  
Center for Child and Family  
Well-Being

8:30 a.m.-4:30 p.m.  
Seattle campus

**TUESDAY, SEPT. 12**

[Scams, Shams & Identity Theft](#)

Noon-1 p.m.  
South Lake Union

**TUESDAY, SEPT. 12**

[School of Nursing Simulation Center Grand Opening](#)

2-4 p.m.  
Magnuson Health Sciences  
Center T-633

**THURSDAY, SEPT. 14**

[Innovation Summit Powered by AT&T](#)

11:30 a.m.-5:30 p.m.  
Hyatt Regency Bellevue

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Plain Text

```

<!--
.text {
font-family:Arial, Helvetica, sans-serif !important;
}
li {
list-style: disc !important /* Normalise space between
bullets and text */
}

-->
<!--[endif] -->
<!--[if (mso 12)|(mso 14)|(mso 15)]>
<mce:style type="text/css"><!
.text {
font-family:Arial, Helvetica, sans-serif
!important;
}

-->
<!--[endif] -->

<!--[if mso]>
<mce:style><!
body,table tr,table td,a, span,table.MsoNormalTable {
font-family:Arial, Helvetica, sans-serif !important; }
-->

<!--
/*import open sans from google fonts */
@import url(https://fonts.googleapis.com/css?family=Open
+Sans:400,400italic,600,600italic,800,800italic);
/* \/\\/\\/\\/\\/\\/\\/\\/\\/\\/ CLIENT-SPECIFIC STYLES
\/\\/\\/\\/\\/\\/\\/\\/\\/ */
#outlook a{padding:0;} /* Force Outlook to provide a "view
in browser" message */
.ReadMsgBody{width:100%;} .ExternalClass{width:100%;} /*
Force Hotmail to display

```

Close