# LOOKING AT FAITH - PART 2 HEALING OF A DAMAGED HEART

Study Manuel

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#### THE PURPOSE OF THIS IN-DEPTH STUDY AND REVIEW:

- 1) To help us comprehend the process which forms Faith.
- 2) To realize that Faith and Trust are separate, and that Trust must come before Faith.
- 3) Trust comes largely via Relationship with God/Christ.
- 4) The whole process is determined by the condition of the Heart.
  - Faith is not from our Head, But From Our Heart.
  - Trust " " " " " " " "
  - Relationship is not from " " " " "
- 5) What is the Heart? How do we flow from it and Not the Head?

FAITH IS TO BE SIMPLE - MARK 10:15
WHAT IS THE KINGDOM OF GOD - I CORINTHIANS 4:20 ROMANS 14:17

L ----- FAITH (Knowledge) ---- Galatians 5:9

ALL

O ----- TRUST (Understanding)

V ---- RELATIONSHIP (The Conduit)

- Holy Spirit Activity

(Mark 12:30-31)

E ----- HEART (The Core) ----- Romans 5:5

- I. Faith is the subject we are trying to understand and live in.
  A. Scripturally speaking, Faith and Trust are not Identical.
  - B. The difference between Faith and Trust is:
    - Faith is linked very closely with Knowledge.
       Trust is very closely linked with Understanding.
    - 2. Faith is more active. It reaches out to secure what is promised. Even though it may not be a physical reality, Faith will work to bring it into reality.
    - 3. Trust is more passive, restful. It stands on the premise that God is in control and everything is going to be alright. It doesn't feel that it needs to look out for its own welfare, God is doing that already.
    - 4. Without a solid foundation of Trust/Hope, it is very difficult to reach out for anything in Faith!!!!
  - C. Trust is linked very closely with Understanding, which is produced from Relationship.
    - 1. Without a good Relationship with God, You will not Trust or Understand God very much. If you don't Trust God, You will have very weak Faith.
    - 2. So to have FAITH, you must first TRUST God, and to really learn how to Trust God, you must have a solid RELATIONSHIP with Him.
  - D. The whole structure is built on the Heart.
    - 1. God does not want us to serve Him from our Head, but rather from

our Heart.

- \*\*\*\* THIS IS WHERE WE CAN VERY EASILY MISS IT!!! In Western Cultures, we are taught to Rationalize, Scrutinize, and Intellectualize every—thing. This does not mix with Faith. Faith is to Flow from Our Heart, and Not our head. The Core of EVERYTHING with God, always comes back to the heart.
- II. Faith is Built with and is very closely associated with Knowledge.
  - A. You must have Knowledge of God and His promises in order to receive them by Faith. Faith only moves to the farthest point of the KNOWN WILL OF GOD. If you don't know it's to be yours, you will not be able to lay hold of it by Faith and pull it into reality in your life.
  - B. Romans 10:17 "...Faith comes from hearing the message, and the message is heard through the word of Christ."

# \*\*\*\* THIS KNOWLEDGE MUST BE HEART KNOWLEDGE AND NOT HEAD KNOWLEDGE!!!!! -- EPHESIANS 3:14-21 Matthew 13:10-23, 12:33-35

- 1. Romans 3:20 ---- Knowledge of Sin
- 2. I Corinthians 8:1-3 -- Head knowledge puffs up and really doesn't know. Heart knowledge will know and have a super-natural link with God.
- 3. I Corinthians 13:8 --- True knowledge of God (Spirit) will never pass away, must be speaking of Human/Head knowledge.
- 4. I Corinthians 15:34 -- Come back to Heart Knowledge and stop sinning. Head knowledge makes you ignorant of God.
- 5. II Corinthians 4:6 --- True knowledge of the glory of God is found in the Heart.
- 6. II Corinthians 10:5 -- True Spiritual Warfare will always find itself battling head knowledge. The Knowledge of God is Heart Knowledge.
- 7. I Corinthians 2:13-14 The man without the ability to flow in Heart Knowledge cannot understand God and the things of God They are foolishness to him. True Heart Knowledge is a spiritual language that is spoken to our spirit by the Holy Spirit.
- 8. Ephesians 1:17 ----- The only way to KNOW God is via the spirit. Why? The spirit is the Heart.(cf. 3:2-5)
- 9. Philippians 1:9-10 --- Love produces knowledge so we can discern.

  True discernment comes from the heart/spirit.
- 10. Colossians 1:9 ----- Knowledge through spiritual wisdom and understanding. (Spiritual - Of the Spirit) This again is Spirit to spirit communication.

(I Cor. 2:14) The Holy Spirit resides in the heart.

- 11. Colossians 2:2-3---- All the Mystery/Knowledge of God/Christ is tapped into via our Heart and Relationship which leads us into Trust (Understanding). 5,7 --That produces v. 8 -- Don't get caught back in Head-Knowledge.
- 12. II Timothy 3:7 --- Ever learning with their Head, but never coming to the True (Heart) Knowledge of the Truth.
- 13. II Peter 1:2-3 ----- Grace, Peace, and everything we need come through the Knowledge of God.
- III. We must have TRUST/HOPE in God before we'll flourish in Faith. TRUST again is something that must flow from our Heart. It is tied very closely with UNDERSTANDING. There needs to be an Understanding between you and God in order for you to Trust Him.
  - A. Trust and Hope are used interchangeably. (Hebrews 11:1)

1. Before we can have "Faith" - We must have "Hope".

- "Hope" in the Greek is Elpizo or Elpis. The first means HOPE, the second means TO HOPE.
- The Gr. word for Hope in Hebrews 11:1 is Elpizo. It is the same word translated TRUST in the KJV.
- The meaning of Elpizo "To Trust, To Hope" "To Flee for Refuge"

- "To Wait for Salvation with Joy and Full of Confidence"
- "Hopefully to Trust in"
- 5. Before there can be FAITH there must be TRUST/HOPE.
- Scriptural examples their interchangeability:

Matthew 12:21 ---- "In His Name shall the Gentiles Trust" John 5:45 ----- Hope & Trust used synonymously. (AMP)

II Corinthians 1:10 - Paul ties together past experience with Trust of present deliverance, with Hope in God that He will deliver in the future. (Which is Faith)

Romans 15:12 ----- Hope and Trust used synonymously. (Is.11:10)

- B. This Trust must come from the Heart.
  - 1. Proverbs 3:5-6 ---- Trust God from your Heart and don't get involved leaning on you Head-Knowledge.
  - 2. Psalms 13 --- Perfect description of Head vs. Heart Knowledge.
  - 3. Psalms 28 ---
  - 4. Acts 13:22 -- David was after God's own Heart because He always came back to Heart-Knowledge of God.
- C. UNDERSTANDING produces TRUST -- They work Hand-in-Hand.
  - 1. Matthew 13:15 --- If they could Understand with their Hearts, that would cause them to put their Trust in

Christ. (cf. John 12:40) That Understanding was to cause them to place 2. Romans 1:20 ---their Trust in God. 3. Ephesians 3:4 --- Their being able to Understand should help them to Trust Paul. 4. Luke 24:36-49 --- Doubts arose because they didn't understand. (esp. v. 38,45) 5. Acts 7:25 ----- The people didn't Understand, so neither did they Trust Moses. 6. Ephesians 1:15-23 (v. 17) - With Wisdom and Revelation working in our spirit (heart) we can/will have Relationship. (v. 18) - Through that Relationship, our Understanding (Heart - NIV) will be opened so we can HOPE/TRUST. (v. 18b-23) - That will open us up to realize the facts (Knowledge) upon which our Faith is established. (v. 17-18) - The way they thought dimmed 7. Ephesians 4:17-24 their Understanding and separated them from God's Life. The ignorance of Head-Knowledge is in them because of a hardened heart. (v. 19) - That caused them to lose their sensitivity to the Spirit and leave their Heart Unquarded. (v. 20-21) - These christians, however, were not taught to do it that way. (v. 22-24) - They were taught to let go of that old life-style and thinking, and be made new in the "spirit" of their mind. (Again, tapping into the spiritual part - the Heart) And to put on the new self which will emminate from the spiritual part of them. (4:25-5:21) - Deals with the Real-Life of guarding the heart. (v. 43) - They couldn't Understand because 8. John 8:42-47 ---they couldn't hear correctly. ("Understand my speech" - KJV) (v. 42,47) - They couldn't hear because they didn't have a Relationship with God. Link this scripture with Mt. 13:11-17 9. Mark 6:52 ---- They didn't Understand because their Hearts were hard. 10. Mark 8:14-21 --- They don't Understand because their Hearts are hard.

