STAY HEALTHY, HUSKIES

Take these steps to help prevent spreading the coronavirus that causes COVID-19.

- **Wash hands** often with soap and water for at least 20 seconds. If water’s not available, use hand sanitizer with 60–95% alcohol.

- **Avoid touching your eyes, nose or mouth** with unwashed hands.

- **Practice physical distancing:** Avoid crowds and keep 6 ft. of distance from others.

- **Face coverings** are required.

- **If you’re sick, stay home** and avoid close contact with others. If you **need to miss work**, contact your supervisor.

Stay home, report to your Employee Health Center, and get tested if:

- You are sick, even with only mild symptoms, or
- Your health-care provider suspects or confirms you have COVID-19, or
- You had close contact with a person who has COVID-19

For more info: uw.edu/coronavirus
Contact Environmental Health & Safety: covidehc@uw.edu or 206-685-1026

July 28, 2020