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Learning Objectives

You will be able to:

- Understand how to proctor the Eat Well + Move survey to Kindergarteners, first, and second graders.
- Know where to ask questions and find resources.
Agenda

- Overview of the Eat Well + Move Survey
- How to proctor this survey
- Frequently Asked Questions (FAQ)
- Sending in surveys
- Resources Recap
Overview of the Eat Well + Move Survey

- Used to evaluate Direct Education interventions for K-2nd graders.
- Six image-based questions.
- Evaluate twice – at start and end of intervention series.
- Currently available languages:
  - English, Spanish
  - Reach out to the evaluation team for other languages.

3rd – 12th graders use the “SNAP Happy” Survey.

Eat Well + Move surveys exist as PAPER surveys only
How to proctor this survey: Preparation

Definitions:
- Proctor = to supervise or oversee.
- Fidelity = consistency to keep accuracy over time.

Two “ingredients” when proctoring:
- The surveys → you’ll proctor these.
- The script → will help with fidelity.
Preparations To Do

☑️ Educators study the Eat Well + Move Instructor Guide.
  - Background, instructions, script, FAQ, printing and scoring guides.

☑️ Educators study the Direct Education Survey Guidance.
  - Survey overview, FAQ.

☑️ Educators complete this training.
  - Slides available for reference.
How to proctor this survey: Walk-through

- Have ready these things:
  - Script for yourself.
  - Surveys for students.

Introduction
- Introduce yourself.
- Ask students to use a pencil.
- Ask students not to talk.
- Ask students to raise hands to ask questions.
- Read the script from the instructor guide. (Fidelity ✓)
How to proctor this survey: Walk-through

Introduce the survey.

You’ll mark if it’s a pre- or post-survey on page 1 for the students separately.
How to proctor this survey: Walk-through

Ask students to fill out name and date.

Please write your name or ID# on the front page in the first white box.

Wait for students to write name.

Write the date in the next white box. The date is written on the board. Today’s date is _____ (say current date). If you have any questions, please raise your hand.

Wait for students to write the date.

Students should fill in their names. See Paper SNAP-Happy Training Part 2 for ID#s.
How to proctor this survey: Walk-through

Question 1

Q1

Question 1 is about being active and moving your body. Can you find question 1?... *(Point to each picture.)* There are pictures of a girl swinging,... a boy riding his bike,... a girl watching TV,... and a girl playing on her computer. ... ‘Circle the pictures that show kids being active.’ Circle as many pictures that you think are kids being active and moving their bodies.

Let your students know they can circle as many as they think are the right option, even if it’s all the options.
How to proctor this survey: Walk-through

**Question 2**

Now open your booklet and look for question 2. Question 2 is about healthy snacks. Can you find question 2?..... *(Point to each food picture.)*

Look at the snack pictures. There are pictures of french fries,..... small tomatoes,..... bananas..... and yogurt. ..... Now ‘Circle the healthy snacks.’ Circle as many pictures that you think are healthy snacks.

Wait for students to finish.

Use the guiding method: read the question and every answer choice.
How to proctor this survey: Walk-through

Question 3

Q3

Question 3 is about vegetables. Can you find question 3?... (Point to each food picture.) There are pictures of broccoli,... grapes,... an apple,... and green beans. ... Now ‘Circle vegetables.’ Circle as many pictures that you think are vegetables.

Wait for students to finish.

Read with a neutral tone of voice to avoid leading students to certain answers.
How to proctor this survey: Walk-through

Question 4

Q4

Question 4 is about dairy foods. Can you find question 4?.... (Point to each food picture.) There are pictures of a fried egg,... milk,... cheese,... and bread.... Now ‘Circle dairy foods.’ Circle as many pictures that you think are dairy foods.

Wait for students to finish.