IV. The basis For TRUST in God is gained primarily via RELATIONSHIP. When we have Relationship with God (via the Holy Spirit), it will cause us to Trust Him. As that matures, there will automatically be evidences of Faith at Work in our lives. (Signs and wonders following) RELATIONSHIP PRODUCES TRUST. TRUST IS NEEDED BEFORE

# WE WILL HAVE FAITH. SO TO WALK IN FAITH, WE NEED A HEALTHY, STRONG RELATIONSHIP WITH GOD.

- A. Scriptures showing Relationship Produces Trust/Understanding and Faith/Knowledge.
  - 1. John 15:1-8 ---- Being in Him and He in Us Produces whatever we ask.
  - 2. John 7:37-39 ---- Forming Relationship with Christ produces power flowing out from within us. The conduit of all of this is the Holy Spirit.
  - 3. Romans 15:20-24 Without the facts (Knowledge of Paul's Gospel) they understood of Christ and Trusted in Him. Showing that they formed a Relationship with God and Trusted in Him. Then Paul came with the message of Faith/Knowledge. (cf. Mt. 12:21)
  - 4. I John 5:20 ---- Jesus came to establish Relationship. That gives Understanding so we can Know the Father. (Which involves Faith)
  - 5. Colossians 2:1-5 Through a working in the Heart via Love, comes an Understanding and Relationship with Christ. In Christ we'll find the treasures of Wisdom and Knowledge. (Faith Heb. 12:2) BE SURE THESE ENTER THROUGH THE HEART so you don't get into Head Knowledge via find-sounding arguments. Paul is delighted with the result -- which is FAITH and ORDERLINESS.
  - 6. Psalms 91:1-2 --- Relationship produces Trust.
  - 7. Study Old Testament Characters: Noah, Abraham, & Job. They had tremendous Trust in God (which even led into strong Faith), but they didn't have it because of their great knowledge of the Word. THERE WAS NO WRITTEN WORD TO HAVE KNOWLEDGE OF. THEIR TRUST CAME THROUGH THE STRONG RELATIONSHIP THEY HAD WITH GOD.
- V. The whole process depends on the condition of the HEART. If our Heart/ Spirit is not calloused/hard, then our simply heeding to the promptings and dictates of the <u>HOLY SPIRIT</u> IN OUR <u>HEART</u> WILL PRODUCE <u>RELATIONSHIP</u>, WHICH WILL PRODUCE TRUST, WHICH WILL ALLOW FAITH TO ESTABLISH.
  - A. Heart (Gr.) -- Kardia (See Definitions Below)
    - "The seat and centre of all Physical and Spiritual Life"
    - "The vigor and sense of Physical Life"
    - "The centre and seat of Spiritual Life"
    - "The middle, central, or inmost part of anything, even though inanimate"
    - "The understanding, faculty, or seat of intelligence"
    - "The soul so far forth as it is affected and stirred in a Bad way or good"
    - "The soul as the seat of sensibilities, affections, emotions, desires, purposes, endeavors, appetites, and passions"

- VI. Scripturally speaking, the HEART IS THE CENTER/CORE:
  - A. Of the Physical Body & Of the Spirit and Soul
    - l. This is seen:
      - a. By the Greek definitions of the Heart, Spirit, and Soul
      - b. By and in-depth study of the three with the use of a Concordance - it will be seen that the three are often used interchangeably
      - c. By studying what Jesus has to say about the Heart in the Gospels
  - B. Remember: In scripture the Heart can have other applications besides that of a human. Watch for these as you study.
  - In most references where the Heart is used in connection with humans, Generally Speaking - IT WILL BE REFERRING TO BOTH THE SPIRIT AND THE SOUL!!!! In some cases it is clear that it is referring to either the Soul or the Spirit. (Or even the Body) But keep in mind, because of the lack of definity given in scripture in regard to this spiritual part of man - it is up to the reader to decide if the reference is dealing with the Spirit alone, or the Soul alone, or if it could include both. Rule of Thumb: IN MOST REFERENCES IT WILL BE REFERRING TO BOTH THE SPIRIT AND THE SOUL!!!

#### VII. Definition of Spirit and Soul

- A. Spirit
  - 1. Ruach (Heb.)
    - a. "Wind, Breath, Tempest"
    - b. "To Touch"
  - 2. Pneuma (Gr.)

    - a. "Breath, Wind, Breeze, Movement of Air"b. "The Vital Principle by which the body is Animated"
    - c. "The Power by which a human being feels, thinks, wills, decides"
    - d. "A Simple Essence, devoid of all or at least all grosser matter, and possessed of the power of knowing, desiring, deciding, and acting"
    - e. "The disposition or influence which fills and governs the soul of anyone"
    - f. "The efficient source of any power, affection, emotion, desire"
- B. Soul
  - 1. Nepesh (Heb.)
    - a. "A breathing creature"
    - b. "Vital Spirit or the principle of life"
    - c. "Mind and Rationality"
    - d. "Personality"
    - e. "Seat of affections, feelings, and emotions"
  - 2. Psuche (Gr.)
    - a. "Breath, Vital Force, Living Being"
    - b. "Seat of feelings, desires, affections, aversions"
    - c. "A moral being designed for everlasting life"
    - d. "Essence different from body and not dissolved by death"
- C. Both the Spirit and Soul are Immortal/Eternal
  - 1. Scriptures for Both
    - a. I Peter 3:4 & I Corinthians 15:52 The Greek word trans-

lated "not corruptible" in I Peter 3:4 is the same word used in I Cor. 15:52 for "incorruptible". It is the same Greek word used in I Timothy 1:17 when it refers to God as being "Immortal". If God is Eternal/Immortal, then so are our Soul & Spirit and the Resurrected Human Body.

b. II Corinthians 4:16-18 - The unseen inner man is Eternal. In the same way as God is a Spirit, and He is Eternal; (John 4:24, II Cor. 3:17) and God has a Soul, which is Eternal; (Matt. 12:18, Heb. 10:38) so our Spirit and Soul are made in His image and likeness and ARE ETERNAL.

c. II Corinthians 5:6-8, Philippians 1:21-24, Ephesians 4:8-10 (cf. Luke 23:43), I Corinthians 15:21-54, Revelation 20:4-6, I Thessalonians 4:13-17, II Peter 1:14, John 11:25-26

