

Subject: UW Insider: Set a fitness record; attend an education symposium hosted by President Cauce; and more

HTML


**W** UNIVERSITY of WASHINGTON
HR | IT Connect | The Whole U | Faculty & Staff Insider

# UW INSIDER

A WEEKLY ROUNDUP OF INFO AND RESOURCES  
FOR UW FACULTY AND STAFF

**Apr. 26, 2017**

## UW FITNESS DAY



**IN THIS ISSUE**

- Set a fitness record
- Join a discussion on public higher education excellence and access
- Build partnerships with small businesses at upcoming fair
- Find Courses feature in MyPlan gets mobile-friendly makeover
- News & resources
- Upcoming events

**[Set a fitness record with the UW](#)**

Take part in the largest circuit training workout ever held at the UW! Join us May 24 at Husky Stadium as we move together with the help of UW athletic coaches, IMA instructors and Whole U fitness partners.

---


**SHARE YOUR  
FEEDBACK**

Don't forget to take a quick survey to provide your thoughts on UW Insider.

---


**[Join a discussion May 2 on public higher education excellence, access](#)**

Speakers at The Lincoln Project Symposium will discuss how public research universities can be strengthened to address challenges faced by students, our state and nation. UW President Ana Mari Cauce will host at the Husky Union Building.



**[Build partnerships with small businesses at upcoming fair](#)**

Attend the UW Small Business Fair May 2 to meet with small, local, minority and women-owned businesses



and find out how you and your department can benefit from their goods and services.

### [Find Courses feature in MyPlan gets mobile-friendly makeover](#)

The redesigned Find Courses feature in MyPlan — UW's academic planning tool — allows students and advisers to quickly search the course catalog or time schedule from any device.



## NEWS AND RESOURCES

### IT CONNECT

#### [Explore vast collection of statistics in Data-Planet](#)

Data-Planet is a dynamic tool offered through UW Libraries to scan, search, compare and cite data from more than 4.9 billion datasets to create custom tables, maps, charts and other visualizations.

#### [Master Panopto with free workshop series](#)

Take advantage of one-hour Panopto workshops. Learn how to edit videos on May 2, caption videos on May 18, and share and reuse videos on June 2.

### HUMAN RESOURCES

#### [Mammogram Van screenings May 10 for Uniform Medical Plan members](#)

The Mammogram Van offers a convenient way to fit a mammogram screening into your busy schedule. Make your appointment today.

#### [Learn to design the end-user experience](#)

Participants in this two-day course will be introduced to the experience design storyboard, a tool that can be used to organize all the factors of the service experience. Learn more May 4 and May 9 on the Seattle campus.

### THE WHOLE U

#### [Marcos Llobera brings landscapes of the past to life](#)

Associate Professor in the UW Department of Anthropology and head of the UW's Digital Archaeology Lab Marco Llobera uses cutting-edge computational methods and digital archaeology.

#### [Celebrate spring with a Whole U cooking demo](#)

Come celebrate spring's bright flavors at our May 10 cooking class, where you'll learn how to make delicious spring risotto cakes and refreshing rhubarb shrub.

## UPCOMING EVENTS

**THURSDAY, APR. 27**

[Tai Chi Class](#)

Noon–1 p.m.

HUB 332

**FRIDAY, APR. 28**

[Audio: Ableton Push 2 + Sampling](#)

1–2:30 p.m.

Odegaard Sound Studio

**WEDNESDAY, MAY 1**

[Introduction to Poll Everywhere](#)

10 a.m.–noon

Odegaard 102

**TUESDAY, MAY 2**[Audio: Digital Audio Effects](#)

1–2:30 p.m.

Odegaard Sound Studio

**TUESDAY, MAY 2**[Introduction to Physical Computing with Arduino](#)

3:30–5:30 p.m.

Odegaard 102

**WEDNESDAY, MAY 3**[Foundations of Excel: Part II](#)

4–6 p.m.

Odegaard 102

[UPDATE YOUR SUBSCRIPTION](#) | [UNSUBSCRIBE](#) | [PRIVACY](#) | [VIEW THIS MESSAGE ONLINE](#)Email sent to [tbos@u.washington.edu](mailto:tbos@u.washington.edu)

© 2017 University of Washington

## Plain Text

University of Washington wordmark

HR | IT Connect |  
The Whole U | Faculty & Staff Insider<http://hr.uw.edu/>  
<https://itconnect.uw.edu/>  
<https://www.washington.edu/wholeu/>  
<http://www.washington.edu/facultystaff/>

UW Insider

Apr.?  
26,? 2017

Set a fitness record with the UW - banner graphic

<https://wholeu.admin.washington.edu/uwnetid/twuext/EventDetail.aspx?regid=&eventid=516&eventsessionid=552>

IN THIS ISSUE

\*  
Set a fitness record  
#topstory\*  
Join a discussion on public higher education excellence and access  
#lincoln\*  
Build partnerships with small businesses at upcoming fair  
#bizfair\*  
Find Courses feature in MyPlan gets mobile-friendly makeover  
#myplan\*  
News & resources

Close