



Orientation

Welcome, amazing ladies! Thrilled for all of us – Woohoo!

- You – becoming unrecognizable – live and biz
- Me – dream come true – divine purpose

Want to share a few things so we can co-create a fabulous experience together:

1. This group is my #1 priority and project this year and I'm committed to supporting you to succeed
2. Creating business from the feminine – a few key grounding principles
 - a. We are co-creating, you are co-creating with the energy of life itself, allowing God, spirit, the greater field of life, whatever you call it, to move through you – fulfilling your Divine Purpose through this business.
 - b. All parts of you are welcome here, even the parts that normally get rejected by others
 - i. Other groups – rejection of the strong energy – burned at the stake feeling – not in this group
 - ii. If you have an issue with me, I prefer you presence it with me 1:1 – and, if it's something that would benefit the group to be a part of, then I will share it in the group
 - c. Cycles
 - i. Of the year – ebbs and flows in energy
 1. High energy cycles start in September, January and springtime – slower energy in summer and winter holidays
 2. Building launch schedule around these cycles
 - ii. Your monthly moon cycle
 1. Plan rest and slower time before and during period – rest and reflection
 2. Plan more activity for 2 or 2 and a half weeks right after period
 - d. Listen to my series – 3 Feminine Secrets to Client and Money Flow for more on the feminine
 - i. Putting yourself first in your calendar

- ii. Commit to your own evolution as though your life depends on it – otherwise, your mind will get in your way – so much biology and conditioning to overcome that has been interfering with the full expression of you and your divine purpose since birth
- iii. Bring your full self to your life and business - Creating your business from your whole self, and not from fragmentation – create from your divine purpose - the divine feminine, from your embodied wisdom and divine purpose and not from your mind – that’s when the magic happens, connections abound, the universe is up underneath you supporting you
- e. Key archetypes of the divine feminine we will start playing with – 13 in total
 - i. Great Mother, Muse, Goddess of Love, Wild Woman, Creatrix, Kali – some of the ones we will invoke first
 - ii. Great Mother - so as you are sitting in empty presence, you can just sit with these two simple words, “I surrender. I receive.”

This spiral is the Great Mother’s sacred geometry of never ending.

Wherever we end we begin again, again, again. So feeling how that spiral is when you walk a labyrinth when you draw the spiral, when you allow yourself to feel the spiral in most dance, there is the spiral, the dancers belly dance and that is completely based on the spiral as a movement and internal rhythm.

There is a wisdom path, beloved, deep inside your woman’s body. It weaves you back to the first woman that ever was. It weaves you to your mother and her mother before her. It is a cosmic umbilical cord that rhythmically undulates from belly to belly to belly to belly across all time and space.

It holds the divine encoded wisdom of your ancestors. Their stories are held in your blood. It binds you to every woman on this earth. It binds you to every birth and every death. It binds you to the first woman that ever was. It binds you to the Great Mother.

There is a wisdom path deep inside your woman’s body. This path is the cycle of Mother Nature and the belly of the earth, of the moon waxing and waning every month of the season’s coming and going of breath entering and leaving of creation and destruction of life and death.

There is a wisdom path deep inside your woman’s body just as a flower goes from tiny bud to full blooming radiant beauty and back to seed again.

Notice your life unfold each battle of your being opening unfurling and revealing within a great beauty of depth, wisdom and grace.

There is a wisdom path deep inside your woman's body. It speaks of the wisdom of your feminine being, the maiden in her first blood, the mother giving birth, the crone and has far-sighted vision. This wisdom sings of the treasures and the teachings of each cycle of life.

It knows you as sacred. It reveres you as the wisdom keeper of life. It honors you as the heartbeat of the universe. Beloved, there is a wisdom path deep within your woman's body.

It is the seat of your creativity, your passion, your purpose, your fierce love. It is your very life blood. It is a sacred umbilical cord that weaves from your belly to your mother and her mother and her mother and her mother before her.

Belly to belly to belly to belly out across time and space seeing your mother, your grandmother and your mother line spanning back all the way to the first woman that ever was, Great Mother.

We will be deepening with this energy this month as we birth or rebirth our businesses.

3. Energy field of the group
 - a. Co-create
 - b. Be up underneath each other, supporting each other
 - c. Sisterhood, friendship and support
 - d. The more you show up to the calls and the FB group, the more the energy field will grow – force to be reckoned with – new generation feminine leaders
 - e. Each and every one of you is important
 - i. Contribute to the FB group at least once a week, if not more
 - ii. Show up live to the calls if at all possible or listen to the recordings as soon as you can
 - iii. If you can't make it live to the call, submit your questions in advance on the FB thread set up for that call
 - f. Giving feedback
 - i. Make sure to read and comment on the posts of others
 - ii. Critical feedback
 1. If you have critical feedback to share, but the other person hasn't clearly asked for feedback, ask permission before you share it and always start with something positive and then move to the feedback

2. If it makes sense to do so, offer the feedback in this way:
 - a. I loved X and I want to see more of it ...
 - b. I'd like to see less of ...