2. Scriptures for Spirit.

- a. The Greek word Pneuma is used for God, Holy Spirit, Jesus, Angels, Demons, and Man. If in one application it is eternal, then it must be eternal/immortal in all applications.
- b. God John 4:24
- c. Holy Spirit Matthew 3:16, Luke 4:1,14,18,39, Revelation 22:17 Any time in the New Testament the word "Spirit" is used to refer to the Holy Spirit, it will be "Pneuma".
- d. Jesus Matthew 2:8, Mark 8:12, Luke 2:40, 10:21, 23:46
- e. Angels Hebrews 1:7,14
- f. Demons Matthew 12:43, Mark 1:23,26, Revelation 16:13,14
   Any time in the New Testament the word "Spirit" is used to refer to the demonic realm and its beings, it is the word "Pneuma".
- g. Man Matthew 26:41, Luke 8:55, Romans 8:16, I Corinthians 2:11 5:4-5, 6:20, 7:34, 14:2,14-15, 15:45, 16:18, Galatians 6:18, I Thessalonians 5:23, II Timothy 4:22, Hebrews 4:12, James 2:26, 4:5, I Peter 3:4, 4:6, Hebrews 12:23, I Peter 3:19
- 3. Scriptures for the Soul
  - a. Psalms 16:10 (cf. Isaiah 14:9-11, Acts 2:27), Matthew 10:28, Luke 12:5 (Worm: The conscious, living, remembering part of man) Revelation 6:9-11, 20:11-15 (cf. Isaiah 14:9-11), Luke 16:19-21
- D. The Spirit was originally intended to be in control and rule the soul, and care for the body. When the spirit died via sin, (Ephesians 2:1-10) it did not cease to exist, it was merely separated from God and His presence; that separation robbed it of the power needed to remain in control, which resulted in the Soul taking charge. Now into man's flesh was born the fallen nature which longed for sin and the things of Satan. Sadly, the soul gravitates to the flesh, even at the times when it doesn't want to. (Psalms 119:25, I Peter 2:11)

When a person accepts Jesus and His Forgiveness, the Spirit is born all over. It is reunited with God and His presence. (John 3:1-8, II Corinthians 5:17-18) Now the original order of creation needs to be restored so that the human being can function correctly. This

is where a problem surfaces. The soul does not want to submit to the spirit, especially in area's where iniquity has a strong hold in the flesh. This results in the battle between the flesh and the spirit, with the soul being the battle ground. (Romans 6-8, Galatians 5, Etc.)

E. The exact differences between the Soul and the Spirit are very difficult to define. Their similarities are so great, it would seem that they are inseparable - but scripturally, they are not one and the same. (I Thessalonians 5:23, Hebrews 4:12)

One of the most feasible explanations that I can give to explain their differences is that the Spirit operates in the spiritual realm, and the Soul links that Spirit into the physical realm. An example of this can be found in a 2-Way Radio, like a CB Radio. It has a Transponder and a Receiver. When the two of them work in conjunction, they give and receive information from the physically visible realm to the physically invisible realm; and Vice-Versa. Without both functioning, there is no complete connection. It's the same way with the Soul and Spirit. Spirit beings have little or no ability to operate in the physical; and Soul beings like animals have little or no ability to operate in the Spiritual. Both the Soul and the Spirit are needed to flow in both realms.

- \*\*\*\*\* The reason this is so important to understand, is because the Heart is the core, center, deepest part of the Soul and Spirit. To understand what scripture is talking about when it refers to the Heart, we must have some understanding of the Soul and Spirit.
- VIII. Whatever happens with the Heart is EXTREMELY important because of the affect it produces. Remember: Scripturally speaking, everything starts with/emminates from the HEART!!!!!
  - A. Wherever the Heart is damaged, it will flow through and ultimately affect our Faith.

FAITH

TRUST

RELATIONSHIP

0

HEART

B. Wherever the Heart (Spirit & Soul) is damaged, it will flow through to the body and affect it in some form.

BODY

SOUL

SPIRIT

THE HEART

- C. Therefore, to have a Good, Solid, Strong and Healthy FAITH or BODY
  --- We need a Good, Solid, Strong, and Healthy HEART!!!!!
- IX. Listed below you will find various descriptions of the Spirit and Soul. Some describe a Whole Spirit/Soul, and Some describe a Damaged Spirit/Soul. If you will compare these back to the descriptions of the Heart you should notice the striking similarities.

In these descriptive lists can be found an understanding of a human being that goes beyond words. With that understanding, can also come the Healing and Restoration of the Holy Spirit to our **SPIRIT**, **SOUL**, **BODY**, **AND OUR SPIRITUAL RELATIONSHIP**, **TRUST**, **AND FAITH IN GOD**.

#### OUR HEARTS CAN BE MADE WHOLE !!!!!

A. Spirit 1. Faithful (Prov. 11:3) 2. Hasty (Prov. 14:29, Eccl. 7:9) 3. Breach in (Prov. 15:4) Broken (Prov. 15:13, 17:22, Psalms 51:17) 5. Haughty (Prov. 16:18) 6. Humble (Prov. 16:19, 29:23) 7. Wounded (Prov. 18:14) 8. Troubled (Gen. 41:8, Dan. 2:1,3) 9. Anguish of (Ex. 6:9, Job 7:11) 10. Wisdom in (Ex. 28:3, Deut. 34:9) 11. Sorrowful (I Sam. 1:15) 12. Sad (I Kings 21:5) 13. Good (Neh. 9:20) 14. Contrite (Ps. 34:18) 15. Can be Ruled (Ps. 16:32) 16. Right (Ps. 51:10) 17. Over-whelmed (Ps. 77:3, 142:3-4) 18. Vexation of (Eccl. 1:14,17, 2:11,17,26, 4:4,6,16, 6:9, -- Is. 65:14) 19. Patient (Eccl. 7:8) 20. Proud (Eccl. 7:8) 21. Perverse (Is. 19:14)

22. Err in (Is. 29:24) 23. Grieved (Is. 54:6, Dan. 7:15) 24. Contrite & Humble (Is. 57:15, 66:2) 25. Needs Reviving(Is. 57:15, Gen.45:27) 26. Heavy (Is. 61:3) 27. Heat of (Ez. 3:14) 28. New (Ez. 11:19, 18:31, 36:26) 29. Vain & False (Micah 2:11 AMP) 30. Poor (Mt. 5:3) 31. Willing (Mt. 26:41, Mk. 14:38) 32. Sigh in (Mk. 8:12) 33. Rejoicing (Lu. 1:47) 34. Strong (Lu. 1:80, 2:40) 35. Groaned in & Troubled (Jn.11:33, 13:21) 36. Stirred/Distressed (Acts 17:16) 37. Pressed/Engrossed (Acts 18:15) 38. Fervent (Acts 18:25, Rom. 12:11) 39. Bears Witness (Rom. 8:16) 40. Mind of (Rom. 8:27) 41. Meek/Gentle (I Cor. 4:21,

Gal. 6:1)

II Cor. 7:13)

