

WA SNAP-Ed FFY2021 Curriculum List

Starting in FFY 2021, curricula on the WA SNAP-Ed Curriculum List will be in one of two categories, Preferred and Acceptable. The new curriculum list format was established for two major reasons. First, it will help the evaluation team show that Washington SNAP-Ed's work has a positive impact on the people we serve. Second, it allows for more in-depth training and technical assistance from the CTW and Evaluation Teams. Local providers should consider the needs of their community and consult with their IA for the best selection possible for their program.

The list was established considering a number of factors. These include: 1) a rubric score assigned to each curriculum using an established rubric for WA SNAP-Ed*; 2) impact data from FFY2019 and Q1 of FFY20; 3) number of providers using a curriculum; and 4) number of participants reached by a curriculum. Preferred curricula scored higher in all these factors. Those in the acceptable list did not score as high.

Choices in this list span all age groups and compliment the [state guiding principles, priorities and objectives](#).

Before selecting a curriculum, you should know...

- When using the CATCH curriculum, we strongly encourage the use of *CATCH Kids After School* lessons and to consider implementation of the *CATCH Coordination Kit*.
- There are two new curriculum added to the FFY21 list. They are *Youth Participatory Action Research (YPAR)* and *Around the Table*. You can learn more about each curriculum by clicking the hyperlinks in the table below. Training will be provided for these two.
- We strongly encourage providers to select a curriculum from the "Preferred" list. If you want to use a curriculum found on the "Acceptable" list, please consult with your IA.

**The rubric considers alignment with statewide guiding principles, priorities and objectives, instructional design, educational technique, content and print materials.*

| Preferred Curriculum | Acceptable Curriculum | Link to Access |
|---|-----------------------------------|---|
| Youth, Grades K-5 | | |
| Read for Health (grades 1-2) | Marty Moose (grade 2) | Read for Health ; Marty Moose |
| CATCH (grades K-5) | Nutrition in Me (grades 3-4) | CATCH ; Nutrition in Me |
| My Plate in Practice (grade 3) | Nutrition to Grow On (grades 4-6) | My Plate in Practice ; Nutrition to Grow On |
| CHFFF (grades 3-5) | | CHFFF |
| Growing Healthy Habits (grades K-5) | | Growing Healthy Habits |
| Food Smarts (grades 4-5) | | Food Smarts |
| Older Youth (grades 6-12) | | |
| Food Smarts (grades 6-12) | EatFit (grades 6-8) | Food Smarts ; EatFit |
| CATCH (grades 6-8) | Teen Cuisine (grades 6-12) | CATCH ; Teen Cuisine |
| CHFFF (grade 6) | | CHFFF |
| YPAR (grades 6-12)** | | YPAR** |
| Around the Table (older youth and adults ages 14-21)) | | Around the Table |
| Adults | | |
| Food Smarts | Eating Smart Being Active (ESBA) | Food Smarts ; ESBA |
| Cooking Matters | | Cooking Matters |
| Plan, Shop, Save & Cook (PSSC) | | PSSC |
| Around the Table (older youth and adults ages 14-21) | | Around the Table |

** There are several curriculum written using YPAR. The link provided describes the curricula and CTW will provide further information about training and written curricula for WA SNAP-Ed