

BE BOLD PLAY BIGGER MANIFESTO

- 1** I fully embrace building a life aligned with my highest dreams and aspirations. This means designing a life that acknowledges my unique gifts and talents rather than living the life that others expect me to live.
- 2** I lead a life of courage and conviction. I choose to embrace inspiration, contribution and personal growth rather than regret and playing small.
- 3** I know that my past does not define my future. I can break through unconscious patterns and generational programming that block my path to success.
- 4** I recognize that a key element of success is strengthening my "inner game". I commit to building psychological and emotional strength to continually develop personal excellence.
- 5** I recognize the power of living at the edge of my comfort zone. I will constantly push the boundary between who I am and who I want to become as a path to development and growth.
- 6** I acknowledge that I cannot do it all on my own and seek assistance and guidance when necessary. I look to others for inspiration, accountability and to accelerate my progress while remaining true to my authentic self.
- 7** I value the importance of connection with family and community as well as contributing to those less fortunate than myself.
- 8** I choose to surround myself with those who lift me up and celebrate my successes.
- 9** I commit to step up as the powerful leader in my life and business. I commit to making a much bigger difference in the world and to BE BOLD. PLAY BIGGER.®

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