42. Refreshed (I Cor. 16:18,

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43. Pray with (I Cor. 14:14-16)
   44. Sing with (I Cor. 14:14-16)
   45. Bless with (I Cor. 14:14-16)
   46. No Rest in (II Cor. 2:13)
   47. Fruit of (Gal. 5:22)
   48. Grace with (Gal. 6:18, Philemon 25)
   49. Strengthened (Eph. 3:16)
   50. Example in (I Tim. 4:12)
   51. Perfect (Heb. 12:23)
   52. Lustful (James 4:5)
   53. Meek & Quiet (I Peter 3:4)
   54. Lives according to God (I Pet. 4:6)
   55. Needs ruling in areas (Prov. 16:32, 25:28)
   56. Can be contaminated (II Cor. 7:1)
   57. Excellent (Prov. 17:27) -- Brings understanding (Dan. 5:12, 6:3)
   58. Hardened (Deut. 2:30)
                                            62. Provoked (Ps. 106:33)
                                            63. constrained (Job 32:18)
   59. Guileless
                 (Ps. 32:2)
   60. Committed (Ps. 31:5, Lu. 23:46)
                                            64. Searching (Ps. 77:6)
   61. Stedfast (Ps. 78:8)
B. Soul
   1. Living (Gen. 2:7, I Sam. 1:26)
                                            21. Redeemed (II Sam. 4:9, I Kings 1:29,
   2. Soul Blessing/Be Blessed (Gen.
                                                          Ps. 34:22)
                                            22. Hates (II Sam. 5:8, Ps.11:5, Is.1:14)
       27:4,19,25,31 Ps. 49:18, 103:1,
       2,22 104:1,35)
                                            23. Seeks (I Chron. 22:19, Eccl. 7:28)
                                            24. Refuses (Job 6:7, Ps. 77:2)
   3. Cleaves/Longs (Ps. 34:3,8
                                            25. Chooses (Job 7:15)
                      Deut. 12:20)
                                            26. Weary (Job 10:1, Jer. 4:31, 31:25)
   4. Anguish of (Ps. 42:21)
                                            27. Mourns (Job 14:22)
   5. Sins (Lev. 4:2, 5:1)
                                            28. Cries out (Job 24:12)
   6. Swears (Lev. 5:4)
      Touches (Lev. 7:21)
                                            29. Can be Cursed (Job 31:30)
   7.
   8. Eats (Ps. 17:15)
                                            30. Can go to Hell (Ps. 16:10)
       Abhors (Lev. 26:15,30,43
                                            31. Can be converted (Ps. 19:7)
                Ps. 107:18)
                                            32. Restored
                                                           (Ps. 23:3)
                                            33. Vain (Ps. 24:4)
   10. Ignorant
                (Num. 15:27, 21:4,
                 Lev. 4:2)
                                            34. Ease/Prosperous (Ps. 25:13)
                                            35. Boasts (Ps. 34:2)
   11. Loathes (Num. 21:5, Prov. 27:7)
                                            36. Joyful (Ps. 35:9, 86:4, Is. 61:10)
   12. Bound (Num. 30:2-13, I Sam. 25:29)
                                            37. Bereaved (Ps. 35:12 AMP, Eccl. 4:8)
   13. Needs Guarding (Deut. 4:9,
                                            38. Humbled (Ps. 35:13)
                       Prov. 22:5)
   14. Lusts (Deut. 12:15,20-21, 14:26,
                                            39. Can be Rescued (Ps. 35:17)
             Rev. 18:14)
                                            40. Can be Destroyed (Ps. 40:14, Prov.
   15. Desires (Deut. 14:26, I Sam. 2:16)
                                                      6:32, Mt. 10:28, Acts 2:27,31)
   16. Grieves (Judges 10:16, I Sam. 30:6)
                                            41. Can be Healed (Ps. 41:4)
   17. Vexed (Judges 16:16, II Kings 4:27, 42. Panteth/Longs (Ps. 42:1)
                                            43. Thirsts Spiritually (Ps. 42:2, 63:1,
              II Peter 2:8)
   18. Bitter (I Sam. 1:10, Job 3:20, 7:11,
                                                                     143:6)
                                            44. Cast down/Discouraged (Ps. 42:5,6,11
               Is. 38:15)
   19. Knit to Another (I Sam. 18:1)
                                                                       43:5)
                                            45. Bowed Down (Ps. 44:25, 57:6)
   20. Precious (I Sam. 26:21)
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46. Up-held (Ps. 54:4) 47. Trusts (Ps. 57:1) 48. Waits (Ps. 62:1,5 130:5-6) 49. Satisfied (Ps. 63:5, Prov. 6:30, 13:25) 50. Follows/Clings (Ps. 63:8) 51. Can feel hopeless/like drowning (Ps. 69:1) 52. Disciplined with Fasting (Ps. 69:10, Is. 58:3,5) 53. Has Adversaries (Ps. 71:13) 54. Deceived (Ps. 72:14) 55. Longs to near exhaustion (Ps. 84:2, 107:5,9) 56. Can be Preserved (Ps. 86:2, Prov. 16:17, 19:16) 57. Can be Focused (Lift up) (Ps. 86:4, 25:1, Deut. 26:16, 30:2,6,10) 58. Troubled (Ps. 88:3, John 12:27) 59. Delights (Ps. 94:19, Prov. 29:17, Is. 42:1, 66:3) 60. Experiences Leanness (Ps. 106:15) 61. Hungers (Ps. 107:9, Prov. 27:7) 62. Trouble can affect (Ps. 107:26) 63. Condemned (Ps. 109:31) 64. Rests (Ps. 116:7) 65. Cleaves to dust/physical (Ps.119:25) 66. Exhausted from Heaviness (Ps.119.28) 67. Longs/languishes (Ps. 119:81) 68. Remembers (Ps. 119:167) 69. Praises (Ps. 119:175, 146:1) 70. Lies (Ps. 120:2) 71. Scornful (Ps. 123:4) 72. Quieted (Ps. 131:2) 73. Strengthened (Ps. 138:3) 74. Knows (Ps. 139:14, Prov. 2:10)

75. Destitute (Ps. 141:8)

79. Wronged (Prov. 8:36)

82. Despised (Prov. 15:32)

84. Loved (Prov. 19:8) 85. Idle/Lazy (Prov. 19:15)

(Prov. 21:23)

87. Desires Evil

76. Can be cared for (Ps. 142:4) 77. Persecuted (Ps. 143:3)

80. Liberal/Giving (Prov. 11:25)

83. Snared by speech (Prov. 18:7)

88. Kept from Trouble by Tongue

89. Snared (Prov. 22:25, 24:14)

86. Can be sinned against (Prov. 20:2)

(Prov. 21:10)

90. Refreshed (Prov. 25:13) 91. Thirsts (Prov. 25:25) 92. Loves (Song of Sol. 1:17, 3:1-4) 93. Empty (Is. 29:8) 94. Given as an Offering (Is. 53:10) 95. Travails (Is. 53:11) 96. Can be Poured Out (Is. 53:12, I Sam. 1:15, Job 30:16) 97. Satisfied in drought (Is. 58:11) 98. Weeps (Jer. 13:17) 99. Sorrowful (Jer. 31:25, Mt. 26:38, Mk. 14:34) 100. Can take Pity (Ez. 24:21) 101. Restful (Mt. 11:29) 102. Well Pleased (Mt. 12:18) 103. Lost (Mt. 16:26, Mk. 8:36) 104. Magnifying (Lu. 1:46) 105. Wounded/Cut (Lu. 2:35) 106. Relax, eat, drink, & be merry (Lu. 12:19) 107. Patience/Endurance bring true life of soul (Lu. 21:19) 108. Fearful (Acts 2:43) 109. Non-listening (Acts 2:23) 110. Subverted/confused/troubled (Acts 15:24) 111. Tribulation/anguish/calamity of (Rom. 2:9) 112. Subjected (Rom. 13:1) 113. Living (I Cor. 15:45) 114. Anchored (Heb. 6:19) 115. Purified (I Pet. 1:22) 116. Unstable (II Peter 2:14) 117. Prosperous (III Jn. 2) 118. Discouraged (Num. 21:4) 78. Afflicted (Ps. 143:12, Is.58:3,5,10) 81. Sweet to the Soul (Prov.13:19, 16:24)

X. The Heart plays an incredibly vital role in a person's life. Listed below you will find scriptures that illustrate the influence of the Heart on our lives. As you will notice, these scriptures have been taken only from the New Testament and the Book of Proverbs. This is due to the enormous amount of material that deals with the Heart in scripture. To list all of them would not be feasible for this study.

