

The background is a complex, glowing blue circuit board pattern. It features various traces, pads, and components, all rendered in a vibrant cyan-blue hue against a dark, almost black background. The overall effect is that of a high-tech, digital environment. Centered over this pattern is the text "Subconscious Facts - Pt. #2" in a clean, white, sans-serif font. The text is the primary focus, standing out sharply against the intricate and busy background.

Subconscious Facts - Pt. #2

What is the subconscious mind?

By M.Farouk Radwan, MSc.

The subconscious mind:

Think of the subconscious mind as the storage room of everything that is currently not in your conscious mind.

The subconscious mind stores all of your previous life experiences, your beliefs, your memories, your skills, all situations you've been through and all images you've ever seen.

The best way to understand the subconscious mind is to look at the example of the person who wants to learn how to drive a car. At the beginning he wouldn't be able to hold a conversation with anyone while driving as he would be focusing on the different moves involved.

That's because he's still using his conscious mind to drive.

The subconscious mind; your Autopilot!

Few weeks later driving becomes a natural habit that happens automatically without needing to think about it. That person could even start using his cell phone or talking to his friends while driving.

This happened because the driving habit has been transferred to his subconscious mind and so the conscious mind become free. This allowed him to use it to talk in his cell phone.

The subconscious mind is responsible for the automatically triggered feelings and emotions that you suddenly experience upon facing a new situation.

If you were about to give a presentation then all the fear and anxiety feelings you might experience are in fact launched and controlled by your subconscious mind.

The conscious mind is, on the other hand, responsible for logic, calculations and all actions that are performed while you are conscious.

The subconscious mind also controls other functions in your body like breathing and heart beats.

Another good example that can help you better understand the subconscious mind is the process of breathing. Before you started reading the previous line your breathing was controlled by your subconscious.

I want you now to try and control your breathing for one minute. You will be able to do so of course. This time it was the conscious mind that was controlling your breathing, but when you let go of your focus your subconscious mind will takeover again.

“May God himself, the God of peace, sanctify you
through and through.

May your whole spirit, soul and body be kept blameless
at the coming of our Lord Jesus Christ.”

1 Thessalonians 5:23 (NIV)

“The spirit of man [that factor in human personality which proceeds immediately from God] is the lamp of the Lord, searching all his innermost parts.”

[1Co 2:11.]

Proverbs 20:27 (AMP)

“The spirit of man is the candle of the LORD, searching all the inward parts of the belly.”

Proverbs 20:27 (KJV)

Strong's Number

G5590

Greek Word

ψυχή

English

psuche (psoo-khay')

Definition

from 5594; breath, i.e. (by implication) spirit, abstractly or concretely (the animal sentient principle only; thus distinguished on the one hand from 4151, which is the rational and immortal soul; and on the other from 2222, which is mere vitality, even of plants: these terms thus exactly correspond respectively to the Hebrew 5315, 7307 and 2416):--heart (+ -ily), life, mind, soul, + us, + you.

498 x (Bible)

STRONG'S CONCORDANCE

a soul	1 Occurance	i	>
for	4 Occurances	i	>
heartily	1 Occurance	i	>
his life	1 Occurance	i	>
in	1 Occurance	i	>
life	31 Occurances	i	>
lives	5 Occurances	i	>
mind	1 Occurance	i	>
minds	1 Occurance	i	>
of	2 Occurances	i	>

logist psychoanalyzing psycho- logical psyche

psyche

noun | psy·che | 'sī-kē



1 *capitalized* : a princess loved by Cupid

2 [Greek *psychē*]

a : SOUL, PERSONALITY • the nation's consumer *psyche* — D. J. Kevles

b : the totality of elements forming the mind (see ¹MIND); *specifically, in Freudian psychoanalytic theory* : the **id**, **ego**, and **superego** including both conscious and unconscious components

Origin

Latin, from Greek *psychē* soul.

