

2 Corinthians 10:3-5 (AMP)

[3] For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons.

[4] For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds,

[5] [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),

So here's my plan for the remainder of the series:

#1) Reiterate and explain how the Soul / Brain works, and show what we have to do to renew it.
(From both scientific discoveries and what the scripture says - they both agree)

#2) Give you the steps / point by point in a list form of that are found in scripture and that science now confirms are the way to reprogram the subconscious.

#3) Give many examples of how to renew / transform the mind and then keep applying the list of steps to the examples.

> specifically in the area of FEAR.

Romans 12:1-2 (NIV)

[1] Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God —this is your spiritual act of worship. [2] Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is— his good, pleasing and perfect will.

Acts 20:32 (AMP)

[32] And now [brethren], I commit you to God [I deposit you in His charge, entrusting you to His protection and care]. And I commend you to the

Word of His grace [to the commands and counsels and promises of His unmerited favor]. It is able to build you up and to give you [your rightful] inheritance among all God's set-apart ones (those consecrated, purified, and transformed of soul).

Philippians 3:10 (AMP)

[10] [For my determined purpose is] that I may know Him [that I may progressively become more deeply and intimately acquainted with Him, perceiving and recognizing and understanding the wonders of His Person more strongly and more clearly], and that I may in that same way come to know the power outflowing from His resurrection [which it exerts over believers], and that I may so share His sufferings as to be continually transformed [in spirit into His likeness even] to His death, [in the hope]

Ephesians 4:22-24 (AMP)

[22] Strip yourselves of your former nature [put off and discard your old unrenewed self] which characterized your previous manner of life and becomes corrupt through lusts and desires that spring from delusion;

[23] And be constantly renewed in the spirit of your mind [having a fresh mental and spiritual attitude],

[24] And put on the new nature (the regenerate self) created in God's image, [Godlike] in true righteousness and holiness.

Colossians 3:9-10 (AMP)

[9] Do not lie to one another, for you have stripped off the old (unregenerate) self with its evil practices,
[10] And have clothed yourselves with the new [spiritual self], which is [ever in the process of being] renewed and remolded into [fuller and more perfect knowledge upon] knowledge after the image (the likeness) of Him Who created it. [Ge 1:26.]

Titus 3:5 (AMP)

[5] He saved us, not because of any works of righteousness that we had done, but because of His own pity and mercy, by [the] cleansing [bath] of the new birth (regeneration) and renewing of the Holy Spirit,

Hebrews 9:9 (AMP)

[9] Seeing that that first [outer portion of the] tabernacle was a parable (a visible symbol or type or picture of the present age).

In it gifts and sacrifices are offered, and yet are incapable of perfecting the conscience or of cleansing and renewing the inner man of the worshiper.

Last statement of the first message:

When we ask for a Move of the Spirit / Revival / get in on the Outpouring of the Spirit, it doesn't begin by changing things around us - IT BEGINS BY CHANGING US!!!

For an increased outpouring - he needs to change us for it to happen.



“ My people live lives that are greatly motivated by fear”.

Fear is truly believing that if we.....

- Something bad is going to happen.

Fear is not the Opposite of Faith.
FEAR IS FAITH.

> It's simply believing the wrong god.

Fear is not based on the application of Logical Knowledge and Wisdom.

Fear is an emotionally based response designed to protect ourselves from what is generally perceived as a threat by our information.

> Often formed from bad experiences / instruction.



5%

Conscious brain activities

95%

Unconscious brain activities



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Shame says: something is wrong with me.

: I am bad / I am wrong.

: I am flawed / defective in some way

: It's not a behavior or bad choice - it's me.

How the Subconscious speaks to us.

1) We will get a feeling / emotion first.

2) If that doesn't convince us, we'll get a picture. (Flashback - Vain Imagination)

> That usually does it and gets us to put our guard up to protect ourselves

3) However, if..... > then it'll speak to us via
our thoughts.

4) Also: If we interrogate the subconscious,
it will speak to us in our thoughts.

FACTS ABOUT THE SUBCONSCIOUS:

- 1) It is an information / data base or storage center.

2) The information comes in primarily via the 5 senses. - Begins in the 3rd trimester of the womb.

3) A new baby is a clean slate.

- All our information has been given to us.

4) How information is given:

a. 5 senses. (Parents, teachers, experiences, etc.)

b. Spiritual sources - God's realm

- Demonic realm

c. Yourself. (Your cognitive mind / prefrontal cortex)

telling yourself - memory / subconscious

- what to believe. Forming Conclusions.)

6) The beliefs that form concerning ourselves or our life develop either a positive or negative load / outlook on life / expectation in life.

- good or poor self-esteem (typically affects hygiene)
 - glass half full or half-empty perspectives
- seeing possibilities or problems - feeling people generally like us or they don't
 - believing something will work for us or not
 - expecting to succeed or fail
 - expecting acceptance or rejection
 - living in a positive, upbeat, happy mode
 - living in a negative, depressed, sad, angry mode

FACTS ABOUT THE SUBCONSCIOUS:

1) It operates from a position of defense or self-protection.

- it's first two impulses are:

- a. FEAR (something bad is going to.....)
- b. SHAME (something is wrong with me / I'm flawed)

2) The subconscious believes it's job is to help us
survive
and to protect us.

Since it's trying to protect us: it will automatically
go
to some form of FEAR.

- Fight
- Flight
- Or, Freeze.

3) The majority of the feelings, thoughts, decisions, and choices made in that mindset will result from:

- FEAR
- SHAME

> The beliefs, reactions, ways we handle those kind of situations, etc.

- Become automatic responses we know as Strongholds.

4) All the information is stored and recalled in a
‘PRESENT
/ NOW’ perspective.

a. A past or future perspective does not exist unless
one is given to the memory being recalled.

5) The one huge difference between the human brain and a computer is: the old information can't be:

a. Over written, or deleted.

➤ It is always there.

b. So it must be made inoperative or obsolete in the normal functions of the brain.