

# Preach the Gospel to Yourself

## *Psalm 103*

### **Big Idea:**

Because our souls forget God's benefits, we must preach to ourselves the covenant gospel of the Lord: his mercy forgives our sins, his faithfulness outlasts our lives, and his reign summons our souls into worship.

### **I. Introduction: Your soul is always being preached to Psalm 103:1–2**

### **II. Preach to yourselves**

#### **Psalm 103:1-2, 22**

- A. David commands his own soul
- B. David tells his soul not to forget
- C. David never stops preaching to himself

### **III. Preach God's mercy to yourself**

#### **Psalm 103:3, 6–12**

- A. Preach forgiveness to your guilty soul.
- B. Preach God's revealed character to your fearful soul.
- C. Preach complete pardon to your condemned soul.

### **IV. Preach God's everlasting faithfulness to yourself**

#### **Psalm 103:13–18**

- A. Preach fatherly compassion to your frail soul.
- B. Preach eternal mercy to your fading soul.
- C. Preach covenant hope to your anxious soul.

### **V. Conclusion: Preach your soul into worship**

#### **Psalm 103:19–22**

- A. The Lord who forgives also reigns.
- B. The worship of the soul joins the worship of creation.
- C. The final word returns to your own soul: "Bless the LORD, O my soul!"