-		
Proverbs	1 - 9	- Wisdom/Understanding always linked to the Heart
Proverbs		- Apply Heart to getting understanding
11	3:1-2	- Commands from Heart Bring prosperity
11	3:3-4	- Love and Faithfulness in Heart will bring favor and
	3.3-4	a good name in man's sight and in God's sight
11	3:5-6	- Trusting in God from Heart brings His leading and
	3:3-0	direction
11	4-20 22	
	4:20-22	- Words of God in the heart bring life and health to
11	4 00 07	a man's whole body
11		- HEART MUST BE GUARDED
••	6:14-15	- Plotting evil in Heart will automatically bring des-
11	c 40	truction
		- God hates a Heart that devises wicked schemes
	6:20-24	- The commands and teaching of God in the Heart bring
		guidance, over-all protection, direction, and protec-
		tion from immorality and the influence of unsaved
		wives/husbands. (7:3-5, 6-25)
"		- Lust in Heart for women can bring self-destruction
"	10:8	- Wisdom in the Heart makes a person teachable and cor-
		rectable
		- God detests a perverse Heart
"	11:29	- Wisdom in Heart causes leadership
11	12:8	- Perverse/warped Hearts cause people to be despised
11	12:20	- Plotting evil comes from deceit in the Heart
"	12:23	- Saying too much (esp. to wrong people) comes from the Heart
11	12:25	- Heaviness/Anxiousness of Heart causes sadness, dis-
		couragement, etc.
11	13:12	- IF NOT GUARDED, the Heart can become sick from not
		receiving answers to prayer
11	14:10	- Deep down in your Heart you know what is going on
		with you emotionally
11	14:13	- In our Heart is the true us - Not the facade
11	14:14	- A backslider's Heart will produce dissatisfaction
	1	and the fruit of sin
		- A goodman's Heart should produce satisfaction and
		contentment
- 11	14:30	- From the Heart the body receives health or sickness
11	14:33	- Amidst an understanding with God, wisdom will reside
	. 1.00	in the Heart
11	15:7	- The lack of having something knowledgeable to speak
		comes from the Heart
11	15:13	- Sorrow in the Heart can break the Spirit
	13.13	- BOLLOW III die Heart con broak die opilite

11	15:14		The Heart with understanding seeks after knowledge (and Vice/Versa) (18:15)
11	15:15		The happiness and joy of our lives is directed from our heart
п	15:28	_	Wise answers and speech from christians originate in the Heart
11	15:30	-	The Heart and the Body can be affected for the better by Positivism
11	16:5	_	Pride in the Heart brings God's displeasure and pun- ishment
п	16:9	-	In the Heart we determine where we're going, but God determines how we'll get there
11	16.10 24		IMPORTANT Principles of the Heart
11			
11			Wisdom will not enter until the Heart is prepared
	17:20		A perverse Heart stops prosperity
11	17:22		The Heart can bring life or sickness to the body
11	18:12		Proud Heart brings disaster; Humble Heart brings Honor
11	19:3	_	Circumstances can turn the Heart against God
11	20:5	-	Things coming from Heart compared to water (cf. Prov. 18:4, John 7:38)
11	21:1	_	God uses the Heart to direct people
11	21:4		Pride in the Heart is sin
11	22:11		The pureness of the Heart and the speech that fol-
	22.11		lows will have tremendous influence on people
11	22:15		Discipline of children is to affect their Hearts
11	23:7		Whatever is in a person's Heart, That's how they'll be
	23:1		
11	22 42 25		Deception comes from the Heart
11			GUARDING THE HEART
	24:12	-	Professing a certain thing does not keep God from knowing the truth of your Heart
		_	God will judge by the Heart, not by what we've said
11	24:17-18		Someone who takes pleasure in their Heart when God
			is disciplining, etc. another person, will stop God's work
11	25:20		Songs from a heavy Heart can ruin someone else's day
11			
	26:18-28	-	Deceit and gossip come from the Heart and will cut another person in their Heart
11	27:9	_	Good smelling Fragrances bring Joy to the Heart
11	27:19		The truth of a person is found in their Heart
"	28:14		A hard Heart leads to trouble; but a Heart that fears
11	20-25 25		God brings blessing
	28:25-26		Pride in the Heart brings dissension and strife
		-	Trusting God from the Heart brings prosperity (cf. Prov. 3:5-6)

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Mark 12:30-31 ---- Love God with all your Heart
Romans 5:5 ---- Love of God is poured out in our Hearts
II Corinthians 1:22- Holy Spirit is given in our Hearts (Gal. 4:6)
Romans 8:8 ----- Word of Faith is in our Heart
Romans 8:9-10 ---- Salvation comes via believing from Heart
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Matthew 6:21	What we place as important in this life is where our Heart will be				
45.0					
Matthew 15:8	God is more concerned with what is going on in our Heart than what we say with our mouth				
Mark 7:14-23	What flows from our Heart is what hurts us				
Mark 11:23	True Faith comes from the Heart				
Luke 2:34-35	One of Christ's purposes for coming to the earth was to reveal the thoughts in Hearts				
Luke 16:15	God doesn't look on the outside, He looks at the Heart (I Samuel 16:7)				
T 1 24 24					
Luke 21:34	Watch the condition of your Heart in the time				
	period just before Christ returns				
Luke 24:25	Condition of Heart can hinder Faith				
John 14:1,27	The source of peace is in the Heart				
Acts 7:39	Israel's big mistake was wanting to go back				
	to Egypt in the Hearts				
Acts 28:26-28	Not being able to really see or understand				
11000 20120 20	God comes from a hardened Heart				
II Corinthians 3:3 -	God (by the Holy Spirit) writes on our Hearts				
Ephesians 5:19	Music and singing to God should come from Heart				
Ephesians 6:5-6	True obedience and service originates in Heart				
	True Love comes from the Heart				
I Timothy 1:5					
II Timothy 2:22	True Calling on God must come from Heart				
II Corinthians 9:7 -	True Financial Giving should come from Heart				
I Peter 1:22	True Love for others comes from the Heart				
I Peter 3:4	A Woman's True Beauty starts in the Heart				
I Peter 3:15	Jesus is set apart as Lord in our Hearts				
Hebrews 3 & 4	The children of Israel died in the wilderness				
	because of hard and unbelieving Hearts				
Ephesians 4:17-19	Separation from God's Life, Ignorance, and				
	loss of Sensitivity come from Hard Hearts				
James 1:26	Our speech can Deceive our Heart				

#### Various Descriptions of the Heart

- 1. Broken (Ps. 34:18, 51:10, 69:20)
- 2. Contrite (Ps. 51:10)
- 3. Willing (Ex. 25:2, 35:5,29)
- 4. Grieved (Gen. 6:6, Ps. 73:21)
- 5. Discouraged (Num. 32:7-9, 35:5,29, I Sam. 1:8)
- 6. Obstinate (Dt. 2:30)
- 7. Proud (Dt. 8:14, Ps. 101:5, Ob. 3, Ez. 28:5,17)
- 8. Wicked (Dt. 15:9, Pr. 6:14,18, Jer. 4:14-18)
- 9. Trembling (Dt. 28:65, Is. 66:2)
- 10. Perfect (I Kings 8:61, I Chr. 29:9)
- 11. Double (I Chr. 12:33, James 4:8)
- 12. Tender (2 Ki. 22:19, 2 Chr. 34:27 Eph. 4:32)

