

# **“Fear & The Subconscious**

*By: Pastor Vern*



# **Genesis 3:6-10 (NIV)**

***[6] When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.***

***[7] Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.***



**[8] Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. [9] But the LORD God called to the man, “Where are you?” [10] He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.”**



**5%**  
Conscious brain activities



**95%**  
Unconscious brain activities



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# **James 1:6-8 (NIV)**

**[6] But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. [7] That man should not think he will receive anything from the Lord; [8] he is a double-minded man, unstable in all he does.**

## **2 Corinthians 10:3-5 (AMP)**

**[3] For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons. [4] For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds,**



## **2 Corinthians 10:3-5 (AMP)**

**[5] [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),**

**The human mind records /  
remembers primarily in pictures.**





# **Genesis 15:1-6 (NKJV)**

**[1] After these things the word of the LORD came to Abram in a vision, saying, “Do not be afraid, Abram. I am your shield, your exceedingly great reward.” [2] But Abram said, “Lord GOD, what will You give me, seeing I go childless, and the heir of my house is Eliezer of Damascus?”**

**[3] Then Abram said, “Look, You have given me no offspring; indeed one born in my house is my heir!” [4] And behold, the word of the LORD came to him, saying, “This one shall not be your heir, but one who will come from your own body shall be your heir.” [5] Then He brought him outside and said, “Look now toward heaven, and count the stars if you are able to number them.” And He said to him, “So shall your descendants be.” [6] And he believed in the LORD, and He accounted it to him for righteousness.**



# **Psalm 91:1-9 (NKJV)**

**[1] He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. [2] I will say of the LORD, “He is my refuge and my fortress; My God, in Him I will trust.”**

# **Psalms 91:1-9 (NKJV)**

**[3] Surely He shall deliver you from the snare of the fowler And from the perilous pestilence.**

**[4] He shall cover you with His feathers,  
And under His wings you shall take  
refuge; His truth shall be your shield and  
buckler.**



# **Psalms 91:1-9 (NKJV)**

**[5] You shall not be afraid of the terror by night, Nor of the arrow that flies by day,**  
**[6] Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday. [7] A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you.**

# **Psalms 91:1-9 (NKJV)**

**[8] Only with your eyes shall you look, And see the reward of the wicked. [9] Because you have made the LORD, who is my refuge, Even the Most High, your dwelling place,**



**Subconscious always believes  
and is scanning for what it  
perceives as truth.**



**The Subconscious will speak via emotions, verbally (thoughts), and if it's not heard, eventually through your body (sickness).**





**John 8:32 (NIV)**

**[32] Then you will know the truth,  
and the truth will set you  
free.”**

## **2 Corinthians 10:3-5 (AMP)**

**[3] For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons.**



**[4] For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds,**

**[5] [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),**



**Your data base / program will argue with you. (v. 5)**

**It will only be reprogrammed (mind renewed) with**

- Truth.**
- Purposeful choices of leadership (by the 5%)**
- Forced (captive) obedience.**

# Hebrews 4:12 (AMP)

**[12] For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart.**