

UW INSIDER

A WEEKLY ROUNDUP OF INFO AND RESOURCES
FOR UW FACULTY AND STAFF

July 12, 2017



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- Using Workday: Answers to your top questions
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[Improved CareLink services available for you](#)

UW CareLink is improving and expanding services to all benefits eligible UW employees, their dependents and household members. Access CareLink for counseling; legal, financial and eldercare assistance; coaching for managers and supervisors; and more.

[Using Workday: Answers to your top questions](#)

Get answers to your most frequently asked Workday questions including understanding your payslip, requesting time off, recording UW holidays and more.



[2FA secures your payslips and direct deposit information in Workday](#)

Two-factor authentication (2FA) is required to access your payslips and direct deposit information in Workday. It adds a second layer of security to protect your sensitive information.



[Register now for backup child care to get summer discounts](#)

Backup child care can be especially beneficial when your child's school is closed for the summer. Take advantage of great summer deals and availability on child care offered to UW faculty, staff and students on all of our campuses.



NEWS AND RESOURCES

IT CONNECT

[Renew Matlab, SPSS, SAS software licenses. Grace period ends July 31](#)

The math and statistics software can be renewed or downloaded through UWare, with the price the same in FY2018. UWare provides software at reduced cost due to licensing agreements with vendors.

[Make the move from Catalyst to Canvas with ease](#)

Learn how to easily move course content from Catalyst to Canvas in this July 24 workshop. Pick up tips and share best practices and tools with your peers.

THE WHOLE U

[De-stress in a yoga and meditation session with Danny Arguetty](#)

Join us Aug. 2 for a 60-minute medium-pace yoga practice that weaves together synchronized movement and breath with longer posture holds, followed by 15 minutes of grounded meditation.

[Learn how to age into strength with Dr. Kevin McQuade](#)

Join us Aug. 9 to learn how muscles work and what it takes to keep them strong. Leave with practical tips to include in your exercise program.

COMMUNITY

[New UW Campus Master Plan released; public comments incorporated](#)

The UW issued its 2018 Seattle Campus Master Plan and Final Environmental Impact Statement on July 5. The final document responds to comments received on both the draft master plan and the environmental impact statement during the comment period held last fall.

UPCOMING EVENTS

WEDNESDAY, JULY 12

[Mammogram Van](#)

Red Square George

Washington Hall near the

FRIDAY, JULY 14

[Zumba Party with Joanna](#)

[Soeung](#)

5:15-6:15 p.m.

MONDAY, JULY 17

[Experience Chi Walking with Laura Houston](#)

Meet 1 p.m.

washington Lane near the
Henry Art Gallery
(Call SCCA for appointment)

5:15-6:15 p.m.
HUB, Lyceum

NOON-1 p.m.
South Lake Union Campus

WEDNESDAY, JULY 19
[Buying and Remodeling a
Fixer-Upper](#)
Noon-1 p.m.
UW Tacoma

WEDNESDAY, JULY 19
[Credit Reporting 101](#)
Noon-1 p.m.
South Lake Union

FRIDAY, JULY 21
[Interviewing Job
Candidates](#) 
9 a.m.-4 p.m.
Seattle campus

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