- 13. Heavy (Pr. 12:25, 25:20, 31:6)
- 14. Unsearchable (Pr. 25:3, Ps. 64:6)
- 15. Despiteful (Ez. 35:15, Cp.Rom. 1:30)
- 16. Bitter (Ez. 27:31, Cp.Heb. 12:15, Ja. 3:14)
- 17. New (Ez. 18:31, 26:26, Cp. 2 Cor. 5:17-18)
- 18. Stony (Ez. 11:19, 36:26)
- 19. Flesh (Ez. 11:19, 36:26)
- 20. Uncircumcised (Ez. 44:7, Jer. 9:26, Acts 7:51)
- 21. Meek & Lowly (Mt. 11:29)
- 22. Honest & Good (Lu. 8:15)
- 23. Overcharged (Ps. 62:2, Lu. 21:34)
- 24. Troubled (Jn. 14:1-3, 27)

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25. Soft (I Sam. 24:5, Job 23:16)
                                              66. Single (Acts 2:46, Eph. 6:5)
26. Pure (Ps. 24:4, Mt. 5:8,
                                              67. Foolish & Darkened (Rom. 1:21)
I Pet. 1:22, II Tim. 2:22)
27. Upright (Ps. 32:11, 36:10, 64:10,
                                              68. Impenitent (Rom. 1:21, 2:5)
                                              69. Circumcised (Rom. 2:29, Phil. 3:3)
             97:11)
                                              70. Evil (Jer. 3:17, 7:24, 11:8, 16:12,
28. Clean (Ps. 51:10, 73:1, Pr. 20:9)
                                                        Heb. 3:12)
                                              71. True (Heb. 10:22, Cp.Mt.22:16)
29. Fixed (Ps. 57:7, 112:7)
30. Subtil (Pr. 7:10, Jer. 17:9,
                                              72. Heavy (Pr. 25:20, 31:6)
            Mk. 7:19-21)
                                              73. Deceitful (Jer. 17:9, Pr. 7:10,
31. Froward/Perverse (Pr. 11:20, 12:8,
                                                             Mk. 7:19-21
                   Ps. 101:4)
32. Wise (Ex. 28:3, 35:25, Pr. 10:8,
                                              74. Hard (Dt. 15:7, Ps. 95:8, Heb. 3:8)
          11:29)
                                              75. Whorish (Ez. 6:9, Cp.Hos. 4:12, 9:1)
33. Merry (2 Chr. 7:10, Pr. 15:13-15,
                                              76. Mischievous (Pr. 28:3, Cp.Pr. 22:15)
           17:22)
                                              77. Diabolical (Jn. 13:2, Acts 5:2)
34. Sorrowful (Pr. 14:13, 15:13,
                                              78. Covetous (Jer. 22:17, 2 Pet. 2:14)
        Lev. 26:16, Is. 65:14)
35. Haughty (Pr. 18:12, Jer. 48:29)
                                              79. Compassionate (Ps. 55:4, Jer. 4:19)
36. Fretting (Pr. 19:3, Cp.24:19, Ps. 37:1-8)80. Enticed (Job 31:27)
37. Integrity of (Gen. 20:5-6, I Kings 9:4)
                                              81. Hypocritical (Job 36:13)
38. Stirred (Ex. 35:21,26, 36:2)
                                              82. Firm (Job 41:24)
39. Hateful (Lev. 19:17, Ps. 105:25)
                                              83. Meditative (Ps. 19:14, 49:3)
40. Deceived (Deut. 11:16, Job 31:9,
                                              84. Trusting (Ps. 28:7)
              Ja. 1:26, Is. 44:20)
                                              85. Strengthened (Ps. 31:24, 73:26)
41. Blind (Deut. 28:28, Eph. 4:18)
                                              86. Anguish of/Moaning (Ps. 38:8, 55:4,
42. Astonished (Deut. 28:28)
                                                                        II Cor. 2:4)
43. Glad (Deut. 28:47, Jud. 18:20)
                                              87. Iniquitous (Ps. 41:6, 66:18)
44. Fearful (Deut. 28:67, Josh. 5:1,
                                              88. Secretive (Ps. 44:21, I Cor. 14:25)
             Is. 35:4)
                                              89. Over-whelmed (Ps. 61:2)
45. Imagination of (Deut. 29:19, Gen. 8:26)
                                              90. Cleansed (Ps. 73:13)
46. Yielded/Focused (Josh. 24:23)
                                              91. Err in (Ps. 95:10, Heb. 3:10)
                                              92. Wounded (Ps. 109:22)
47. Searching of (Judg. 5:15-16, Eccl. 1:13)
48. Comforted (Judg. 19:5,8)
                                              93. Established (Ps. 112:8, Heb. 13:9)
49. Rejoicing (I Sam. 2:1, I Chron. 16:10)
                                              94. Fat (Ps. 119:70)
50. Changed (I Sam. 10:9, Dan. 4:16, 5:21)
                                              95. Awed (Ps. 119:61)
51. Hopeless (I Sam. 17:32)
                                              96. Desolate (Ps. 143:4)
52. Desireful (II Sam. 3:21, Ps. 37:4)
                                              97. Sick (Prov. 13:12)
53. Despiseful (II Sam. 6:16)
                                              98. Foolish (Prov. 20:15, Rom. 1:21)
54. Understanding (I Kings 3:9,12)
                                              99. Envious (Prov. 23:17)
55. Largeness of/Enlarged (I Kings 4:29,
                                              100. Rebellious (Jer. 5:23)
          Ps. 119:32, II Cor. 6:11)
                                              101. Weak (Ez. 16:30)
56. Plagued/Afflicted (I Kings 8:38)
                                              102. Divided (Hos. 10:2)
57. Backslidden (I Kings 11:2-9, Prov. 14:14)103. Restored (Mal. 4:6)
58. Imperfect (I Kings 11:4, 15:3)
                                              104. Adulterous (Mt. 5:28)
59. Angry/Troubled (II Kings 6:11)
                                              105. Calloused (Mt. 13:15)
60. Knit/United (I Chron. 12:17)
                                              106. Doubtful (Mk. 11:23)
61. Set (I Chron. 22:19)
                                              107. Unbelief & Hardness (Mk. 16:14)
62. Prepared (II Chron. 12:14, 19:13,
                                              108. Good Treasure of (Lu. 6:45,
              30:19, Ezra 7:10)
                                                                Mt. 6:21, 12:35)
63. Free (II Chron. 29:31)
                                              109. Evil Treasure of (Lu. 6:45, Mt. 6:21)
64. Faithful (Neh. 9:8)
                                              110. Abundance of (Lu. 6:45, Mt. 12:34)
65. Presumptuous (Esther 7:5)
                                              111. Slow to Believe (Lu. 24:32)
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112. Burning (Lu. 24:32)
113. Troubled (Jn. 14:1,27)
114. Lieing (Acts 5:3)
115. Uncircumcised (Acts 7:51)
116. Cut to (Acts 7:54, 5:33)
117. Pricked in (Acts 2:37)
118. Opened (Acts 16:14)
119. Darkened (Rom. 1:21)
120. Believing (Rom. 10:9-10)
121. Stedfast (I Cor. 7:37)
122. Vailed (II Cor. 3:15)
123. Hidden Man of (I Pet. 2:14)
124. Exercised/Trained (II Pet. 2:14)
125. Condemning (I Jn. 3:20)

XII. God's emphasis on the Heart.

A. God's Heart -- Gen. 6:6, I Sam. 13:14, Acts 13:22

B. Scriptures showing the importance of the Heart to God.

I Thessalonians 2:4

Romans 8:27

I Corinthians 2:9

II Corinthians 1:22

Galatians 4:6

Acts 13:22, 15:8

Revelation 2:23

Acts 8:21

Luke 16:15

Mark 12:30

Matthew 15:8

Matthew 13:15

I Samuel 13:14

I Samuel 16:7

\*\*\* With the Over-whelming evidence that points to the <u>IMPORTANCE OF THE</u>
\*\*\* <u>HEART IN OUR LIVES</u>, there is little wonder as to why the Bible says

\*\*\* the Heart must be Guarded, for It Is the SOURCE OF LIFE.

