Alliance for a Healthier Generation
Tools & Resources for Your SNAP-Ed Projects

APRIL 2023
Whole Child Health & Health Equity

We work to ensure that every mind, every body, and every young person is healthy and ready to succeed.
What, if any, HG resources have you used in the past with your projects, and how?
Healthier Generation Action Center

- Evidence-based Best Practices
- District & School Team Access
- Self-Paced & Flexible Experience
- Action Steps for Improvement
My Dashboard

Build a healthier organization with our 6 Step Process
Follow our proven process to solidify healthy policies & practices and strengthen the culture of health.
Learn about the 6 Step Process

Explore Resources
Discover trainings, one-pagers, worksheets, toolkits and more in the Resource Hub.
Access resources

My Organizations

Pita Comprehensive
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Go to Action Plan

Thriving Schools Integrated Assessment
The Thriving Schools Integrated Assessment is an evidence-based self-assessment tool to support districts and schools in identifying strengths and opportunities for improvement regarding policies and practices that promote student achievement and the well-being of
Thriving Schools Integrated Assessment - All Topics

- Advancing Core Policies & Practices
- Increasing Family & Community Engagement
- Improving Nutrition & Food Access
- Implementing Local School Wellness Policy
- Enriching Health Education
- Bolstering PE & Physical Activity
- Strengthening Social-Emotional Health
- Cultivating Staff Well-Being
- Promoting Tobacco-Free Schools
- Supporting School Health Services
- Reducing Chronic Absenteeism
- Addressing School Discipline
- Building Staff Capacity
- Fostering Positive School Climate and Culture
Improving Nutrition & Food Access

- To what extent does your school...
  - Implement strategies to **maximize participation** in school meal programs?
  - Implement **farm to school** activities?
  - Have a **process** in place to **collaborate with community organizations** to support nutrition & food access?
  - Use a **trauma-informed approach** to implement policies and practices regarding nutrition & food access?
  - Provide **adequate time** to eat school meals?
  - Prohibit the use of **food as a reward**?
  - **Mitigate stigma** associated with school meal programs?
Nutrition & Food Access

- To what extent does your school implement strategies to maximize participation in school meal programs?

Fully-In Place Response

- School implements at least 3 of the following strategies:
  - Breakfast in the classroom
  - Second chance breakfast
  - Alternative points of sale for reimbursable meals (e.g., outside lines, kiosks, grab & go options, reimbursable vending machines)
  - Marketing and merchandising techniques (e.g. attractive presentation, healthy options easily accessible, inviting cafeteria environment)
  - Seeking feedback from the school community through taste tests and surveys
Select “View” to add tasks, notes, etc.
Strategies to Deepen Engagement
Child Nutrition Services Staff

- Honor and celebrate their role & program strengths
- Promote unity between admin & CNS
- Avoid pointing out opportunities; offer tools to help them discover and ideate
- Promote resources that will make their lives easier (i.e., Smart Food Planner)
- Start with staff wellbeing
More Recommended Resources
Resource Hub

- Filling Your Cup: Comprehensive Self-Care Strategies
- Improving NS & FA

- Celebrations that Support Health
- Applying a Trauma-Informed Lens to PA
- Classroom PA Resources

- District Leadership Team Toolkit
- School Wellness Committee Toolkit

On-Demand E-Learnings
Context Specific Resources
Toolkits & Guides
America’s Healthiest Schools

- Healthier Generation’s annual list of America’s Healthiest Schools recognizes schools for advancing the health of the entire learning community.

- Any U.S. K-12 school is eligible to apply for recognition in up to nine topic areas.

- Awardees will receive a promotional package to share their accomplishments with the community.

Learn more and apply at healthiergeneration.org/award
Improving Nutrition & Food Access

Recognizes school teams that:

▪ Maximize school meal participation
▪ Partner with community organization to increase food access for students
▪ Collaborate with teachers on nutrition education

Learn more and apply at healthiergeneration.org/award

Call 888-543-4584 or e-mail awards@healthiergeneration.org
Implementing Local School Wellness Policy

Recognizes school teams that:

- Implement the district’s wellness policy with a diverse, coordination team
- Set measurable goals
- Reflect on progress, successes, and challenges

Learn more and apply at healthiergeneration.org/award

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Questions?
Thank you!

@healthiergen  /HealthierGeneration