First known use: 1590

Synonyms: brain, cerebrum, head, mind, thinker

psychophysicologist psychoanalyzing logical psycho-

psych-

combining form



variants: or **psycho-**

1 : mind : mental processes and activities • *psychodynamic* • *psychology*

2 : psychological methods • *psychoanalysis* • *psychotherapy*

3 : brain • *psychosurgery*

4 : mental and • *psychosomatic*

Origin

Greek, from *psychē* breath, principle of life, life, soul, from *psychein* to breathe; akin to Sanskrit *babhasi* he blows.

Soul: (Strong's Concordance)
(Thayer's Greek-English Lexicon)

- Hebrew: 'Nepesh'. (H5315)

- a. "A breathing creature"
- b. "Vital spirit or principle of life"
- c. "Mind and rationality"
- d. "Personality"
- e. "Seat of affections, feelings, and emotions"

- Limbic system of the brain.

Greek: 'Psuche'. (G5590)

- a. "Breath, vital force, living being"
- b. "Seat of feelings, desires, affections, aversions"
- c. "A moral being designed for everlasting life"
- d. "Essence different from body and not dissolved
by death"

Brown-Driver-Briggs Hebrew and English Lexicon.

- a. "Living being, life, self, person, desire, appetite, emotion, and passion"
- b. "That which breathes, the breathing substance or being; the soul, the inner being of man"
 - c. "A living, breathing being; animals"
- d. "A living being whose life resides in the blood"
 - e. "Seat of the appetites"
 - f. "Seat of Emotions and Passions; Desires"

Wilson's Old Testament Word Studies

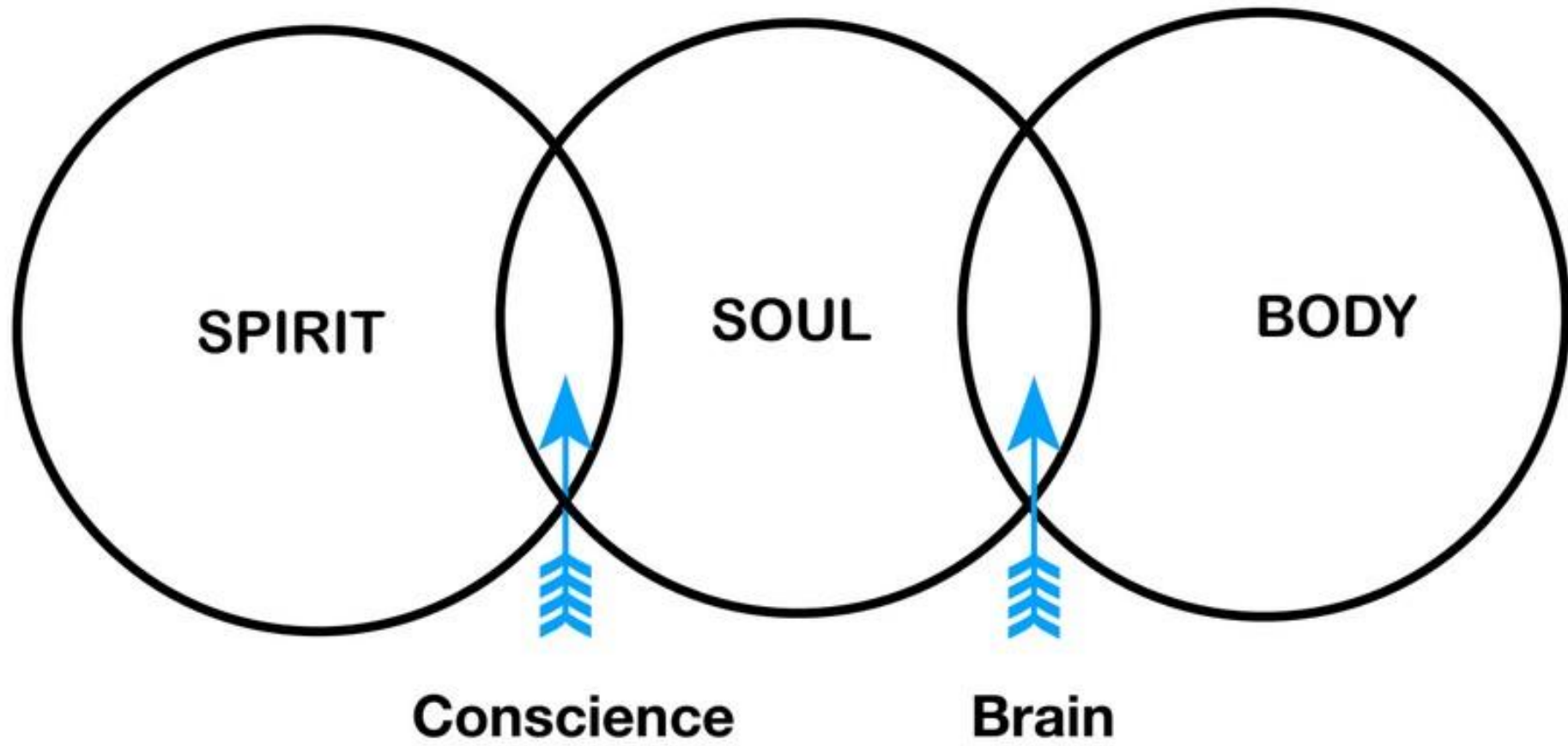
- a. "The animal life, or that principle by which every animal, according to its kind, lives; hence life, vital principle, animal spirit, which of translated soul, or spirit."
- b. "The rational soul, mind, as the seat of the feelings, affections, emotions of various kinds"
 - c. "Breath, spirit; the vital spirit"

