

Global Leadership Activities – Post-Program

Activity 2: Telling the Story- Reflection & Articulation

What did I really learn during my experience abroad? Talk about your experience and new skills in meaningful ways. Instructions: Consider each of the 9 characteristics below and think about the experience(s) you had abroad that demonstrate each of these outcomes. How could you discuss these skills with a potential school or employee using specific examples and meaningful language?

Self-Awareness	Conscious knowledge of one's own character, feelings, motives, desires - -
Appreciation of Diversity and Difference	The ability to recognize, understand and respect human diversity and differences among and between cultures and people - -
Independence	Self-reliant, not dependent on others for care or support, free from the influence, guidance, or control of others - -
Flexibility / Adaptability	The ability to adjust to new conditions, and changing to better suit a context or situation - -

Effective Communication Across Cultures

The ability to communicate verbally and in writing across various cultural backgrounds

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Leadership

The ability to motivate or guide others toward the accomplishment of a common task

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Cultural Intelligence

The ability to cross divides and thrive in multiple cultures

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Tolerance for ambiguity

The ability to adjust to new conditions, and changing to better suit a context or situation

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Empathy

The ability to sense, experience, or understand the feelings of another person

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