

Chasing Work-Life Balance

Psalms 127-128

Consider the toil of our work .

Confess our need for family blessing

Commit to the shalom path of godly priority and dependence

Personal Reflection/Application:

- How has self-reliance shaped the way you work and do life?
- What causes you to overwork or be out of balance?
- What is the Holy Spirit saying to you today about the way you work and live?
- What part of your work attitude needs to be surrendered and changed?
- Ask Christ for help to seek Him first and entrust yourself and your work fully to Him.
- Ask for His peace and presence to fill you at work and at home.