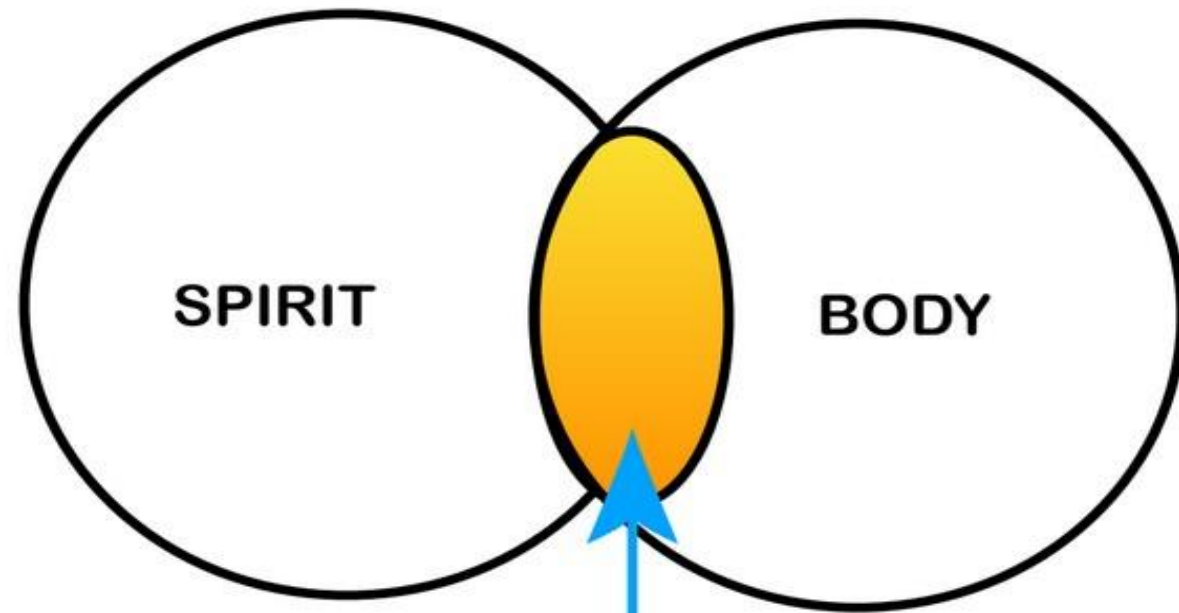
Handout Available online:

> “Healing of a Damaged Heart”

“For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

Hebrews 4:12 (NIV)





SOUL
BRAIN
CONSCIENCE

“And the LORD God formed man of the dust
of the ground,
and breathed into his nostrils
the breath of life;
and man became a living soul.”

