STAY HEALTHY, HUSKIES

Take these steps to help prevent spreading the coronavirus that causes COVID-19.

Wash hands often with soap and water for at least 20 seconds. If water’s not available, use hand sanitizer with 60–95% alcohol.

Avoid touching your eyes, nose or mouth with unwashed hands.

Practice physical distancing: Avoid crowds and keep 6 ft. of distance from others.

Face coverings are required.

If you’re sick, stay home and avoid close contact with others. If you need to miss work, contact your supervisor.

Stay home, report to your Employee Health Center, and get tested if:

- You are sick, even with only mild symptoms, or
- Your health-care provider suspects or confirms you have COVID-19, or
- You had close contact with a person who has COVID-19

For more info: uw.edu/coronavirus
Contact Environmental Health & Safety: cphdehc@uw.edu or 206-616-3344

Sept 2, 2020