



## Strategies to Slow the Spread of COVID-19 in Minnesota

To protect public health and slow the rate of transmission of COVID-19, the Minnesota Department of Health recommends implementing the following mitigation strategies.

### MDH Recommends Postponing or Canceling Certain Events

These events include:

- Large events of 250 or more people should be postponed or canceled
  - This includes but is not limited to concerts, conferences, and professional, college, and school performances or sporting events
- Smaller events that are held in venues that do not allow social distancing of 6 feet per person
  - This includes gatherings in crowded auditoriums, rooms or other venues
- Events where the majority of participants are at higher risk for severe illness from COVID-19 should be limited to no more than 10 people
  - This includes gatherings at retirement facilities, assisted living facilities, developmental homes, and health support groups

### MDH Recommends Immediately Implementing Mitigation Strategies

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| <p><b>Individuals and Families at Home</b></p> | <ul style="list-style-type: none"> <li>• Monitor local information about COVID-19 in your community</li> <li>• Practice personal protective measures, including keeping social distance of at least 6 feet and washing hands frequently</li> <li>• Put household preparation plan in action</li> <li>• Individuals at higher risk for severe illness should avoid large gatherings, avoid travel, and stay home as much as possible</li> </ul> |
| <p><b>Schools and Childcare Centers</b></p>    | <ul style="list-style-type: none"> <li>• Cancel or postpone all large events and gatherings of more than 250 people</li> <li>• Limit school-to-school events</li> <li>• Provide alternative learning environments for high-risk children</li> <li>• Sick students and staff should stay home until symptom-free for at least one day</li> </ul>  |

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|  | <ul style="list-style-type: none"> <li>• Incorporate extra handwashing into the daily routine and reinforce proper cover-your-cough procedures</li> <li>• Cancel interstate and international travel</li> </ul>  |
| <p><b>Assisted Living Facilities, Senior Living Facilities, and Adult Day Programs</b></p> | <ul style="list-style-type: none"> <li>• Implement social distancing measures</li> <li>• Reduce large gatherings</li> <li>• Alter schedules to reduce mixing, such as staggering meals and other activities</li> <li>• Have residents stay in facility</li> <li>• Limit visitors and programs with external staff</li> <li>• Screen attendees, staff, and visitors for temperature and respiratory symptoms</li> <li>• If cases occur among staff or residents, consider short-term closures for cleaning and contact tracing</li> </ul>   |
| <p><b>Workplaces</b></p>   | <ul style="list-style-type: none"> <li>• Encourage staff to telework when feasible</li> <li>• Implement social distancing measures if not teleworking, including requiring at least 6 feet between workers, staggering work schedules, and limiting in-person meetings or gatherings</li> <li>• Limit non-emergency work travel</li> <li>• Consider temperature and respiratory symptom screening of staff and visitors entering buildings</li> <li>• Require workers who are ill to stay home</li> <li>• Provide accommodation for individuals at higher risk for severe illness, such as teleworking or separate office</li> </ul> |
| <p><b>Community and Faith-Based Organizations</b></p>                                      | <ul style="list-style-type: none"> <li>• Follow general guidance for group gatherings</li> <li>• Consider offering video or audio of events</li> <li>• Determine ways to continue providing support services to individuals at increased risk of severe disease</li> </ul>   |