Friday Forum Cultural Adaptations to the DGA’s

2/11/22

09:34:31 From Terry Perry to Stefanie Sismaet(Direct Message):

She needs to be signed into zoom

09:38:02 From Stefanie Sismaet to Terry Perry(Direct Message):

She's trying to sign in but says it's telling her she's not authorized

09:38:45 From Terry Perry to Stefanie Sismaet(Direct Message):

Courtney is trying to get her on.

09:40:12 From Stefanie Sismaet to Terry Perry(Direct Message):

She's here now, thank you!

09:44:18 From Heidi Iyall to Everyone:

Tradition

09:44:23 From Noelle Elizabeth to Everyone:

Food sovereignty

09:44:31 From Kate Ortiz to Everyone:

variety

09:44:35 From Eileen Grigsby to Everyone:

choices

09:57:49 From Courtney Schupp (she/her) to Everyone:

Recipes here: https://wasnap-ed.org/live-well/recipes/

10:04:47 From Angela Shields to Everyone:

Those dishes look beautiful! Now I'm hungry. :)

10:05:59 From Noelle Elizabeth to Everyone:

Same! Looks SO good!!!

10:07:58 From Amber Noskoff to Everyone:

Thank you for sharing, Dorothy, great things to consider and love increasing veggies when using traditional rice noodles or ingredients.. The dishes are beautiful and look delicious!

10:08:02 From Heidi Iyall to Everyone:

Me too. Looks delicious!

10:08:30 From Amy Sigman to Everyone:

Looks delicious!

10:13:28 From Heidi Iyall to Everyone:

Beautiful, colorful food. I love the cultural tradition of slowing down meals and sharing with others.

10:21:52 From Heidi Iyall to Everyone:

Yum! It all looks delicious!

10:31:44 From Heidi Iyall to Everyone:

Love pickled vegetables!

10:32:27 From Amber Noskoff to Everyone:

Thank you so much to all of the speakers as this has been insightful, fun, and I've loved learning and seeing the variety of colorful recipes and traditions!

10:32:50 From Linda Mathews to Everyone:

This was a wonderful presentation thank you presenters.

10:32:59 From Amy Sigman to Everyone:

Thank you All!

10:34:09 From Anna Kitchin to Everyone:

Thank you so much for sharing your personal stories and food stories!

10:34:12 From Heidi Iyall to Everyone:

Thanks for this informative presentation and for pulling those resources together, Anna and CTW!

10:34:51 From Kate Ortiz to Everyone:

Thanks, loved the topic and format for today's forum!

10:34:58 From Angela Amico to Everyone:

Thank you!

10:35:00 From Anna Kitchin to Everyone:

If only we were in person and could have a potluck! ❤️

10:38:30 From Dorothy Nguyen to Everyone:

Thank you for having us here today!

10:38:42 From Noelle Elizabeth to Everyone:

Thank you! Now I am HUNGRY! Was a beautiful forum.