

WA SNAP-Ed FFY2023 Curriculum List

Curricula on the WA SNAP-Ed Curriculum List is divided into two categories, Preferred and Acceptable. The curriculum list format was established for two major reasons. First, it helps the evaluation team show that Washington SNAP-Ed’s work has a positive impact on the people we serve. Second, it allows for more in-depth training and technical assistance from the CTW and Evaluation Teams. Local providers should consider the needs of their community and consult with their IA for the best selection possible for their program.

The list was established considering a number of factors. These include: 1) a rubric score assigned to each curriculum using an established rubric for WA SNAP-Ed*; 2) impact data from FFY2019 and FFY20*; 3) number of providers using a curriculum; and 4) number of participants reached by a curriculum. Preferred curricula scored higher in all these factors. Those in the acceptable list did not score as high.

Choices in this list span all age groups and compliment the [state guiding principles, priorities and objectives](#).

Before selecting a curriculum, you should know...

- When using the CATCH curriculum, we strongly encourage the use of *CATCH Kids After School* lessons and to consider implementation of the *CATCH Coordination Kit*.
- Walk with Ease has been added to the list. It may be taught either in person or in a virtual setting.
- We strongly encourage providers to select a curriculum from the “Preferred” list. If you want to use a curriculum found on the “Acceptable” list, please consult with your IA.

**The rubric considers alignment with statewide guiding principles, priorities and objectives, instructional design, educational technique, content and print materials.*

| Preferred Curriculum | Acceptable Curriculum | Link to Access |
|---|-----------------------------------|---|
| Youth, Grades K-5 | | |
| Read for Health (grades 1-2) | Marty Moose (grade 2) | Read for Health ; Marty Moose |
| CATCH (grades K-5) | Nutrition in Me (grades 3-4) | CATCH ; Nutrition in Me |
| My Plate in Practice (grade 3) | Nutrition to Grow On (grades 4-6) | My Plate in Practice ; Nutrition to Grow On |
| CHFFF (grades 3-5) | | CHFFF |
| Growing Healthy Habits (grades K-5) | | Growing Healthy Habits |
| Food Smarts (grades 4-5) | | Food Smarts |
| Older Youth (grades 6-12) | | |
| Food Smarts (grades 6-12) | EatFit (grades 6-8) | Food Smarts ; EatFit |
| CATCH (grades 6-8) | Teen Cuisine (grades 6-12) | CATCH ; Teen Cuisine |
| CHFFF (grade 6) | | CHFFF |
| YPAR (grades 6-12)** | | YPAR** |
| Around the Table (older youth and adults ages 14-21)) | | Around the Table |
| Adults | | |
| Food Smarts | Eating Smart Being Active (ESBA) | Food Smarts ; ESBA |
| Cooking Matters | | Cooking Matters |
| Plan, Shop, Save & Cook (PSSC) | | PSSC |
| Around the Table (older youth and adults ages 14-21) | | Around the Table |
| Walk with Ease | | |

** There are several curricula written using YPAR. The link provided describes the curricula and CTW will provide further information about training and written curricula for WA SNAP-Ed