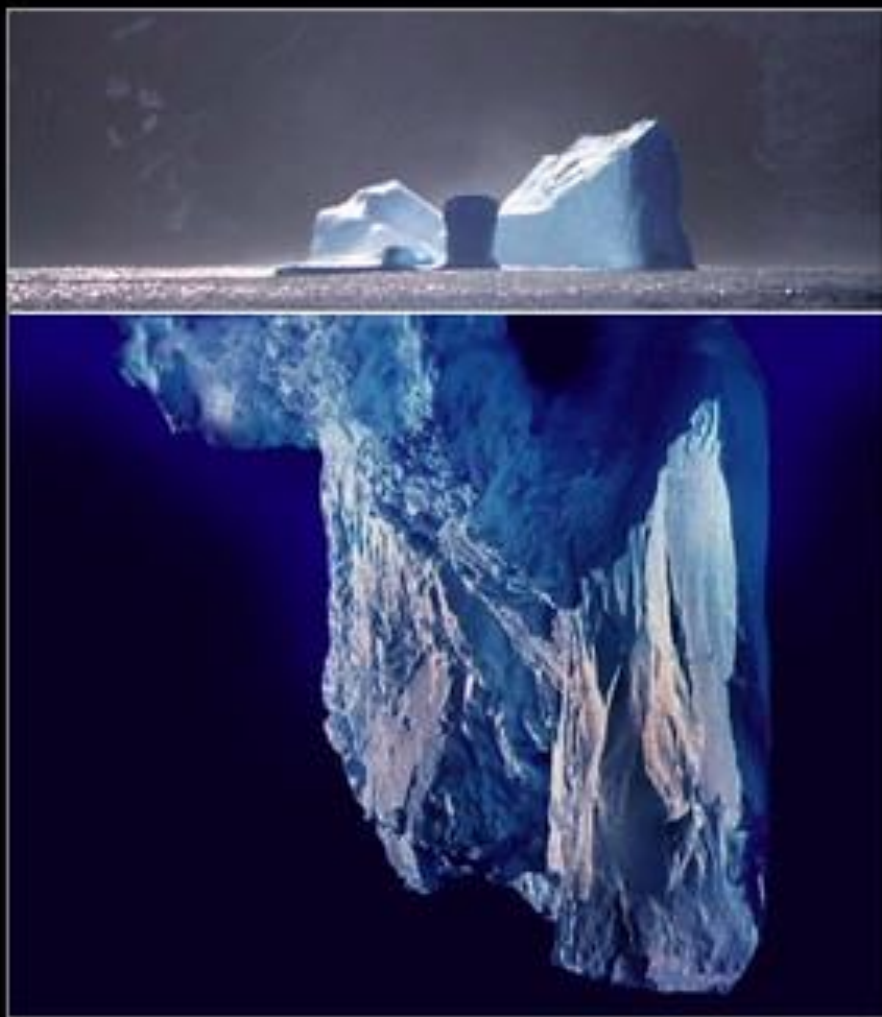
Genesis 2:7 (KJV)

Science has proven that:

95% of what goes on in our thinking processes we are unaware of.

- Why we think the way we do
 - Our attitudes and motives
 - Our emotions
 - The beliefs that cause us to make decisions
 - Our decisions
 - Our responses or reactions
 - Our behaviors
 - Our peace, joy, affection, perspectives, gentleness, kindness, love etc.
 - Our Fears, Shame, and Pride and choices we make because of them.
- We are not consciously aware of 95% of how we run our life and why.

