



FRUIT

GINGERED GRAPEFRUIT SEGMENTS WITH HONEY

EL ARCO SMOOTHIE

Yogurt, berries, apple juice, banana, honey

TROPICAL FRUIT PLATE

Papaya, watermelon, pineapple, cantaloupe, granola, coconut

TROPICAL FRUIT PLATE WITH YOGURT OR COTTAGE CHEESE

CEREAL

ASSORTED CEREALS OR GRANOLA

BIRCHER MUESLI

Oats, apple juice, pecans, carrots, raisins, honey, milk

GRANOLA WITH YOGURT

Plain, strawberry or peach

TREATS

STUFFED CREPES

Berries, cottage cheese, banana or Nutella

HAM & CHEESE CROISSANT

EGGS

OMELET OF YOUR CHOICE

Mushrooms, peppers, chives, potato, ham or cheese, hash-browned potatoes

EGG WHITE OMELET

Asparagus, local panela cheese, tomato, onion, cilantro, hash-browned potatoes

RANCHERO EGGS

Mild tomato sauce, tortilla, beans, local panela cheese, chorizo

EGGS BENEDICT

Poached eggs, English muffin, Canadian bacon, Hollandaise sauce, hash-browned potatoes



COFFEE & TEA

CAFÉ AMERICANO

Ideal for starting the day, light and aromatic

ESPRESSO

An intense and aromatic expression of the finest Mexican coffee beans

CAPPUCCINO

A large espresso with steamed milk to please your palate

CAFÉ MOCHA

Delicious combination of dark chocolate, coffee and milk with whipped cream

SELECTION OF TEA

English Breakfast, Earl Grey, flavored black, Chamomile, green, herbal

FRENCH TOAST OR PANCAKES

CONTINENTAL BREAKFAST

Coffee, orange juice, sweet rolls or toast

AMERICAN BREAKFAST

Coffee, orange juice, two eggs any style, choice of bacon or sausage

SPECIALTIES

CHICKEN CHILAQUILES

Crisp tortilla pieces, green or red sauce, cheese, cilantro, onion and sour cream, two eggs

MACHACA TACOS

Dried shredded beef, tomato, onion, jalapeños, beans, guacamole, corn or flour tortillas

POPEYE BURRITO

Flour tortilla, baby spinach, eggs, bacon, cheese

SMOKED SALMON BAGEL

Cream cheese, red onion, capers

SEA OF CORTEZ BURRITO

Flour tortilla, shrimp, eggs, cheese, beans, tomato sauce