Point to each answer choice image as you read.
How to proctor this survey: Walk-through

**Question 5**

*Question 5 is about fruit. Can you find question 5? .... (Point to each food picture.) There are pictures of strawberries, .... a pear, .... an orange, .... and carrots. .... Now ‘Circle fruits.’ Circle as many pictures that you think are fruit.*

Keep keeping your reading voice neutral.
How to proctor this survey: Walk-through

Question 6

Now turn to the last page and look for question 6. ..... Question 6 is about when you should wash your hands before eating. Can you find question 6? ..... *(Point to each picture.)* There are pictures of a girl brushing her hair, ..... a boy blowing his nose, ..... a boy tying his shoe, ..... and a girl petting a dog. ..... ‘Circle when you should wash your hands before eating.’ Circle as many pictures that you think are kids who should wash your hands before eating.

Astute students may think this is a trick question. Remind them to circle as many answers as they think are right options.
How to proctor this survey: Walk-through

Complete the survey with your students.

Please put your pencils down when you are done. I will collect your papers.

Walk around room and collect surveys making sure the student’s name and the date are on each booklet.

Thank you for helping today.

If more than one student has the same name, assist students to distinguish their names. See Paper SNAP-Happy Training Part 2 for detailed instructions.
How to proctor this survey: Walk-through

Educators complete the green box on the bottom of page 1.

- Mark whether it’s a pre- or post-survey on the right-hand side.
- Fill in the Youth ID field, using the state student ID number or the SNAP-Ed ID number.
- See Paper SNAP-Happy Training part 2 for detailed information in Youth IDs.
How to proctor this survey: Walk-through

Educators complete the orange box “For Staff”

- Especially helpful if the educator is not the same person as the one entering data into PEARs!
Frequently Asked Questions

My students can’t read. What should I do?
- It’s ok. The questions are image-based. Following the script, you’ll read out each question and all answer options, while pointing to each image.

My students can read. Do I still need to read the questions for them?
- Yes. Reading the questions and answer options helps the students understand the questions they way they were written.
My class has 2nd and 3rd graders. What should I do?
- Please use the Eat Well + Move survey for all students.
- Please mark clearly in the orange box at the end of the survey which students are 3rd graders.

A new student joined in the middle of the nutrition education series. Should they do the pre-survey?
- No, they don’t need to complete the pre-survey. This is to prevent them from feeling singled out.
- They should complete the post-survey together with the other students.
Frequently Asked Questions (con’t)

A different educator or the teacher is conducting this class. I’m in charge of the survey, but am not present in-person. Is that a problem?

- Not a problem at all. You can work with the other educator or teacher.
- Using a virtual meeting platform, still read out each question and all the answer options, like you would if you were there in person.
Sending in surveys

Double-check the surveys.
- Make sure all needed data is on the surveys (names, dates, youth IDs, pre- or post-survey box marked.)
- Make sure all fields in the orange box are filled out.

Your IA enters data (most common.)
- Fill out an IA cover sheet, if your IA requires one.

You/your LIA enters data.
- If this class coincides with the quality assurance requirements for sending in surveys, fill out a quality assurance cover sheet.
- See Paper SNAP-Happy Training Part 3 for more information.
Resources Recap

**SNAP-Ed Evaluation Webpage**
- Eat Well + Move Instructor Guide for In-Person DE
- FFY 2022 Direct Education Survey Guidance
- Pre/Post Surveys section of Evaluation webpage

**Paper SNAP-Happy Training Series (videos and slides)**
- FFY 2022 SNAP Happy Training Part 1: Proctoring Online and Paper Surveys
- FFY 2022 SNAP Happy Training Part 2: ID Numbers for Paper Surveys
- FFY 2022 SNAP Happy Training Part 3: Quality Assurance for Paper Surveys
Resources Recap (con’t)

Need more surveys?

- Please plan ahead. Surveys can take up to 12 weeks to arrive.
- For a small amount of surveys and if you have a color printer, consider printing them yourself.

If you still have questions after reviewing this video and the materials listed above, email the evaluation team at SNAPEdEvaluation@doh.wa.gov. Make sure to cc your IA!
To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.
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**Mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
**Fax:** (833) 256-1665 or (202) 690-7442;
**Email:** program.intake@usda.gov.

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1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; o’

**Fax:** (833) 256-1665 o’ (202) 690-7442;

**Correo electrónico:** program.intake@usda.gov.

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