4. Course Logistics

a. Call info:

- i. All calls will be on the same conference line – webcast info will change. Encourage you to dial-in if you can. Local dial-in info and skype dial-in info will be provided. A couple of you in England, 1 in Canada, lady from Australia who may be joining and some more ladies possibly coming.
- ii. Call times – I'm probably going to move one of the monthly calls to an evening time so that people in Australia and that part of the world can make at least one call live.
- iii. I will sometimes share new content or go over content that has already been released.
- iv. Then, I will open up the lines for group coaching.
- v. First we will address questions about the content we are covering. Then, I will open the lines for other questions.
- vi. If you have a burning question that isn't related to the current content, please go ahead and ask it.

b. Course plan

- i. Co-creating course content: Promise that I will deliver all the content I promised on the course page; however, I am not promising to deliver it in the order listed. Following the energy with biz content and archetypal content. If you have any issues with this or anything else that has been shared. Can't promise that I'll change things, but I will definitely listen and take in your feedback.
- ii. First month, ground into the program, work with sphere of life bonus and start refining message and what you do statement.
- iii. Pre-recorded audio content will be released throughout the month, as the energy moves through me and the group.
- iv. My vision is that all of you will do a telesummit before the course ends – target fall 2014, January 2015 or Spring 2015 – following the energy of the cycles of the year
- v. Following the energy of this cycle, will be adding new ladies to the group in fall 2014 and in January 2015.

- c. Your accountability partner will be assigned by the end of June. If you wish to self-organize on this and choose your partner, that is fine too. Again, following the energy.

Introduction - Your WBLU Pre-Questionnaire

Let's have some fun with a short quiz. Answer it based on where you are right now. Then, take it again at the end of the program to celebrate how you've grown and where you may need more support.

There are no right or wrong answers.

Rate how much you agree with each statement on a scale of 1(low) to 10 (high). 1 is "Do not agree," and 10 is "Agree very much."

_____ I am clear on my divine right client and ideal niche.

_____ I am very clear on who I am here to serve, the problem I solve, and how I help them with that problem.

_____ I know that I am the person to help my divine right clients.

_____ I have accountability and support in place to reach my business goals each week.

_____ I know how to magnetize my divine right clients.

_____ I believe I deserve money and I know how to attract it in ways that feel aligned.

_____ I have a clear plan for how to increase my income in my business.

_____ I know how to leverage time in my business so I have time to work and play.

_____ I always know what to do next in my business because I follow my Spiritual Guidance and my business savvy.

_____ I am patient in my business because I know that developing a soul-full business can take time.

_____ I'm willing to move forward in my business even when I feel afraid and unsure because I know this is normal.

_____ I don't give up, even in the face of perceived failure.

_____ I pay attention to all the money that comes into my business and goes out of my business.

Your WBLU Declarations

Inner Transformation

1. I bring my whole self to business and life.
2. I commit to my own evolution as though my business and life depend on it, because they do!
3. I make it a habit to face my fears and live outside of my comfort zone.
4. I alchemize my challenges into a force for positive business and world change.
5. I practice bringing the vibrations of gratitude, love, peace and abundance to my life everyday.
6. I feel into the vibration of my future self, the one who has achieved my dreams, and I bring that vibration into now. I act from that vibration, and it is from this place that I bring my future into now. This is the secret to manifesting what I want for myself, and for the world.
7. I cultivate patience and perseverance while growing my business; I know that developing a soul-full business takes time.
8. I stay out of overwhelm by making time for self-care, pacing myself and taking delicious breaks.
9. I have faith that everything is always working out for me, even when it looks and feels to be the opposite. In other words, I keep the faith, no matter what!

Money Magnetization

1. I believe that I can flourish financially doing what I love and giving my gifts, and I develop my business savvy to create this reality.
2. As I continue to raise my vibration through my radiance practices, I magnetize clients and money.
3. I boldly own the truth of my value as I price and sell my fabulous offerings.
4. I pay attention to money, and money pays attention to me. I step into a more powerful money story every day, and it shows in my financial results.
5. I increase my income one financial win at a time.
6. I pay attention to my income and expenses.

7. I focus on income-producing activities.
8. My inner abundance is reflected in outer abundance.

Inspired Action

1. My inspired action flows from my inner wisdom, spiritual guidance, and business savvy.
2. Inspired, savvy action creates soul-fully aligned, out-of-the-box business results.
3. I have big dreams, and I take small, achievable steps towards them everyday.
4. I recognize and celebrate progress in all its lovely shapes and sizes.
5. I have a plan for my year, every quarter, every month, and everyday, and I take inspired action to make that plan a reality.

*The 7 Feminine Spiritual Laws of Success:
from Claire Zammit and Katherine Woodward Thomas*

1. BE FULLY COMMITTED to yourself and to life.
2. BE a CREATOR versus a consumer of that which you desire.
3. BE RECEPTIVE & live with a consciousness of possibility.
4. BE COURAGEOUS & willing to take risks.
5. BE OUTSTANDING at all that you do.
6. BE GENEROUS & GENERATIVE in all your relationships.
7. BE RESILIENT & UNSTOPPABLE in the face of setbacks and disappointments.