

CONNECTED: OLDER CHILDREN/TEENS

BEST USE

As an activity with older children/teens

NUTRITIONAL VALUE

Discussing how to use technology in a God-honoring manner

ADVANCE PREPARATION

- Schedule a time to connect with your child over a favorite treat
- Gather items: Bible, computer and/or mobile device

SERVE IT UP

Follow the simple steps for a great experience.

STEP ONE: Talk about It

Use this time to connect with your child through conversation about positive uses of technology.

STEP TWO: Play

Ask your child what game they like to play on a technology device. Play that game or find a new game that you can enjoy together. Consider playing a game like Yahtzee, Scrabble, Family Feud or several other free versions of games in the mobile app store.

STEP THREE: Listen

Ask your child what song(s) they enjoy listening to. Spend time searching and listening to music while looking at the lyrics. Ask them which current, popular songs have offensive/questionable or God-honoring lyrics. Check out the top Christian songs together and the free Air1 app for a good variety of current popular music.

STEP FOUR: Read

Read **1 Corinthians 10:31** together: *“So whether you eat or drink or whatever you do, do it all for the glory of God.”*

STEP FIVE: Discuss

Discuss how to use technology in a manner that honors God. Consider reviewing/signing the “Connected Family Contract” to further the discussion.

End your time together thanking God for your family and asking Him to help you stay connected and help you avoid using technology in ways that might dishonor Him.