> WE ARE ON AUTO-PILOT, AND OUR
SUBCONSCIOUS IS MAKING THE
DECISIONS ACCORDING TO THE
PREVIOUS INFORMATION THAT HAS
BEEN FED INTO IT - AS TRUTH.



5%

Conscious brain activities

95%

Unconscious brain activities



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WEIRD STUFF | MAY 14, 2016

10 Organ Recipients
Who Took On The
Traits Of Their Donors
By Marcus Lowth

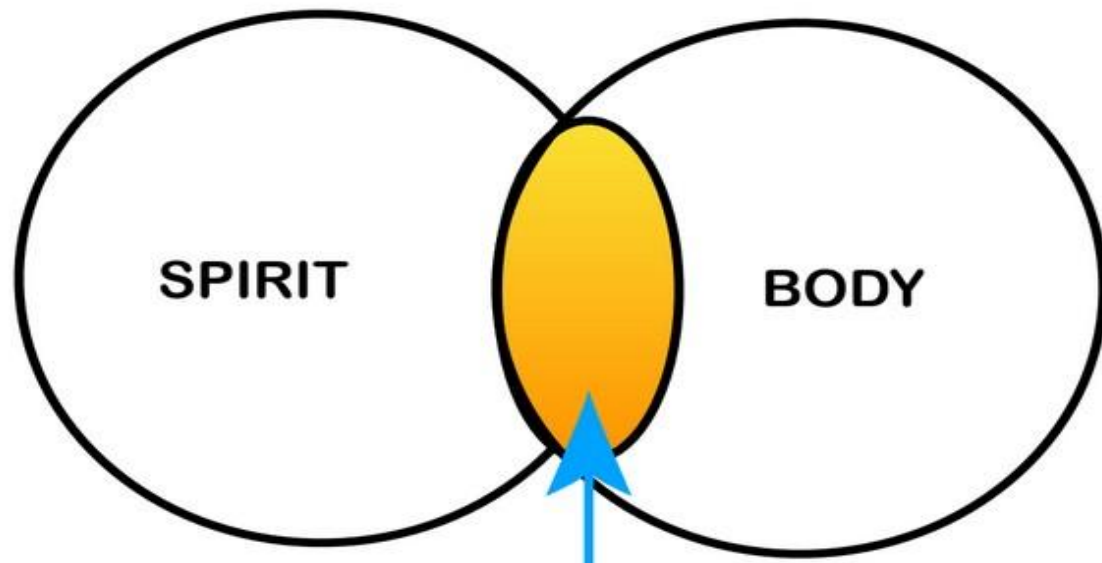
Organ donations and transplants have saved countless lives. However, some people claim to have received more than just the working organ. There is an increasingly studied phenomenon known as “cellular memory”—the theory that cells within an organ carry the memories and desires of the person to whom belonged. While it’s still very much on the fringes of science, as more studies are done, more and more examples appear to be making the case that cellular memory may be more than just a wild theory.

Here is 1 example

Claire Sylvia Has Strange Cravings And Dreams - New England

Not only did the heart and lung transplant that 47-year-old Claire Sylvia received save her life, but it also made her the first person in New England to undergo the process. She's also convinced that in addition to vital organs, she received some of her donor's tastes, as if his memories were locked into his heart and lungs and consequently are now flowing in her body. She told a reporter that when she was asked what she wanted to do first after the operation, she said that she was "dying for a beer right now." This was strange to Claire, as she'd never enjoyed beer in the slightest before. Over the coming days, she also found that she was experiencing cravings for foods that she'd never liked or even eaten before, such as green peppers, Snickers chocolate bars, and strangely, McDonald's Chicken McNuggets, something which she'd never had a desire to eat. She also began to experience strange dreams. She would see a thin, young man who she believed was called Tim. Specifically, she had the words "Tim L" in her mind when she had the dreams. By searching through local obituaries of the days leading up to the day of her transplant, she came across Timothy Lamirande. Timothy Lamirande was 18 years old when he died in a motorcycle accident on the same day as Claire's transplant. He had been on his way home from a local McDonalds restaurant.