C. Scripture dealing specifically with Guarding the Heart.

1. Proverbs 4:23-27 5. Deut. 4:9, Proverbs 22:5
2. Philippians 4:4-9 6. Proverbs 13:3,12, 16:17
3. Ephesians 4:17-5:21 7. Proverbs 18:7-8, James 1:26
4. Matthew 6:21 8. Proverbs 19:3, 23:12-35

Go to God and ask Him to Heal your Heart. (The deepest part of your soul and spirit) As it is being Healed, (and reaches wholeness) be very careful to GUARD YOUR HEART so it doesn't become damaged again.

On the following page is a listing of some of the scriptures that deal with the Healing of a Damaged Heart. Allow the Holy Spirit to lead you in this process and what you are to pray. Only God truly knows what is going on inside of you anyway. The Holy Spirit has been given to lead us into all Truth — so let Him lead you in the healing and restoring of your Heart.

One Thing that you can do DAILY which will help this process is: PRAY THAT GOD WOULD PURGE/CLEANSE/WASH YOUR HEART WITH THE BLOOD OF JESUS.

XI. Having a WHOLE HEART is priceless in living a christian life. Listed below you will find a number of scriptures taken from Psalms that deal with being Healed from a Damaged Heart.

Psalms	4:4,7	Psalms	62:5-8
11	13 (esp. vs. 2,5)	11	66:18
11	19:14	11	73:26
11	22:26 (esp. vs. 14)	11	77:1-6
11	26:2	11	84:1-2
11	27:14 & 31:24 (KJV & AMP)	11	86:11-12
11	34:7-22	11	109:21-22
11	40:8 (cf. Jer. 31:33b)	11	119:2,11,28,33-37
11	42	11	119:145-149
11	51 (esp. vs. 10-12,17)	11	138:1-3
11	55:4,22	11	139:23-24
11	57:1-3,7-11	11	147:3
11	61:1-4		

One easy Guideline to help us check if our Heart is Damaged in an area is this: Do You Draw Your Self-Worth, Self-Esteem, Fulfillment, Encouragement, Strength, Etc. from (1) The God Element inside of you, or (2) From Things, Property, Activities, Relationships, (Excluding Marriage) Goals, Plans, Etc. that surround you in Life????? In the area's where we tap into #1, Our Heart is probably quite Whole. In the area's where we use #2, Our Heart is likely Damaged to some degree.

#### FAITH GIVES SUBSTANCE TO OUR TRUST/HOPE

- ---- Faith is strengthened or increased via the Facts of the Word ---- Trust can also be even more solidified via Facts of the Word
- TRUST FLOWS FROM THE KIND OF RELATIONSHIP (Understanding) WE HAVE WITH GOD

  ---- Without Trust, Even the Facts of the Word Don't Produce Faith
  (John 12:37-40)

#### RELATIONSHIP CAN ONLY COME FROM OUR HEART/SPIRIT

### THE CORE/CENTER/SOURCE OF OUR ENTIRE SPIRITUAL LIFE LIES WITH THE HEART!!!!!

When Faith, Trust, or Relationship flow from the heart, they will flow from the <u>DEEPEST</u> Part of Us. To Know if you have these things in your Heart or just in your Head, check the area where your Spirit resides. If your Spirit does not have a Deep, Settled Peace, or it seems like a void when you try to tap into it, (there is no movement) chances are good you have Head, not <u>HEART-KNOWLEDGE</u>. <u>HEART-KNOWLEDGE</u> always carries a strong conviction and settledness in Your Spirit.

God has designed man so that the Fullness of God could literally emminate and flow from the inside of us. This can be accomplished as we are able to tap into a Heart that has been Healed and Restored back to what God had intended it to be. That is AWESOME.

XII. Now let's make the application to Physical Healing:

A. The Health of Our Heart (Spirit/Soul) has a direct affect on the Health of our body.

1.Proverbs 3:5-8 "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your path's straight. Do no be wise in your Own eyes; fear the Lord and shun evil. This will bring health to your body and nourishment to your bones."

2.Proverbs 4:20-22 "My son, pay attention to what I say; listen Closely to my words. Do not let them out of Your sight, keep them within your heart; For they are the life to those who find them and health to a man's whole body."

3. Proverbs 12:18 "Reckless words pierce like a sword, but the tongue of the wise brings healing."

4. Proverbs 15:30 "A cheerful look brings joy to the heart, and good news gives health to the bones."

5.Proverbs 16:18-25 "Pride goes before destruction, a haughty spirit before a fall. Better to be lowly in spirit and among the oppressed than to share plunder with the proud. Whoever gives heed to instruction prospers, and blessed is he who trusts in the Lord. The wise in heart are called discerning, and pleasant words promote instruction. Understanding is a fountain of life to those who have it, but folly brings punishment to fools. A wise man's heart guides his mouth and his lips promote instruction. Pleasant words are a honeycomb, sweet to the soul and healing to the bones. There is a way that seems right to a man, but in the end it leads to death."

6.Proverbs 17:22 "A cheerful heart is good medicine, but a crushed spirit dries up the bones."

7. Proverbs 18:14 "A man's spirit sustains him in sickness, but a crushed spirit who can bear?"

B. If we don't:

1. Get our heart healthy

2. Guard our heart to keep it healthy
\*\*\*\*Our Physical Body is affected accordingly

C. For Health/Healing to flow into our Physical being, we need to be healthy in our heart.

It is the wellspring!!

- D. When we are damaged/wounded/unhealthy in our heart....
  - It will either:
  - 1. Keep us physically sick
  - 2. Make us physically sick
- XIII. Receiving Healing from the outside.

In Jesus' ministry on this earth, most of the people received their healing from the outside. It didn't come through their heart. It came through Jesus. He either used His faith or their faith. But it was always done in connection with/in the presence of Jesus.