A bag of Chicken McNuggets was found in his jacket pocket when doctors removed his clothing in a desperate attempt to save his life. She managed to track down Tim's family, whom she hadn't met before, and they confirmed to her that the cravings she was having were indeed all for foods that Tim had enjoyed very much, beer and all. She has remained in touch with Tim's family ever since.



**SOUL
BRAIN
CONSCIENCE**

From my perspective:

The Brain, Conscious, Subconscious, Autonomic
Nervous System, the Mind, Will, Emotions,
Reasoning, Intellect, etc.

> These are all considered the 'Soul' in the Bible.

FACTS ABOUT THE SUBCONSCIOUS:

- 1) It is an information / data base or storage center.

2) It's in a constant state of expanding the data / information base. (Like God)

3) The information comes in primarily via the 5 senses.

- Begins in the 3rd trimester of the womb.
- Experiences, Parents, Relatives, Teachers, Media (Sights, Sounds, Smells, Flavors, Phy. Feelings)

- 4) The conclusions it settles on - as to what is truth and is not - are predominantly formed by:
- a. Yourself.
 - Your cognitive mind / prefrontal cortex
 - The conclusions / reasonings of your conscious mind
 - The things you choose to believe as true.

b. Those conclusions / truths become the
continual
non-conscious guides that direct us through life.

- Emotions.
- Intuitions.
- Fears.
- Shame.
- Perspectives of self and others.
- Etc.

- 5) This information runs 95% of your life.
- a. The information we receive from the people,
and
experiences we trust the most
- Has the greatest impact on us.
 - b. It becomes our Positive or Negative Load

6) The subconscious has been designed by God to:

a. Believe only truth.

b. So it continually scans / looks for truth.

c. Subsequently: everything / every piece of information you live by is truth to you.

7) The beliefs that form concerning ourselves or our life develop either a Positive or Negative Load / outlook on life / expectation in life.

- good or poor self-esteem (typically affects hygiene)
 - glass half full or half-empty perspectives
 - seeing possibilities or problems
- feeling people generally like us or they don't
- believing something will work for us or not
 - expecting to succeed or fail
 - expecting acceptance or rejection
- living in a positive, upbeat, happy mode
- living in a negative, depressed, sad, angry mode

8) It operates from a position of defense or self-protection.

- it's first two impulses are:

a. FEAR (something bad is going to.....)

b. SHAME (something is wrong with me / I'm flawed)

9) The subconscious believes it's job is to help us survive and to protect us.

Since it's trying to protect us: it will automatically go to some form of FEAR.

- Fight
- Flight
- Or, Freeze



- 10) All the information is stored and recalled in a
‘PRESENT / NOW’ perspective.
- a. A past or future perspective does not exist
unless one is given to the memory being recalled.

[EVMS] ADVANCED VISUALIZATION

Apr 12, 2012

8:07:00 PM

Patient Name: PELTZ, VERN R

MRN: 1008385684 DOB: 1956-12-06 Sex: M

Study: XR ELBOW MIN 3 VIEWS LEFT Series 1003: Unknown

Actual Zoom: 26%



11) The majority of the feelings, thoughts, decisions, and choices made in that mindset will result from:

- FEAR
- SHAME

12) The one huge difference between the human brain and a computer is:

the old information can't be:

13) The subconscious speaks to us.

1) We will get a feeling / emotion first.

2) If that doesn't convince us, we'll get a picture. (Flashback - "Vain Imagination")

3) It will also speak to us via our thoughts.



14) The subconscious information can be interrogated.