That can still happen today via the Gifts of The Spirit, (I Cor.12) or the general Anointing of The Spirit. (Mark. 16:17-18) (James 5:13-16)

However, to maintain & preserve that health/healing, our heart will also need to be made whole, and/or it must be guarded. Otherwise, the heart will pollute and sicken the body. (See scriptures in Proverbs) (Also: John 5:14)

- XIV. In Jesus' Ministry, most of the things Jesus healed people of were not demonic in origin. Below is a listing of Jesus healing people in the Gospels.
  - A. Jesus healing purely physical things.
    - Matthew 8:1-4 (Leprosy)
    - Matthew 8:5-13 (Centurion servant)
    - Matthew 8:14-15 (Peter's Mother-in-law)
    - Matthew 9:1-8 (Paralytic Miracle)
    - Matthew 9:18-22 (Issue of blood)
    - Matthew 9:23-26 (Miracle Dead girl)
    - Matthew 9:27-31 (2 Blind Men)
    - Matthew 11:4 (General)
    - Matthew 12:9-14 (Shriveled Hand)
    - Matthew 14:14 (General)
    - Matthew 14:35-36 (Sick touched His cloak)
    - Matthew 20:29-34 (Two Blind Men)
    - Mark 1:29-31 (Simon's Mother-in-law)
    - Mark 1:32-34 (General)
    - Mark 1:40-42 (Leprosy)
    - Mark 2:1-12 (Paralytic)
    - Mark 3:1-6 (Miracle withered hand)
    - Mark 3:10 (General)

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- Mark 5:21-43 (Miracle - Raising 12year old girl)
 - Mark 5:24-34 (Issue of blood)
 - Mark 6:5 (Jesus - Laying on hands)
 - Mark 6:13 (Disciples - Anointing with oil)
 - Mark 6:56 (Touching Jesus)
 - Mark 7:31-35 (Deaf & Dumb)
 - Mark 8:22-25 (Blind Man)
 - Mark 9:14-32 (Miracle - Boy with a demon)
 - Mark 10:46-52 (Blind Bartimaeus)
 - Mark 16:18 (General)
 - Luke 4:38-39 (Peter's Mother-in-law)
 - Luke 5:12-14 (Leprosy)
 - Luke 5:17-26 (Paralytic)
 - Luke 6:6-10 (Withered hand)
 - Luke 7:1-10 (Centurion Servant)
 - Luke 7:11-15 (Miracle - Raising the widow's son)
 - Luke 8:40-56 (Jarius Daughter)
 - Luke 8:43-48 (Woman with issue of blood)
 - Luke 9:6, 11 (General)
 - Luke 10:9 (General)
 - Luke 14:1-4 (Dropsy)
 - Luke 17:11-19 (Ten men with Leprosy)
 - Luke 18:35-43
                 (Blind beggar)
 - Luke 22:50-51 (Soldier's ear healed)
 - John 4:46-54 (Official's son - V. 47 > \text{Heal}
                                  - V. 54 > Miracle)
 - John 5:1-15 (Man at pool)
 - John 9:1-7 (Man born blind)
Jesus healing purely demonic things.
 - Matthew 8:28-34 (Legion: Miracle)
 - Matthew 9:32-34 (Demonic: Dumb)
 - Matthew 15:21-28 (Canaanite woman)
 - Matthew 17:14-21 (Epileptic boy)
 - Mark 5:1-20 (Miracle: Legion)
 - Luke 9:37-42 (Boy with convulsions - demonic & healing)
Jesus healing things that are physical and/or demonic
 - Matthew 4:23-24 (Physical & Demonic>healed)
 - Matthew 8:16-17 (Physical & demons driven out)
 - Matthew 10:1,8 (General)
 - Luke 4:31-37 (Man with demon)
 - Luke 4:40-41 (Laying on of hands) & (Demons)
 - Luke 6:18-19 (General)
 - Luke 7:21 (General)
 - Luke 8:2 (General)
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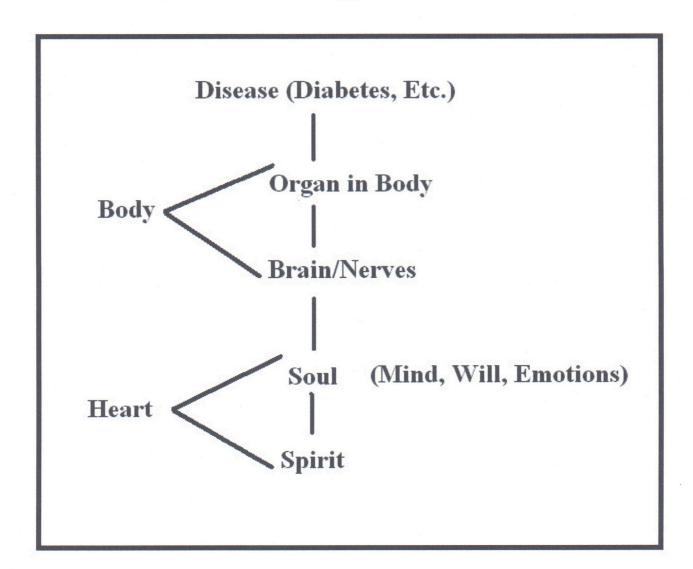
C.

- Luke 8:26-39 (Miracle-Legion)
- Luke 9:1-2 (General)
- Luke 9:37-42 (Boy with convulsions demonic & healing)
- Luke 11:14 (Physical & Demonic Dumb & Mute)
- Luke 13-10-17 (Woman crippled by a spirit)
- Luke 13:32 (General)
- D. Notice how little is demonic at it's core, in the above scriptures
  - 1. Now realize, there is a difference between something being demonic at it's core, or Spiritual at it's core.
  - 2. We are all "Sinner's saved by Grace".
    - a. Sin is a spiritual problem
    - b. It is not demonic. But demons use it's power.
    - c. Being "Saved" is a spiritual work
      - The Word "Saved" in the Greek is "Sozo".
      - "Sozo" → "Save, Deliver, Protect"
        - → "To keep safe & sound"
        - → "To rescue from danger or destruction"
        - → "To save a suffering one from perishing"
        - → "To make well, heal restore to health"
        - → "To preserve one who is in danger of destruction"
        - → "To deliver from the penalties of the Messianic Judgment"
        - "To save from the evils which obstruct the recognition of the Messianic deliverance"
  - The word "Sozo" includes everything good that we can possibly receive from God in this life/world.
    - 3. Remember: We are spirits. We're of the spirit realm. When we talk about something being spiritual, we're talking about something of the spirit realm. That does not necessarily mean it's tied to the demonic side of the spirit realm.
  - 4. Salvation is spiritual. It changes our spirit. We are rejoined with the Spirit of God. God's life comes back into our spirit. Our spirit can now have an affect on our Soul & Body.
- \*\*\*\* For complete healing/health to stay intact, our spirit must be affected. (Made whole) It's all part of the work of salvation. (Sozo)

- E. That is why almost every disease, sickness, etc., can be traced back to a spiritual (but not necessarily demonic) problem. And when people take care of the spiritual problem, the healing will often manifest.
  - 1. To simply cast out demons doesn't deal with the spiritual core problem of why they (the demons) are there in the first place.
  - 2. However, when the spiritual core problem is dealt withthe demons will leave too - along with the sickness and disease. Why? Because the life of the Spirit (Rom. 8:11) in our Spirit is now free to manifest in our bodies.

### XV. Finding & Addressing the Source

- A. Is it a Physical core?
  Is it a Demonic core?
  Is it both?
- B. Some things are simply physical.
  <Ex.> Falling off a ladder and breaking your arm, is most likely a physical origin.
- C. Some things are spiritually discerned.
  - 1. (Examples from Jesus in scripture list above)
  - 2. (They can be demonic, physical, or both)
- $\underline{\text{D.}}$  Some things can be the product of the persons heart being damaged.
  - 1. (Scriptures from Proverbs)
  - 2. Examples: Anorexia/Bolemia
    - : Cutting
    - : Bi-Polar
    - : Ailments resulting from addictions
    - : Etc.



- \*Origin can be in the Heart or the Body
- \* Unless an outside-to-inside Miracle/Healing takes places

  the Healing must start in the spirit
- \* Sometimes outside-to-inside miracles are needed for the process to ever get started in a person's life. They are so broken, in their heart, they don't have what it takes to get it started themselves.

But even with an outside-to-inside healing, unless the heart is dealt with & made whole, the healing can be lost. (Quickly or over time)